

Below is the link for the class lecture: Fat & Heart Disease.

- Watch from 2:50–1:16.
- You will need to have iTunes software installed to access the file. You can do this by going to <http://www.apple.com/itunes/>. Look for the link on the right under iTunes 9-free for Mac an PC. It's free!

<https://deimos.apple.com/WebObjects/Core.woa/BrowsePrivately/deanza.edu.1735577075>