

POLLAN JOURNAL ENTRY #4

Take five minutes on each of the following questions to reflect holistically upon the experience of reading Pollan's book, *In Defense of Food*: How has tackling this book-length work of journalism influenced your **reading** skills? What critical **thinking** skills does Pollan's work exemplify? Are there ways in which his work will influence your own **writing**?

Write without stopping for 15 minutes.