**“AIDET”**

**A** = Acknowledge the Patient (Call them by name. Ask for pronunciation if needed – then try to say it correctly from then on.)

**I** = Introduce yourself. (Make sure you tell them you are a STUDENT nurse)

**D** = Duration or timeframe of what is expected. (Usually this is how long you will

be here today, but could also include a plan, or pieces of a plan, such as an

approximate time for their procedure, MD visit, et.)

**E** = Explain to the patient what is going to happen or what to expect . (Include the

fact that the nurse and nursing assistant will ALSO be working with them; do

this on EVERY contact with the patient, i.e., “I’m here to take your temperature, blood pressure, and heart rate.” Or “I’m back, to give you your pain medicine…” etc.

**T** = Thank the patient and family for choosing El Camino / O’Connor Hospital.

**Sample AIDET:**

“Mrs. Doe? Good morning! My name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I am a nursing student at De Anza College. I will be working with your nurse \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and your nursing assistant \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ today. I’ll be here until 12:45pm and would like to help them take care of you. May I work with you today?” (After they respond\*) “Thank you so much, and please let us know how I or the other staff can help you. It is important to us that you feel well cared for at El Camino / O’Connor.”

*\*Note: the patient has the right to refuse to have a student nurse care for them. If they hesitate, tell them it’s OK to say no if they’re not feeling up to having a student, but also assure them that the nurse will still be their primary caregiver and will be taking the lead, and that your instructor is also on-site. If they say NO, do not take it personally. Let them know it is perfectly fine, and still say the final line of the AIDET paragraph above*.