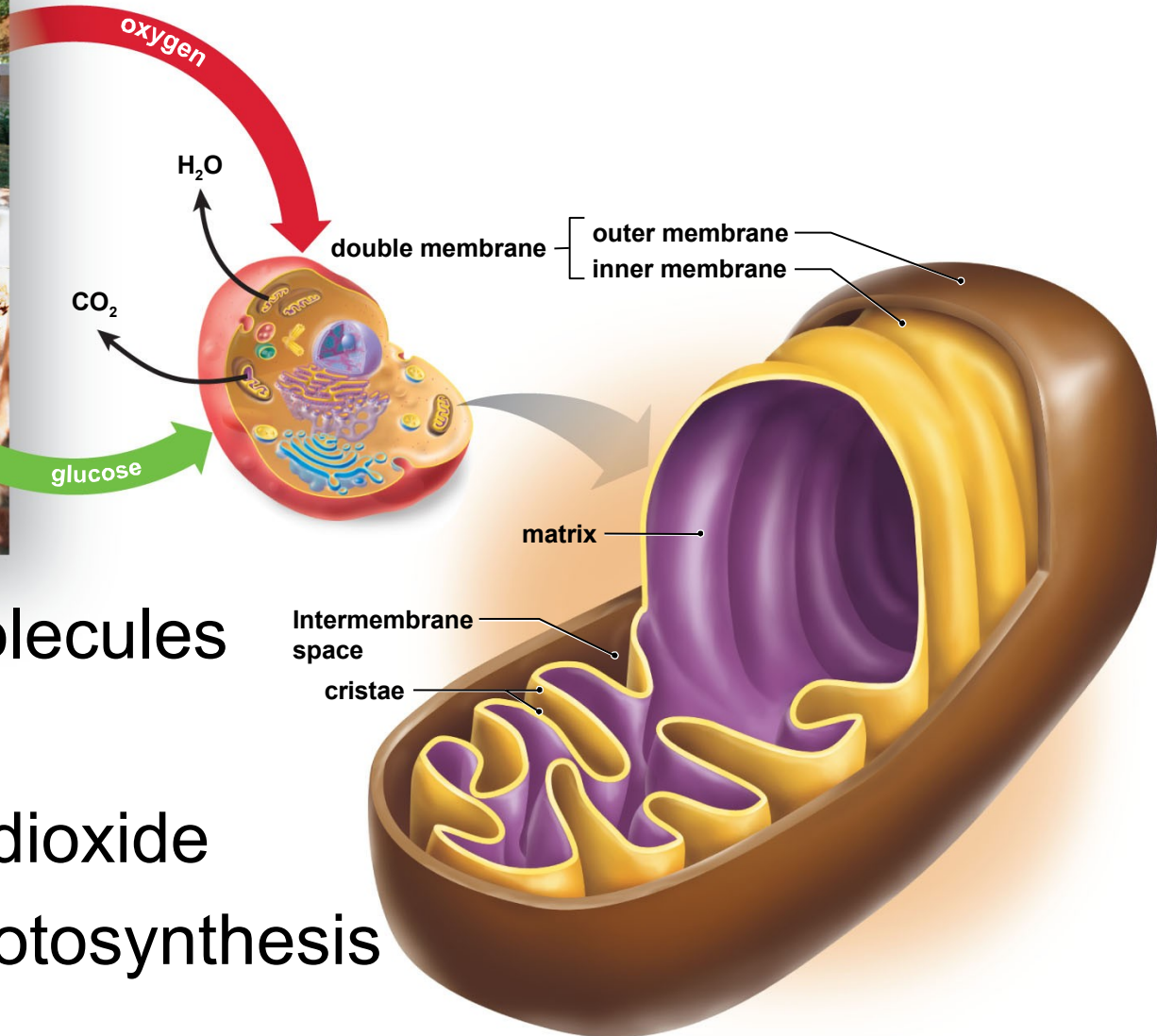


How Cells Release Chemical Energy – Cellular Respiration

Overview of Cellular Respiration



- Produces ATP molecules
- Requires oxygen
- Releases carbon dioxide
- The reverse of photosynthesis

Why is it called cellular respiration???

- **What is respiration?**
- **What do we breathe in?**
- **What do we breathe out?**
- **Well, your cells do the same thing!!!**
- **Cellular respiration is why you breathe!**

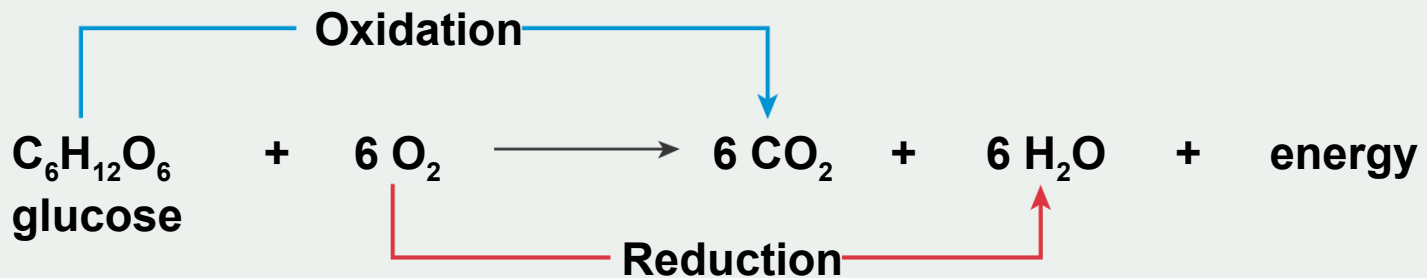


Oxidation & Reduction happens in Cellular Respiration

- Oxidation = removal of hydrogen atoms
- Reduction = addition of hydrogen atoms

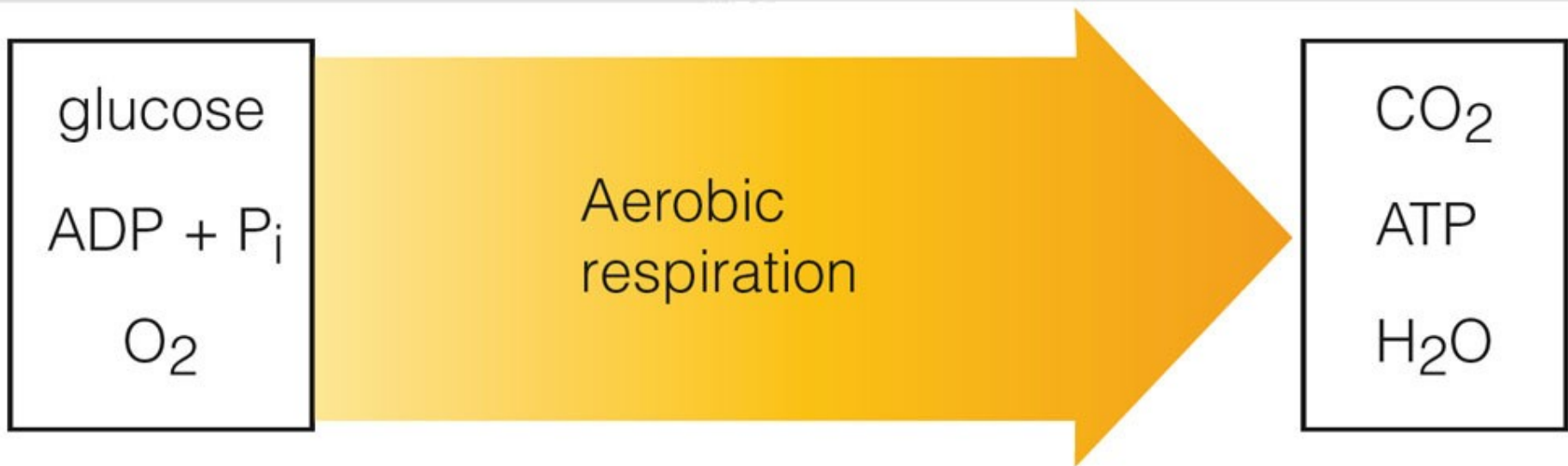
Hydrogens removed from
glucose = CO_2

Oxygen accepts hydrogens = water



Phases of complete glucose breakdown aka your ham sandwich!

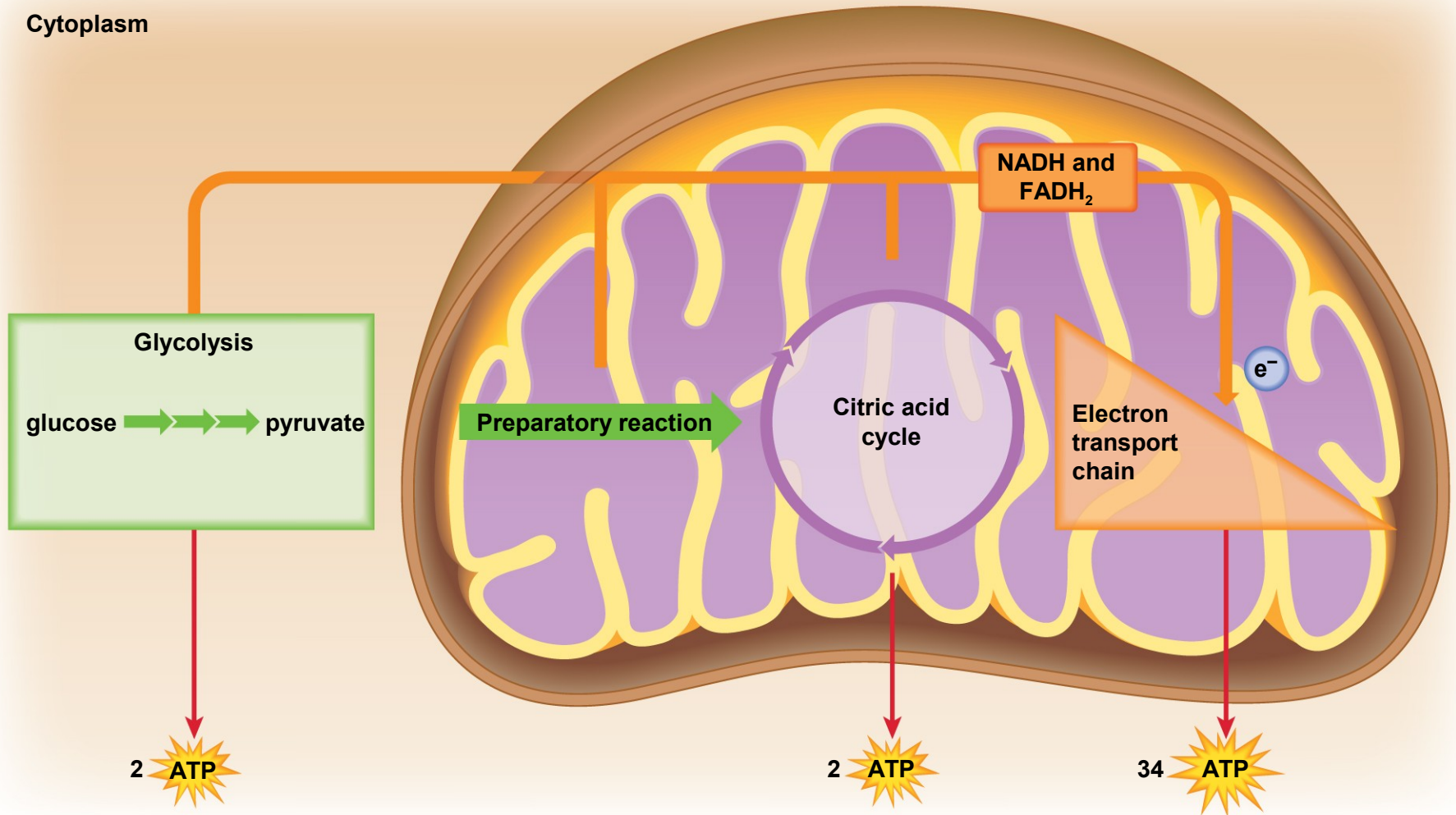
- Glucose broken down in steps
 - **More efficient way to capture energy & make ATP**
- Coenzymes (non-protein) enzymes join with hydrogen and e^-
 - $\text{NAD}^+ \rightarrow \text{NADH}$
 - $\text{FAD} \rightarrow \text{FADH}_2$



The 4 phases of glucose breakdown

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Cytoplasm



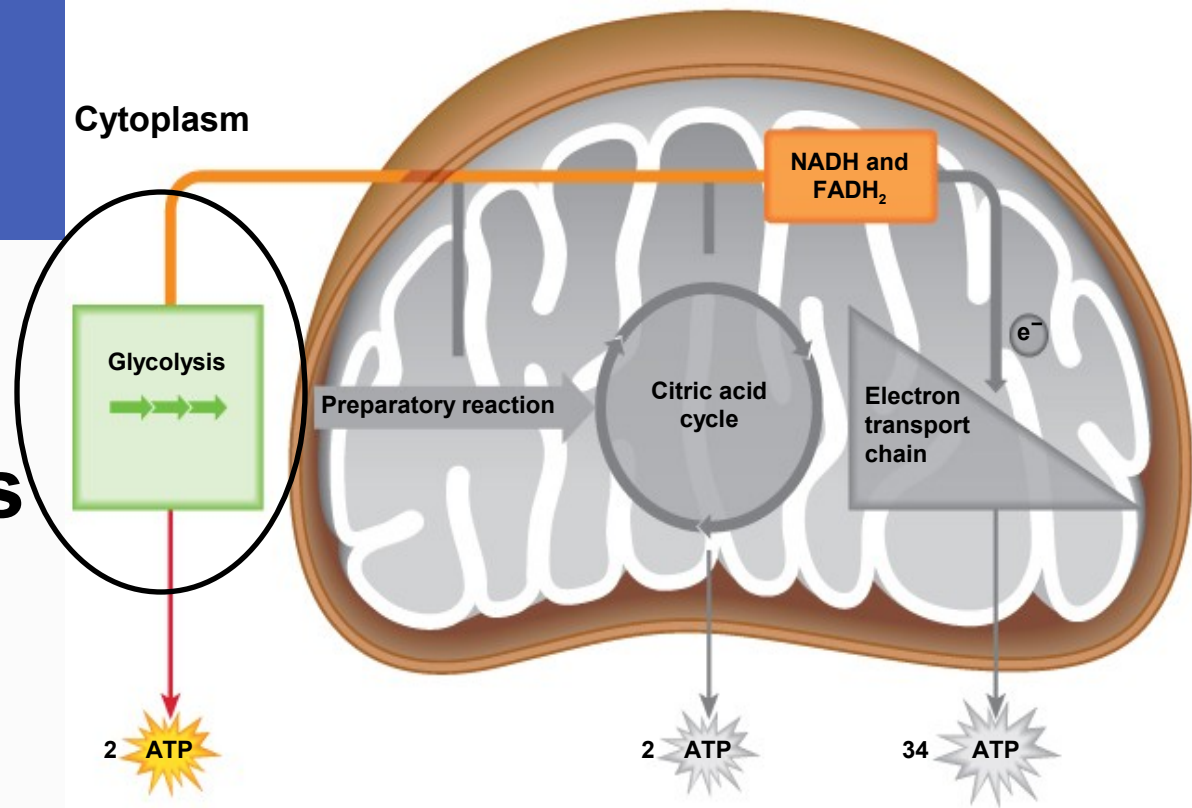
1. Glycolysis

3. Citric acid cycle

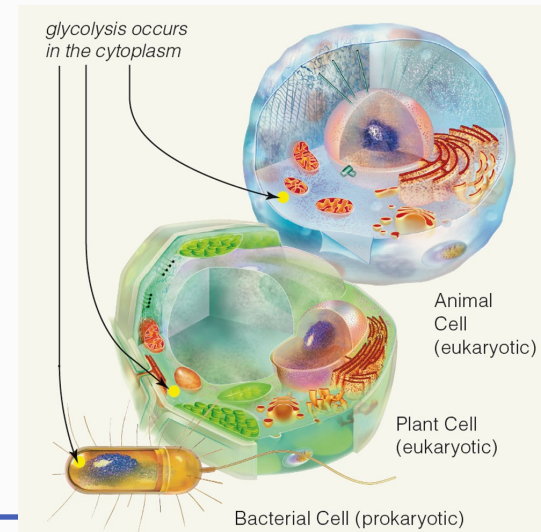
2. Preparatory reaction

4. Electron transport chain

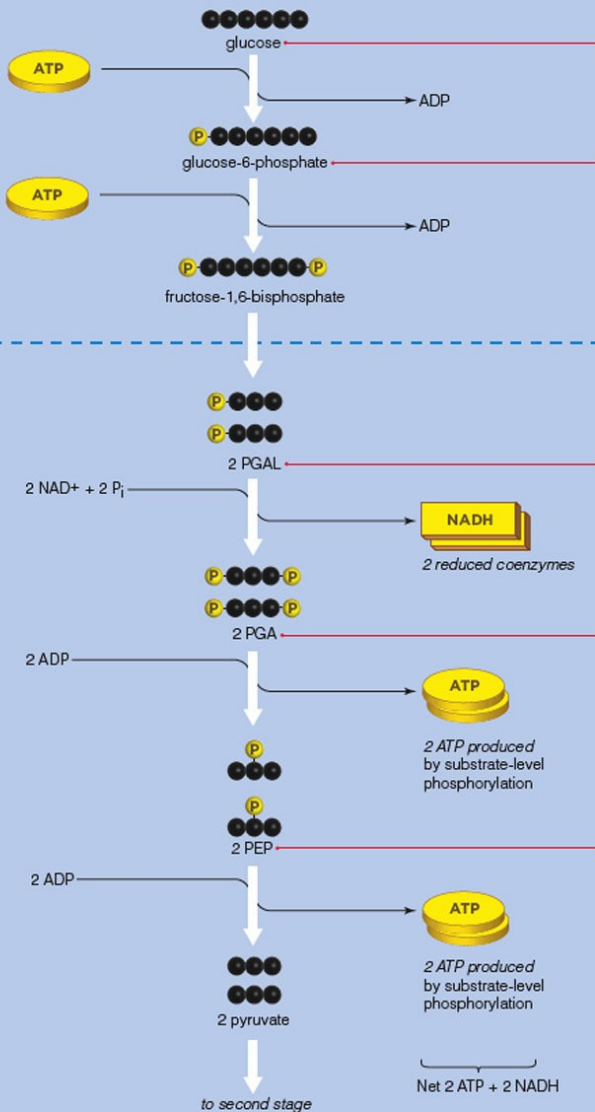
Glycolysis: Glucose Breakdown Starts



- Happens in cytoplasm of all prokaryotic and eukaryotic cells
- 1 glucose (6C) broken down into 2 pyruvates (3C)
- Two steps
 1. energy requiring
 2. energy harvesting



Glycolysis



ATP-Requiring Steps

A An enzyme transfers a phosphate group from ATP to glucose, forming glucose-6-phosphate.

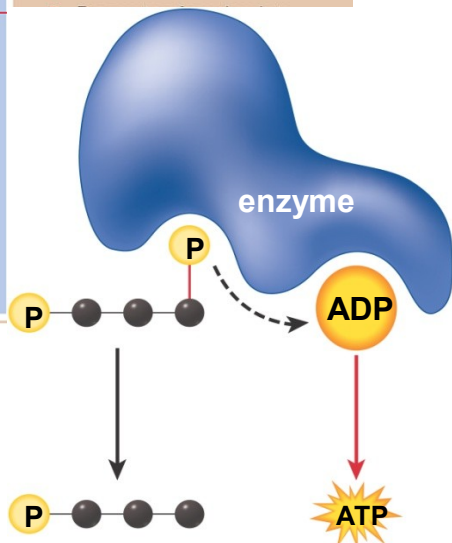
B A phosphate group from a second ATP is transferred to the glucose-6-phosphate. The resulting molecule is unstable, and it splits into two three-carbon molecules. The molecules are interchangeable, so we will call them both PGAL (phosphoglyceraldehyde). So far, two ATP have been invested in the reactions.

ATP-Generating Steps

C Enzymes attach a phosphate to the two PGAL, and transfer two electrons and a hydrogen ion from each PGAL to NAD+. Two PGA (phosphoglycerate) and two NADH are the result.

D Enzymes transfer a phosphate group from each PGA to ADP. Thus, two ATP have formed by substrate-level phosphorylation. The original energy investment of two ATP has now been recovered.

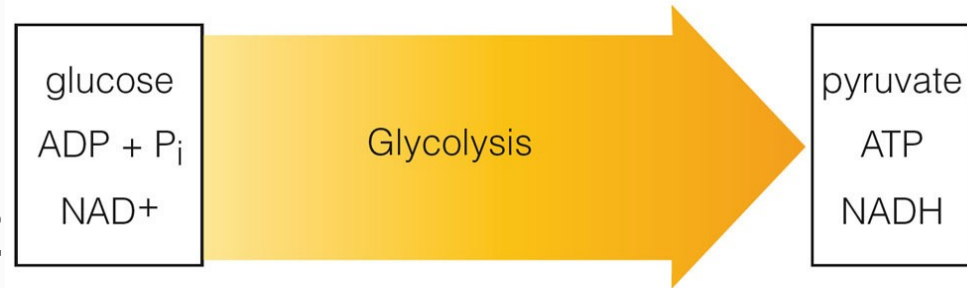
- Energy-investment steps
 - 2 ATP transfer phosphates to glucose
 - Activates them for next steps
- Energy-harvesting-steps
 - Substrate-level ATP synthesis produces 4 ATP
 - Net gain of 2 ATP
 - 2 NADH made



Products of Glycolysis

Net yield of glycolysis:

- 2 pyruvate, 2 ATP, and 2 NADH per glucose



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Pyruvate may:

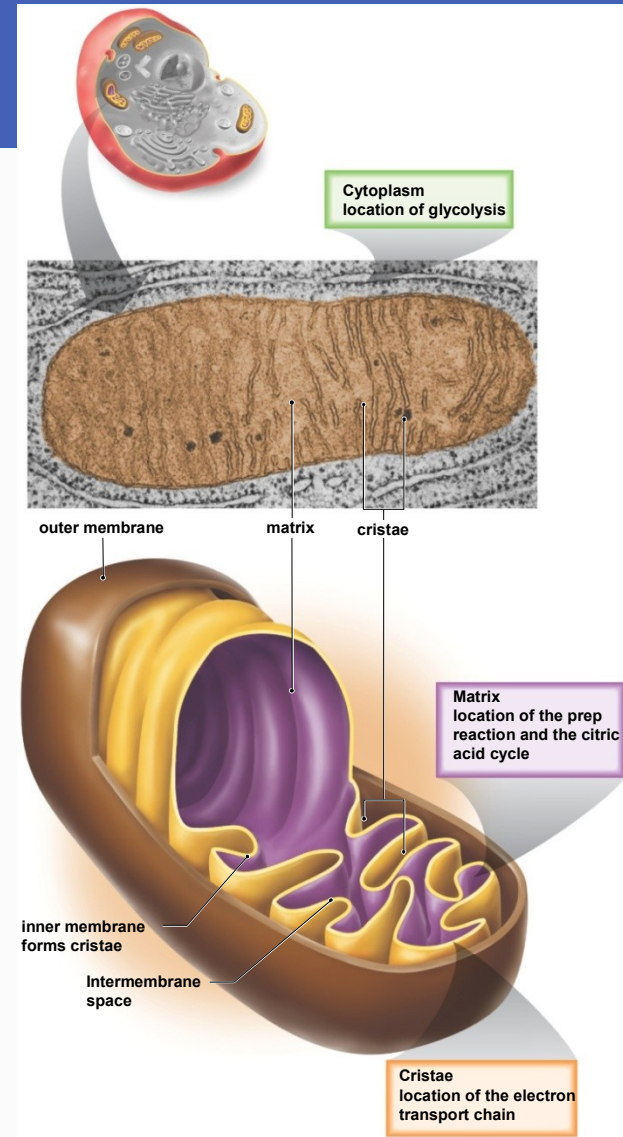
- Enter fermentation pathways in cytoplasm (is reduced)
- Enter mitochondria and be broken down further in aerobic respiration

Glycolysis	
inputs	outputs
glucose	2 pyruvate
2 NAD ⁺	2 NADH
2 ATP	2 ADP
4 ADP + 4 P	4 ATP
	2 ATP net

7.3 Inside the Mitochondria

Other 3 phases take place inside the mitochondria

1. Glycolysis - cytoplasm
2. Preparatory reaction
3. Citric acid cycle
4. Electron transport chain



Courtesy Dr. Keith Porter

Figure 7.5 Mitochondrion structure and function

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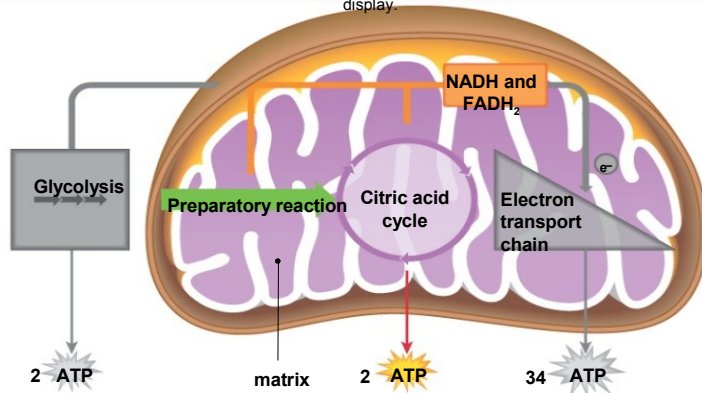
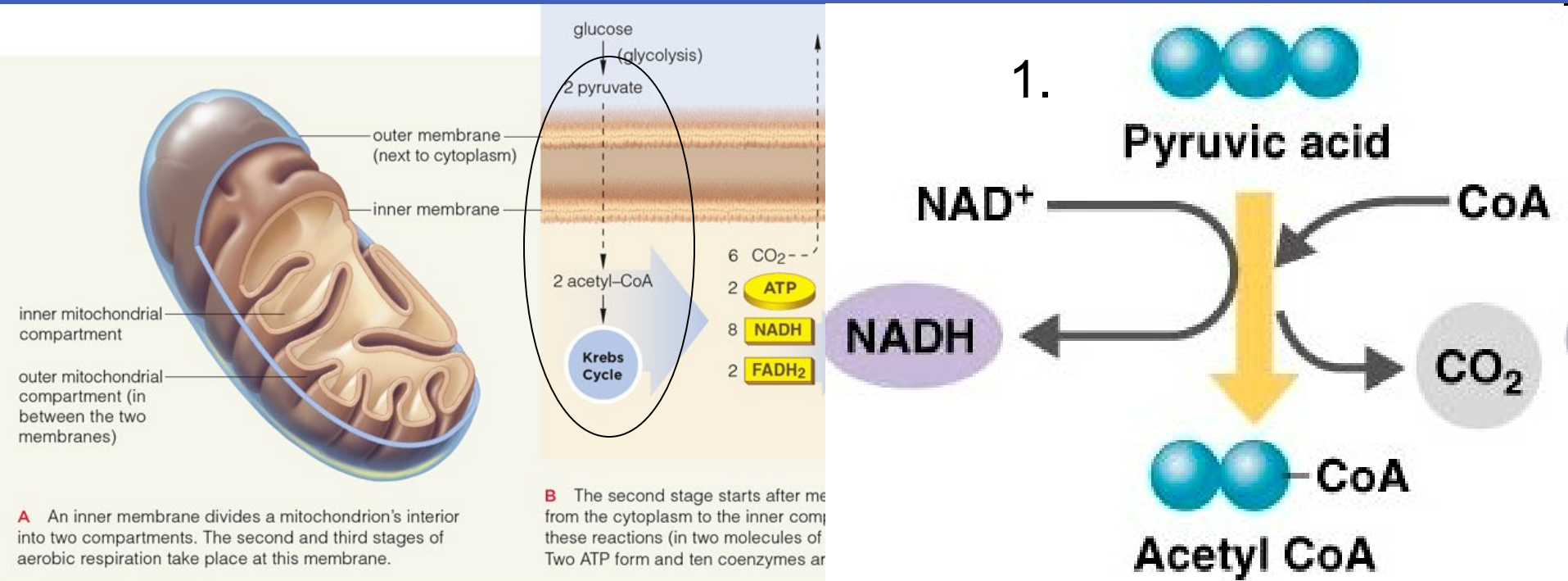


Figure 7.6

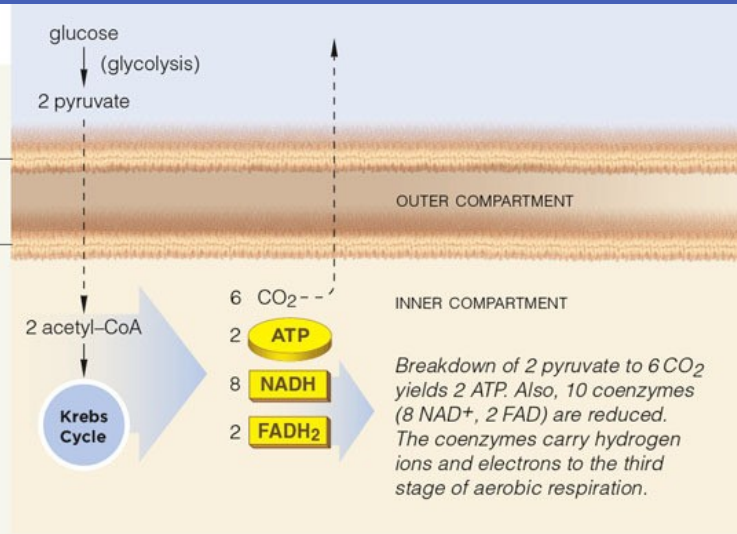
2. Preparatory reaction: acetyl-CoA formation



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- Occurs in mitochondrial matrix – pyruvate split & oxidized
- Produces acetyl-CoA (2 per glucose molecule) 2 CO₂
- CO₂ molecule given off (2 per glucose molecule) 2 NADH
- NAD⁺ → NADH (2 per glucose molecule) 2 Acetyl-CoA

3. Citric Acid Cycle (also called the Krebs Cycle)



Citric acid cycle	
inputs	outputs
2 acetyl-CoA	4 CO ₂
6 NAD ⁺	6 NADH
2 FAD	2 FADH ₂
2 ADP + 2 P	2 ATP

A An inner membrane divides a mitochondrion's interior into two compartments. The second and third stages of aerobic respiration take place at this membrane.

B The second stage starts after membrane proteins transport pyruvate from the cytoplasm to the inner compartment. Six carbon atoms enter these reactions (in two molecules of pyruvate), and six leave (in six CO₂). Two ATP form and ten coenzymes are reduced.

Little Johnny Krebs



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- Occurs in mitochondrial matrix
- Acetyl CoA transfer acetyl group to C₄ molecule – produces citric acid (6C)
- Acetyl group oxidized to carbon dioxide – all C gone (glucose completely broken down!)
- NAD⁺ → NADH and FAD → FADH₂
- Substrate-level ATP synthesis produces ATP
- Two cycles for each glucose molecule

Citric acid cycle

inputs	outputs
2 acetyl-CoA	4 CO ₂
6 NAD ⁺	6 NADH
2 FAD	2 FADH ₂
2 ADP + 2 P	2 ATP

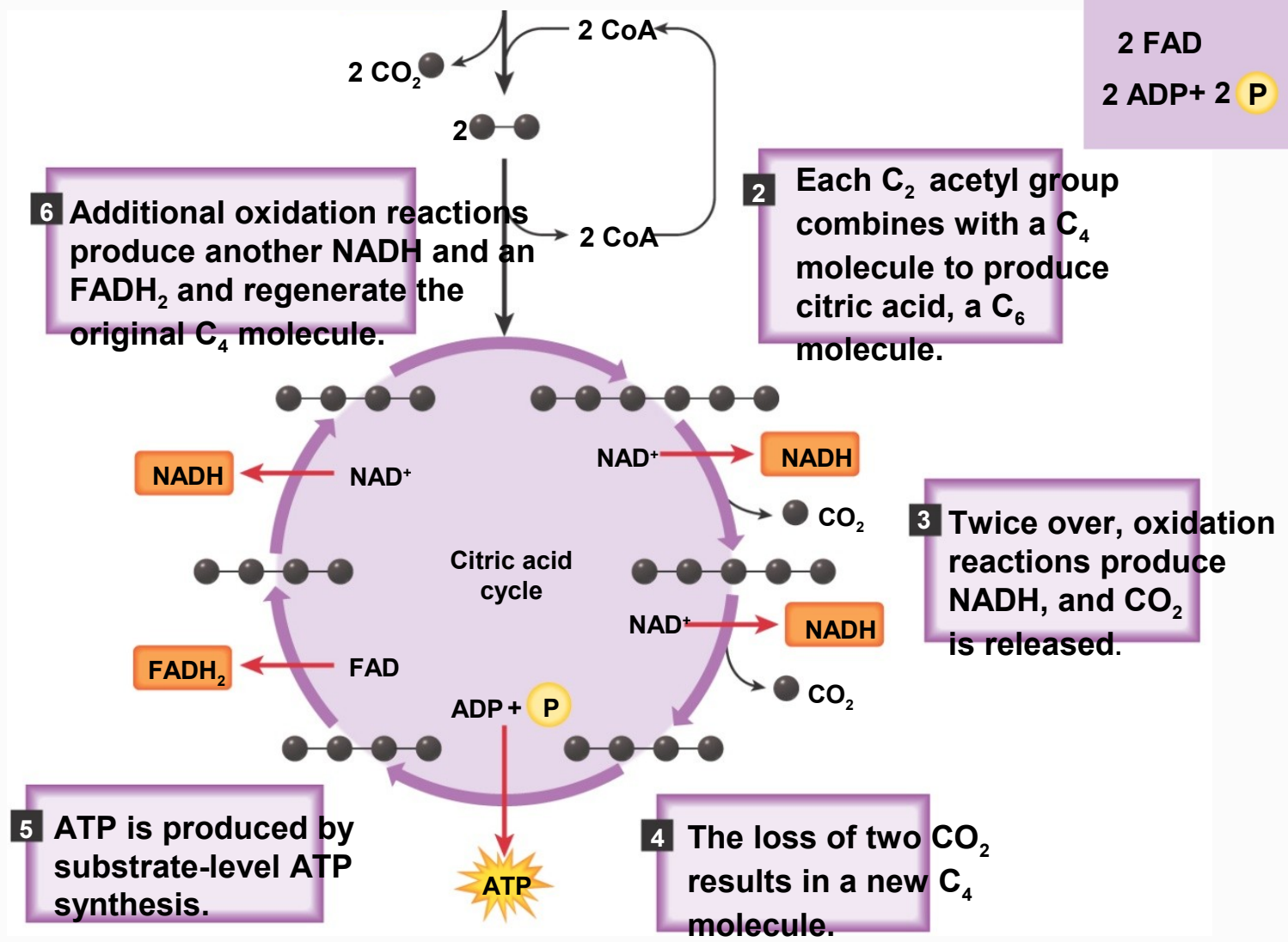
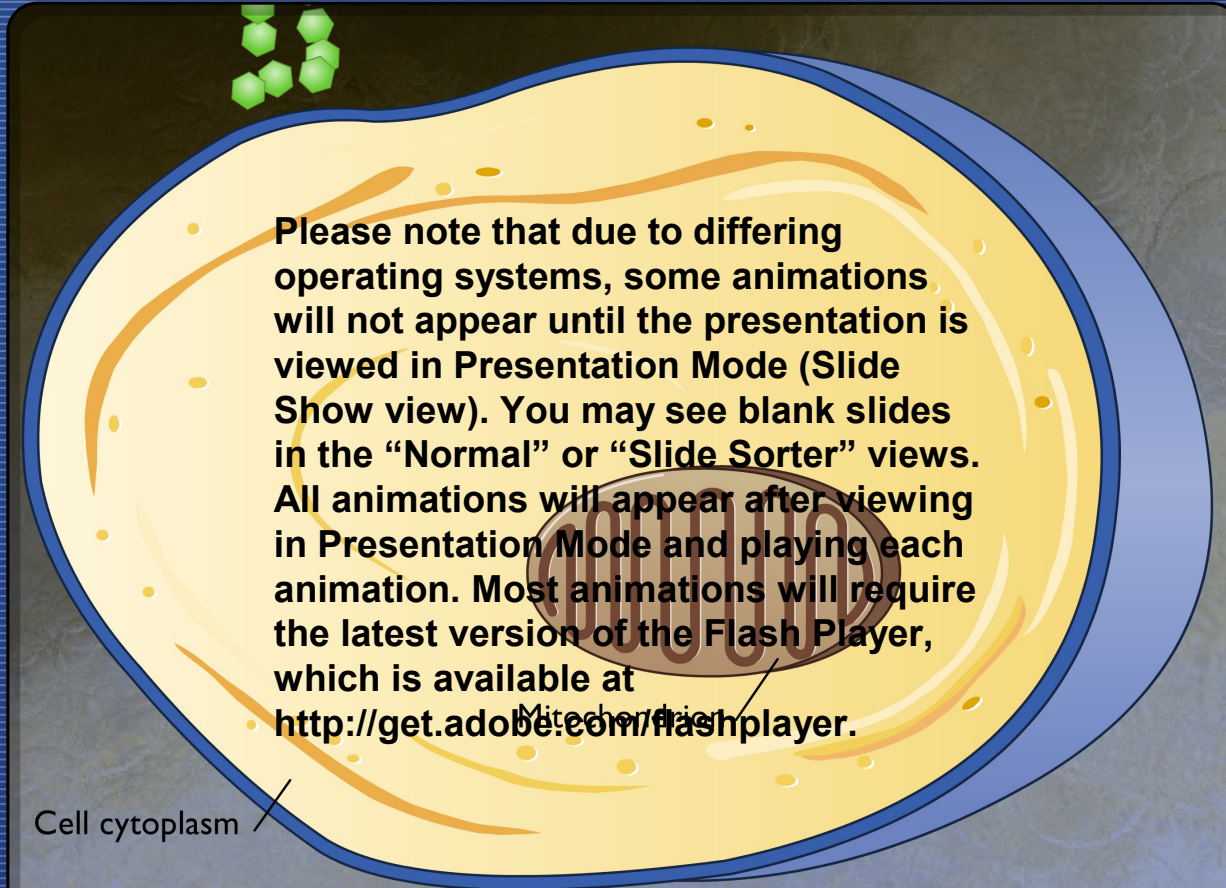


Figure 7.6

How the Krebs Cycle Works



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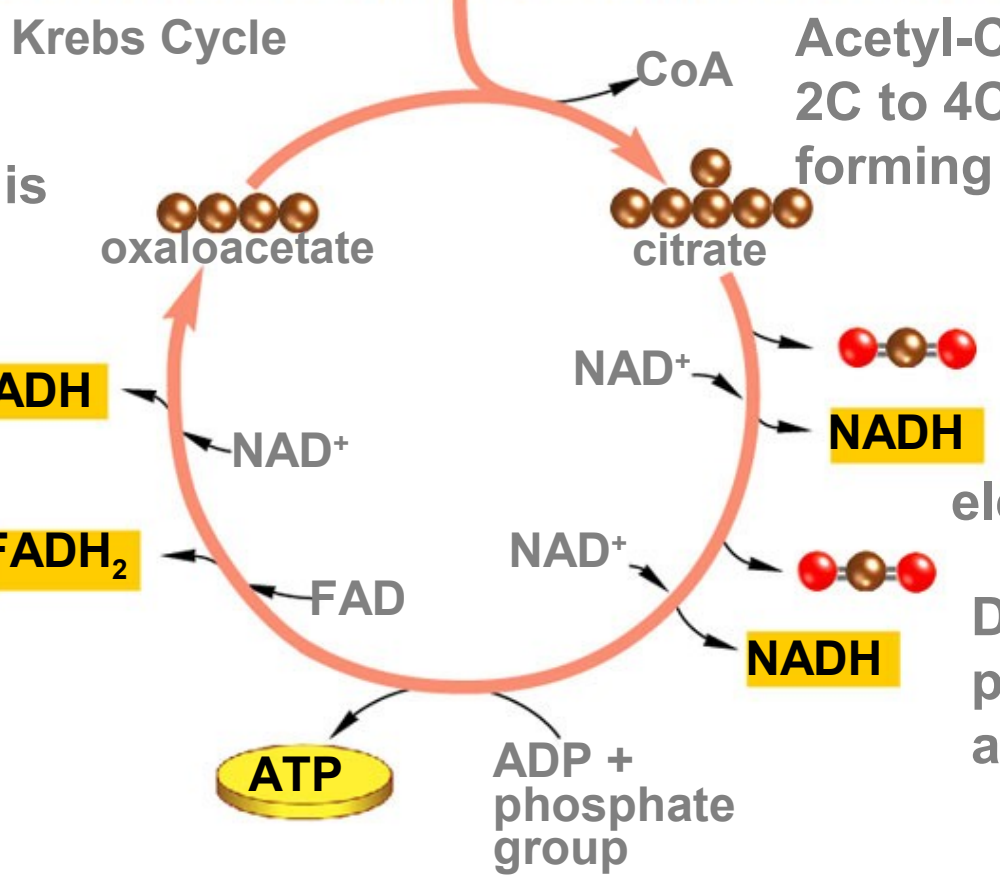
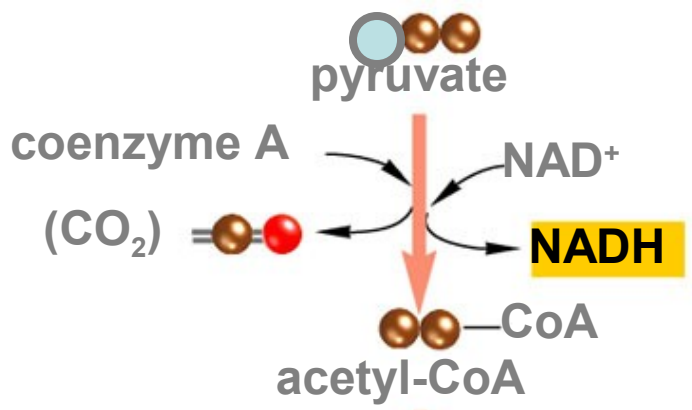
Cell cytoplasm

Mitochondrion

▶ Play
⏸ Pause
◀ ▶ Audio
☰ Text

During glycolysis, glucose is broken down to pyruvate.

1. Remember that there are 2 pyruvate molecules from glycolysis!!!



4C molecule is regenerated

You know the drill!!!

FAD picks up hydrogen and electrons, forming FADH₂

Ditto! – C's of pyruvate are now all gone!

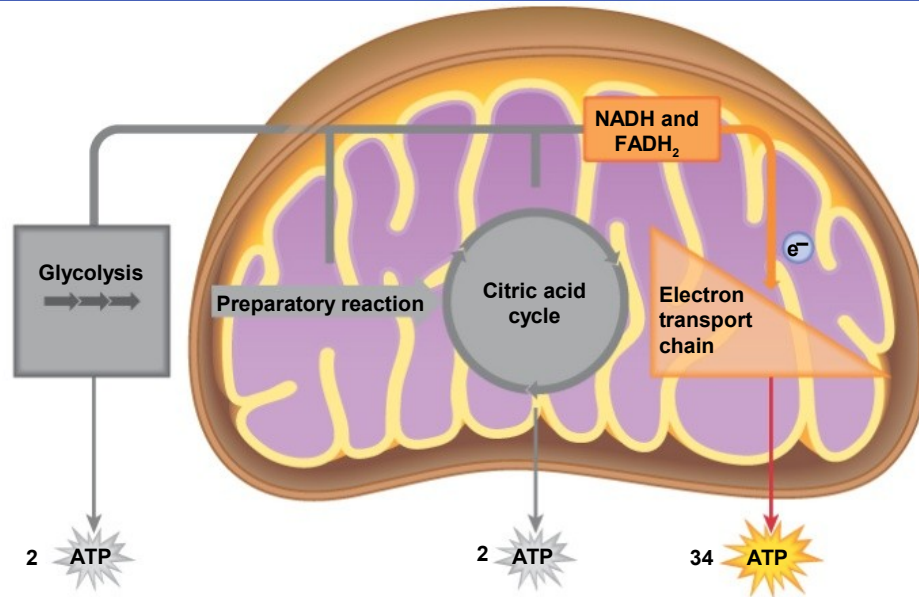
The Results of the 1st 3 stages!!!

- In acetyl Co-A formation and citric acid cycle:
 - Six CO₂, two ATP, eight NADH, and two FADH₂ for every two pyruvates
 - Adding the yield from glycolysis, the total is
 - Twelve reduced coenzymes and four ATP for each glucose molecule
 - Coenzymes deliver electrons and hydrogen to the **electron transport chain!!!**
-

Aerobic Respiration's Big Energy Payoff

4. Electron Transport Chain

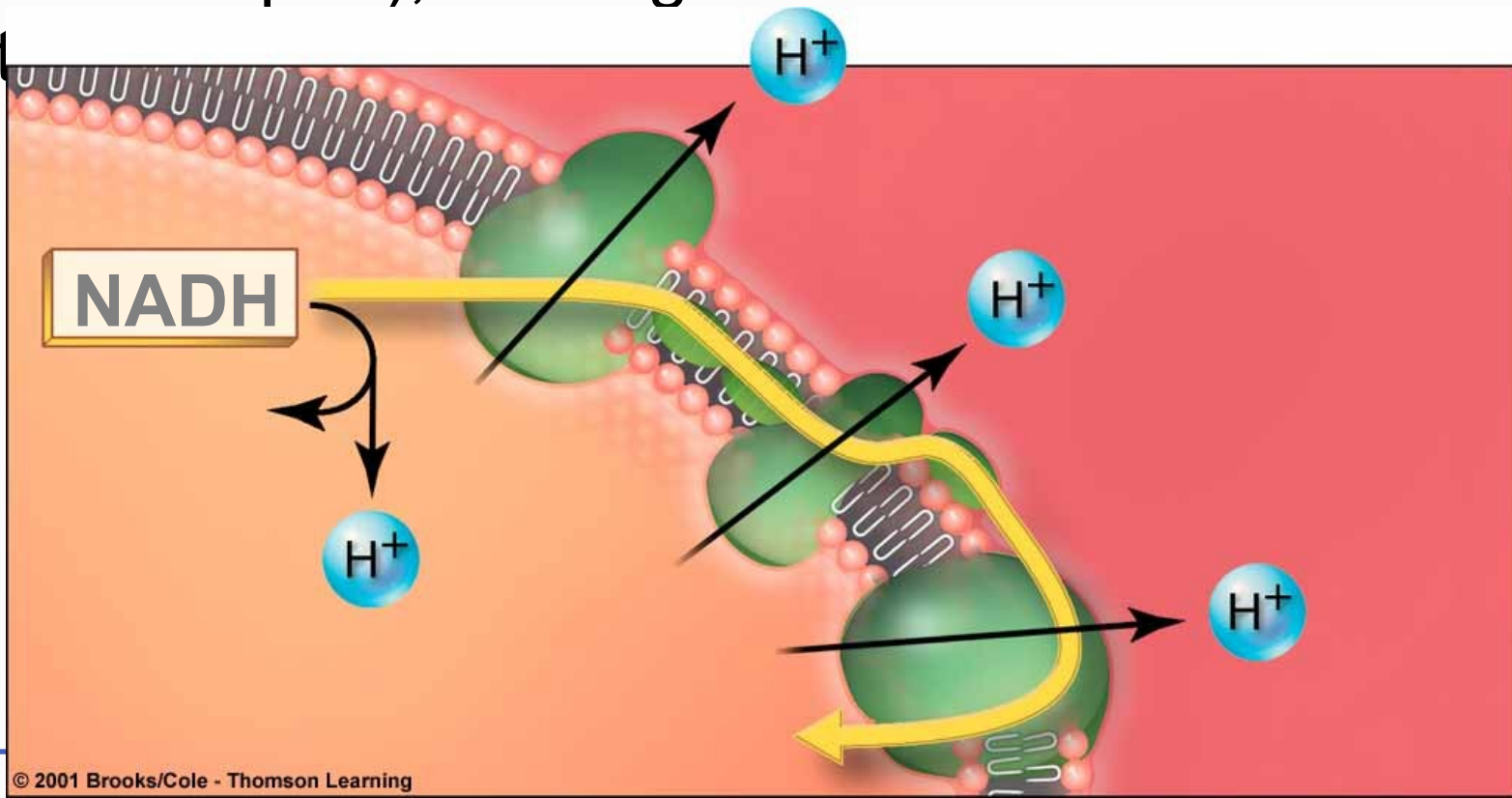
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- Many ATP are formed during the third and final stage of aerobic respiration
 - Occurs in cristae of mitochondria
 - Electrons are passed from one carrier molecule to another
 - NADH & FADH₂ deliver electrons

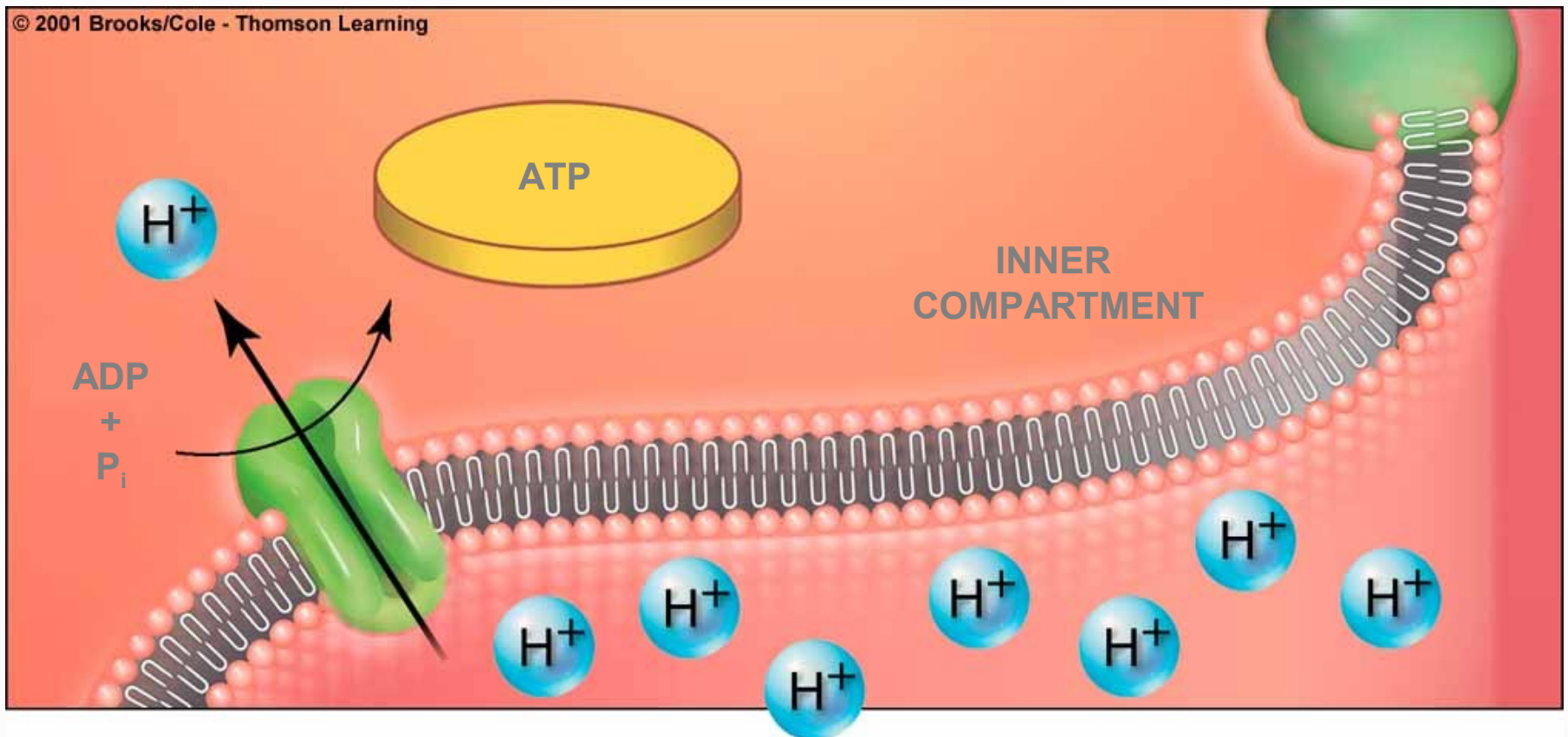
4. The electron transport chain: path of e^- & H^+

- Coenzymes NADH and $FADH_2$ donate electrons and H^+ to electron transfer chains
- As e^- go through transport chain, H^+ gets shuttled out (via active transport), forming a H^+ concentration gradient



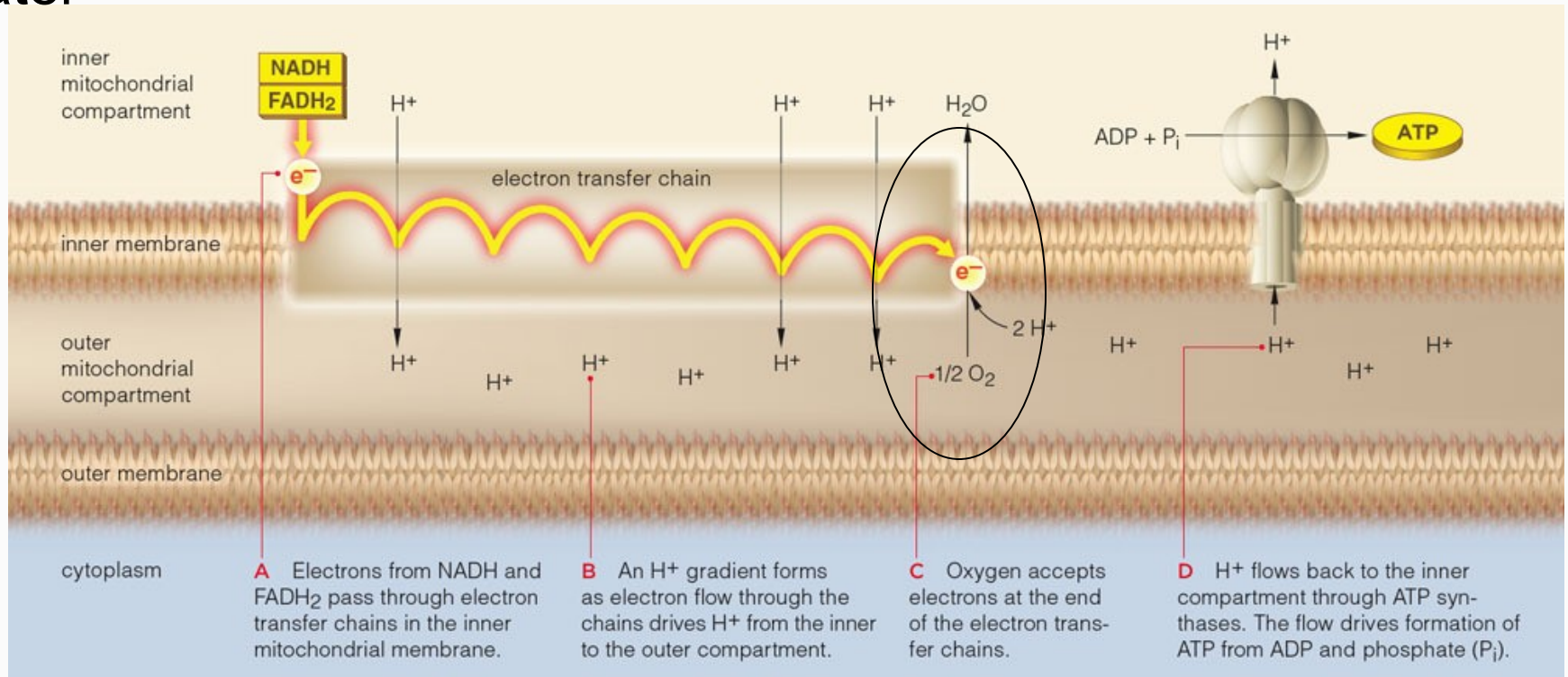
ATP Formation – let's follow the H^+

H^+ concentration is now greater in the outer compartment. H^+ follows these gradients through ATP synthases to the interior, forming ATP

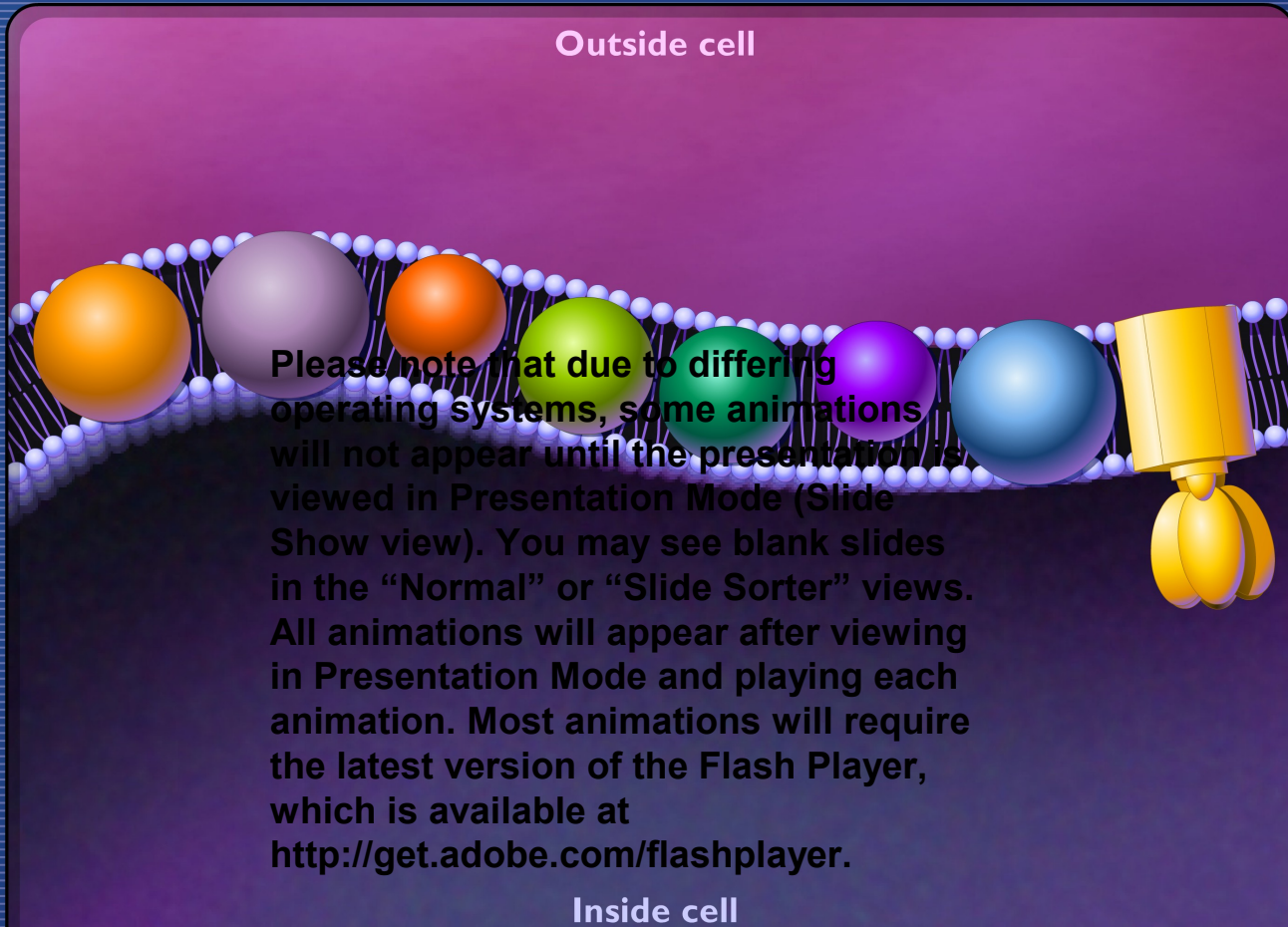


Let's follow the e^-

Finally, oxygen accepts electrons and combines with H^+ , forming water



Electron Transport System and Formation of ATP



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▶ Play
⏸ Pause
⏪ Audio
📄 Text

During glycolysis and the tricarboxylic acid cycle, oxidation of organic molecules results in production of reduced coenzymes such as NADH.

Summary: The Energy Harvest

- Energy yield from glucose metabolism
 - Maximum of 38 ATP made
 - Some cells make only 36 ATPs or less
 - 36-38 ATP about 40% of available energy in a glucose molecule
 - Rest is lost as heat

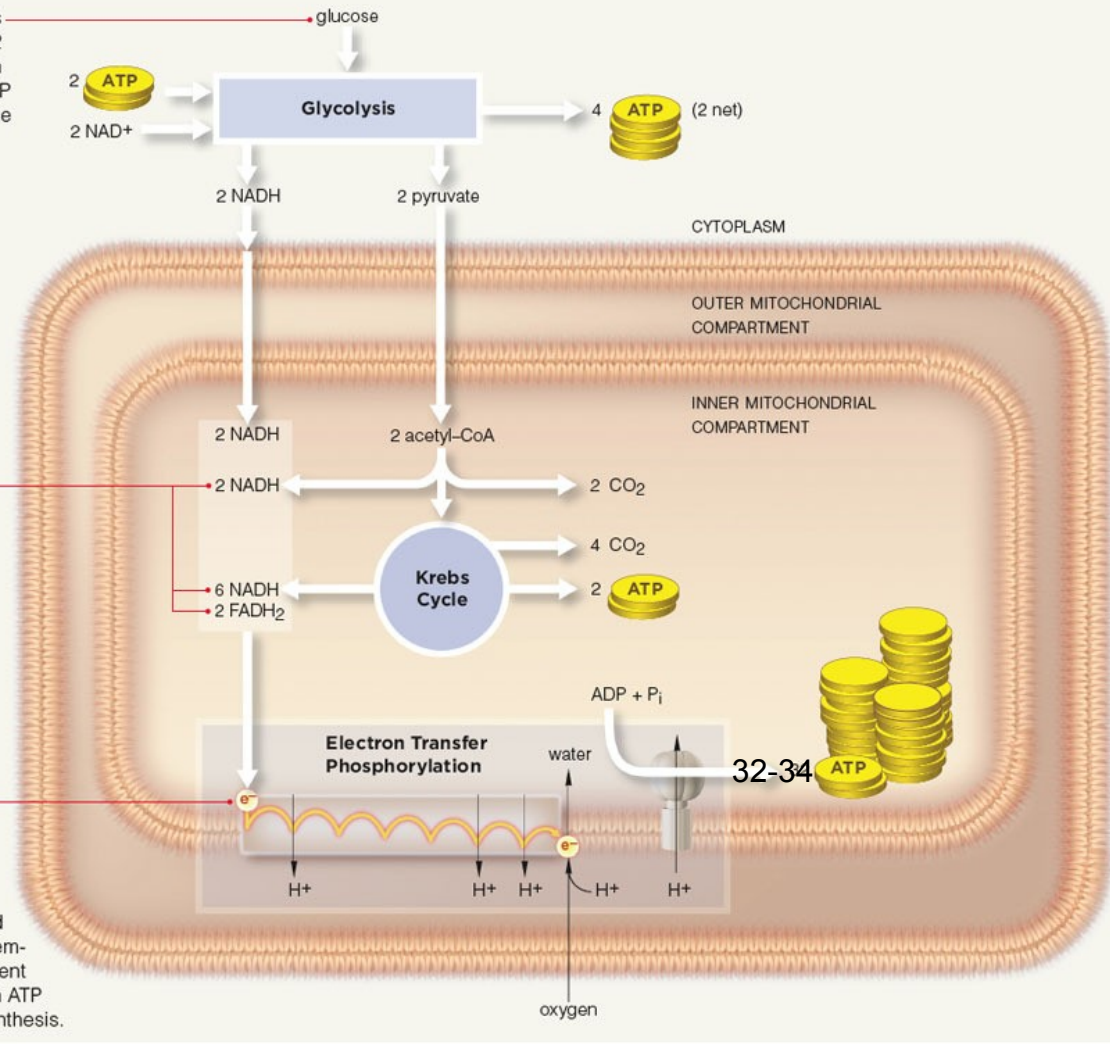
Phase	NADH	FADH ₂	ATP Yield
Glycolysis	2	–	2
Prep reaction	2	–	–
Citric acid cycle	<u>6</u>	<u>2</u>	2
Electron transport chain	10	2	30 4
Total ATP			<u>38</u>

Summary: Aerobic Respiration

A First stage: Glucose is converted to 2 pyruvate; 2 NADH and 4 ATP form. An energy investment of 2 ATP began the reactions, so the net yield is 2 ATP.

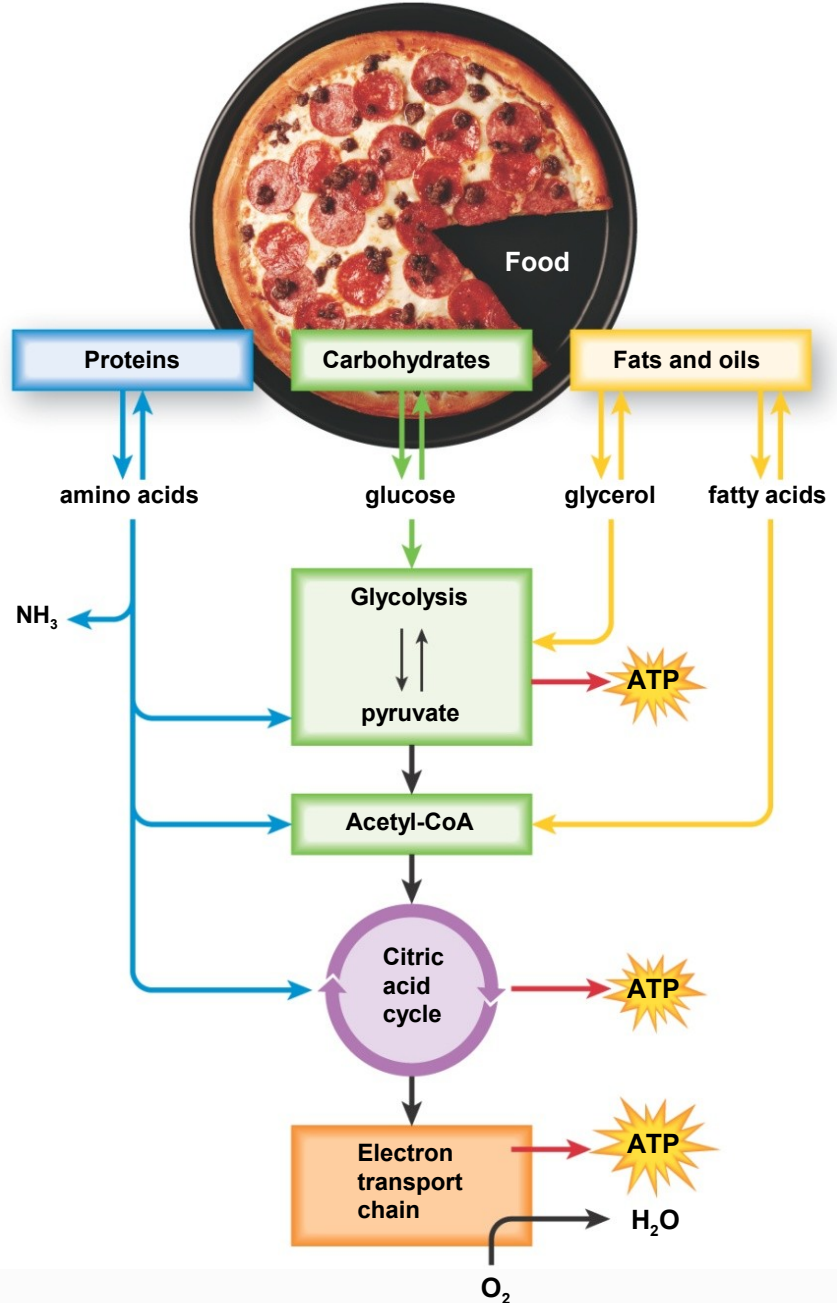
B Second stage: 10 more coenzymes accept electrons and hydrogen ions during the second-stage reactions. All six carbons of glucose leave the cell (as 6 CO₂), and 2 ATP form.

C Coenzymes donate electrons and hydrogen ions to electron transfer chains. Energy lost by the electrons as they flow through the chains is used to move H⁺ across the membrane. The resulting gradient causes H⁺ to flow through ATP synthases, driving ATP synthesis.



- What if you're on a low-carb diet (not so much glucose)???
- Alternative metabolic pathways
 - Cells use other energy sources

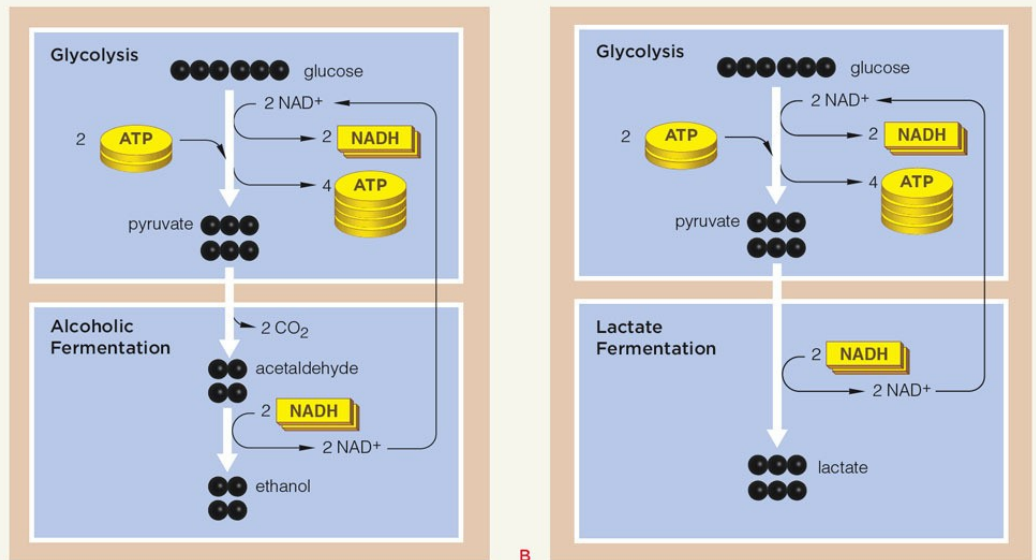
There are C's in proteins!
 There are C's in lipids!



Anaerobic Energy-Releasing Pathways: Fermentation

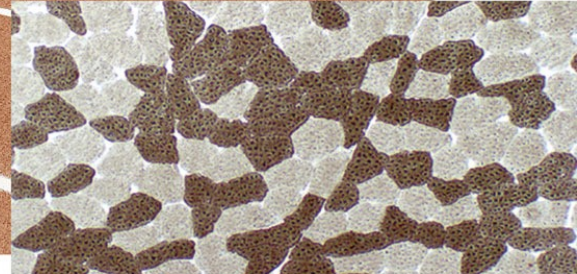
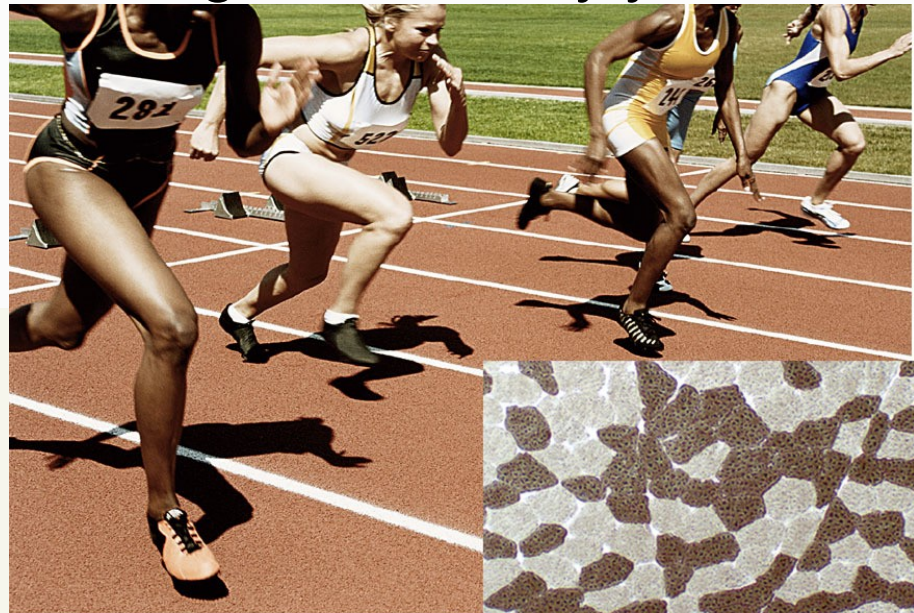
- Oxygen is required for the complete breakdown of glucose
- Fermentation pathways break down carbohydrates without using oxygen (anaerobic)
- The final steps in these pathways regenerate NAD^+ but do not produce ATP – only glycolysis for ATP!

Only 2 ATP
per glucose
molecule!!!



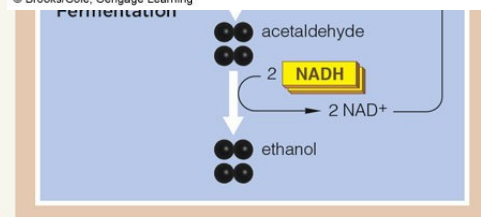
Fermentation in animal cells

- Pyruvate reduced to lactate in muscle cells
- Provides brief burst of energy when no oxygen
- Recovery from oxygen deficit complete when enough oxygen is present to completely break down glucose – why you breathe hard!

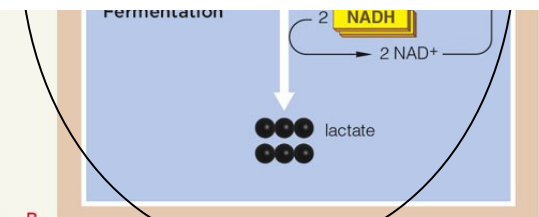


Fermentation	
inputs	outputs
glucose	2 lactate or 2 alcohol and 2 CO ₂
2 ATP	2 ADP
4 ADP + 4 P	4 ATP
	2 ATP net

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A



B

Fermentation

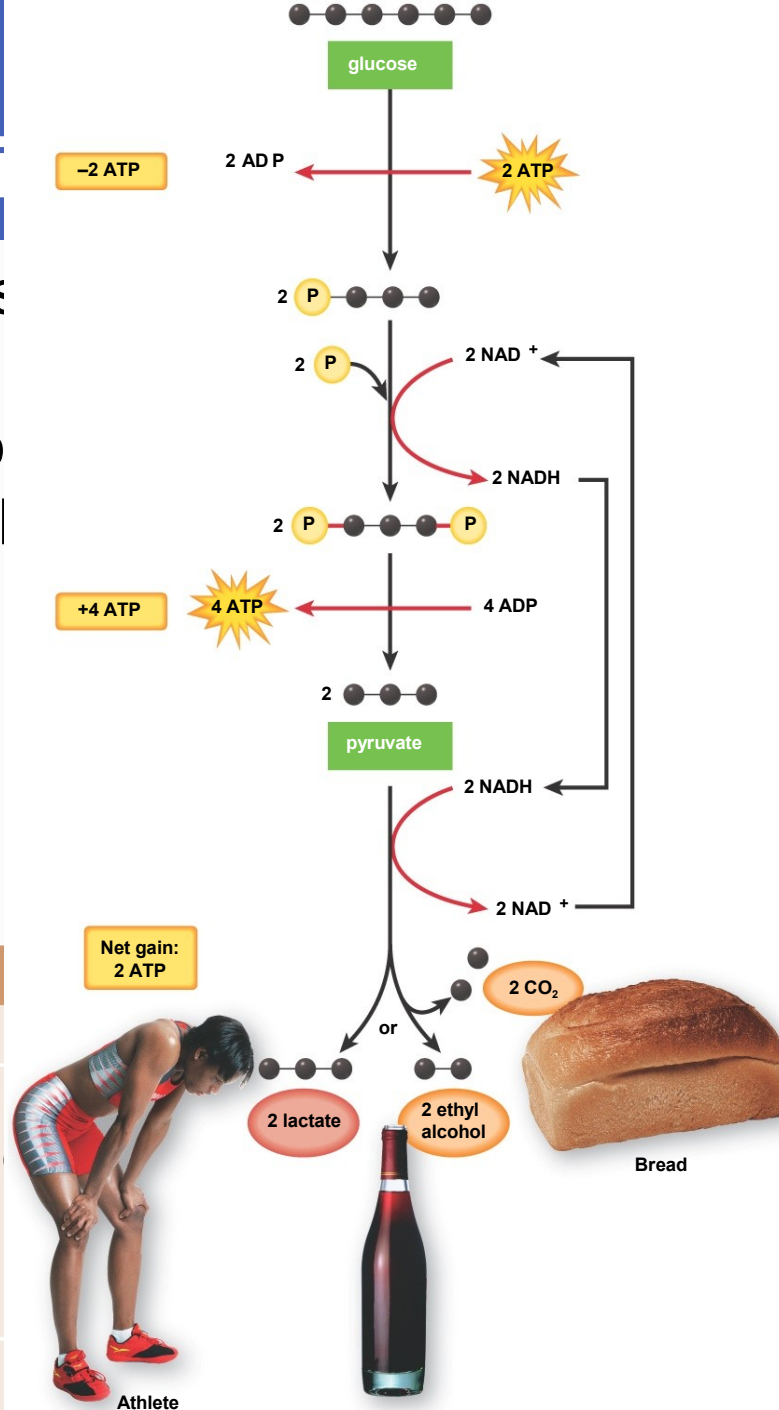
Bacteria & yeast produce:

lactate or alcohol

sauerkraut,

Fermentation

inputs	outputs
glucose	2 lactate or 2 alcohol and 2 CO ₂
2 ATP	2 ADP
4 ADP + 4 P	4 ATP
	2 ATP net

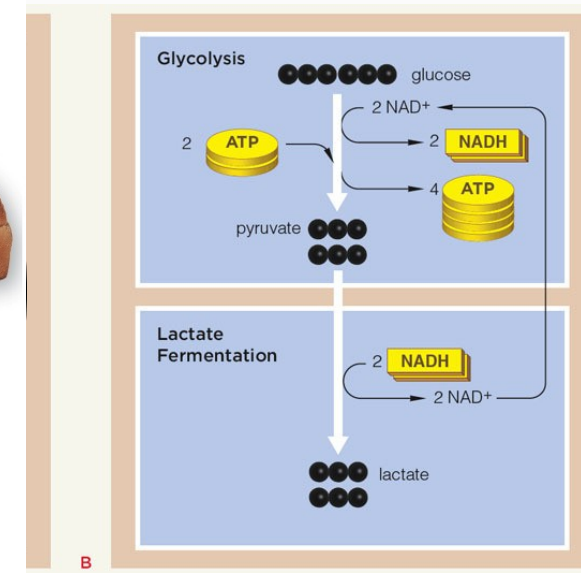


ms

mentation to

xide
ng of bread,

gar



Reflections on Life's Unity – The Circle of Life!

- Photosynthesizers use energy from the sun to feed themselves and other forms of life
- Aerobic respiration balances photosynthesis

