

El Camino Hospital Cardiovascular Pulmonary Rehabilitation Services

Cardiac Rehabilitation Orientation of Student RN/LVN

| Student Responsibilities ¹ | Designated CPRS Staff Role |
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| Observe patients applying telemetry | |
| Take resting vital signs Using automated BP Using manual BP | Observe and assist PRN |
| Observe patients exercising Select a patient to follow through class Become familiar with patient's history Note ECG patterns Note THR/RPE | May suggest patient for observation Student may take notes, but can't make copies Assist with interpretation |
| Take exercise BP Note normal response to exercise | Assist PRN |
| Observe/participate in cool down Note VS changes | Wrap up with student Clarify any questions |

1. Helpful if student has viewed module in LINC

Questions to consider:

What are the patient's cardiac risk factors?

Does the patient have any comorbid condition that might limit his exercise?

What are the patient's medications? Will any medications effect exercise results?

What is the patient's basic rhythm?

Does the patient appear to be achieving his stated goals in CR?