General Psychology
Psychology 1
Spring 2010

Monday/Tuesday/Wednesday/Thursday 10:30-11:20 in room L73
Call # 2084
Section # 04

Instructor: Shannon Hassett
Office: Forum 6F
Office Hours: Monday/Tuesday/Wednesday/Thursday 12:30-1:30
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You must have the online portion, MyPsychLab, to be enrolled in this class.
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Course Description:
This is an introductory survey course of the general field of psychology. Some of the topics we will cover include: research methods, conditioning, memory, personality development, aggression, emotions, stress, therapy, sexuality, motivation, consciousness, biology and behavior and abnormal psychology.

Course Objectives:
As a result of taking this class, you should be able to:
1) Discuss the methods psychologists use to do research
2) Discuss how people learn and remember
3) Discuss the biological and psychological factors of behavior
4) Discuss the different psychological disorders and their treatments
5) Explain how stress affects health
6) Discuss different states of consciousness
7) Explain motivation and emotion
8) Explain the different theories of personality
9) Discuss sexual motivation

Course Format:
This course will be presented in a lecture and discussion format, with demonstrations and in-class activities. We will also be utilizing MyPsychLab to facilitate in the learning of material as well as to evaluate your knowledge of class material (i.e., homework assignments & videos).
Basic Instructions for all turned in work:
You will be turning in all homework through MyPsychLab, an online system. I will not be accepting late work. Once you miss the deadline, you will not be able to access the homework. Missing class is not a valid excuse for not turning it in. Be sure to check the website on a regular basis. You will be turning in in-class activities during class sessions. If you miss an in-class activity, you will need to check MyPsychLab for make-up assignments. By the beginning of the second week of classes (Monday, April 12th) you will need to register online for MyPsychLab (enrolling through De Anza for this course does not enroll you in this online portion, nor does enrolling for MyPsychLab mean that you are enrolled through De Anza). If you are not enrolled in MyPsychLab by this date, you will not be able to keep up at date with class material & your grade will suffer. By April 15th, you will turn in your Biographical Sketch with a photo, which is posted on MyPsychLab and will be turned in on MyPsychLab.

Performance Evaluations:
1) Three exams will be given throughout the quarter. The first two exams will consist of multiple-choice and short answer questions. The final will consist of multiple-choice questions. Exams will cover the text, lectures, discussions, homework and videos, with an emphasis on lectures. Study guides for each exam will be posted on MyPsychLab. The first two exams will be worth 60 points. The final will be worth 80 points. You will need a scantron (#2052), a mini blue book and a #2 pencil for the first two exams, so come prepared. For the final you will need a scantron and a pencil. There are NO make-up exams, unless there is written proof of an emergency (i.e., letter from your doctor, etc). If you have a verifiable excuse you must notify me by the end of my school day (M-Th 1:30 pm) on the scheduled exam day by a phone message or e-mail. You must get a response from me verifying I received your phone message/e-mail in order to take the make up exam. If you do not get a response from me by the end of the day, I did not get the message, and you will need to resend the message. You will not be allowed to take the make-up if you do not notify me. In the case of not taking an exam, you will be dropped. Please be forewarned that the make-up exam is more difficult than the regularly scheduled exam. Be prepared to show me documentation of your excused absence on the day of the make-up exam.
2) Four in-class group-learning activities will be assigned during class sessions. Please see the schedule. It is highly recommended that you bring your textbooks and class notes for the activities. A group grade will be assigned. Each activity is worth 10 points. If you miss an in-class activity, see MyPsychLab for an alternate make-up assignment.
3) There will be homework assignments assigned online through MyPsychLab. The homework assignments will total 60 points. I will NOT accept late homework. After the deadlines, you will no longer have access to the homework assignments.
4) Extra credit will be assigned on MyPsychLab and will have deadlines. You can earn a maximum of 10 points total.
Grades:
Grades will be calculated on the points you earned during the term, plus any extra credit. The total points possible are 300.
A= at least 90% (270+)
B= at least 80% (240-269 points)
C= at least 70% (210-239 points)
D= at least 60% (180-209 points)
F= below 60% (less than 180 points)
Note: On the next page you are given a place to keep your grades, which enables you to monitor your performance in this class.

Class Attendance:
Attendance is required. Role will be taken every class session by signing in. Please make sure you have signed the roster every day. If you miss more than four class sessions you may be dropped. Please see the catalog for dropping procedures, as it is up to you to drop; otherwise you may end up with an “F” instead of a “W”.
After the first five minutes of class I will be collecting the roster. If you come into class after that you will need to sign the late roster with me after class. After four tardies you may be dropped. It is your responsibility to be in class and on time.

Responsibility and Respect
* If you miss a class it is your responsibility to get the notes from a classmate; I do NOT give out my notes. Be sure to follow the schedule in the syllabus to see what we will be covering that day. Also be sure to check MyPsychLab for assignments. Missing a class does not excuse you from turning in assignments or missing an exam.
* Please do not be late or leave early; if you are late or need to leave early, please come in or leave quietly and sit in the back.
* Please come prepared to class every day to take notes. Please don’t get up to sharpen pencils, etc while class is in session. This is very disruptive.
* PLEASE remember to shut off cell phones/electronic devices, as it is very distracting to others (including me)! If it becomes a problem, I will ask you to leave class.
* Please be respectful to everyone in the class by using appropriate language and appropriate topics of discussion. If you do not abide by these rules you may be dropped from the class.
* PLEASE do not call or e-mail me that you are going to miss class or have missed class, unless you have missed an exam or have missed four class sessions. Please e-mail me only if you have a situation that needs to be addressed & you cannot get a hold of me during my office hours. Each quarter I have roughly 300 students. PLEASE keep this in mind when you make out of class or out of office hour requests of my time. I am willing to address questions, but I do not reply to e-mails every day. If you need a quick response, see me in my office or call me during office hours.
* I encourage and expect class participation, but I want every student to feel that he/she has the opportunity to participate. I will not allow a few students to dominate discussions.
Academic Integrity:
I expect that all students will act in accordance with the De Anza Code of Conduct Policy (please see the catalog for details). Academic dishonesty, cheating and plagiarism will not be tolerated. If you are caught cheating or plagiarizing you will fail the exam/assignment and will not be allowed to make it up.

Your Personal Grade Record

Exams: (200 points total)
1. ___/60 points
2. ___/60 points
3. ___/80 points

Homework: (60 points total)

Extra Credit: ___/10

In-Class Learning Activities: (40 points total)
1. ___/10
2. ___/10
3. ___/10
4. ___/10

Total Points: _____/300
## Tentative Schedule of Assignments and Important Dates

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Chapter</th>
<th>Dates</th>
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<tbody>
<tr>
<td>1</td>
<td>Introduction to course</td>
<td></td>
<td>4/5</td>
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<tr>
<td></td>
<td>The Ways &amp; Means of Psychology</td>
<td>1</td>
<td>4/6-8</td>
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<tr>
<td>2</td>
<td>The Ways &amp; Means of Psychology cont.</td>
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<td>4/12-13</td>
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<tr>
<td></td>
<td>Social Psychology</td>
<td>2</td>
<td>4/14-15</td>
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<tr>
<td>3</td>
<td>Social Psychology cont.</td>
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<td>4/19-20</td>
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<td></td>
<td><strong>Activity #1</strong></td>
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<td><strong>4/21</strong></td>
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<tr>
<td></td>
<td>Learning &amp; Behavior</td>
<td>3</td>
<td>4/22</td>
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<td>4</td>
<td>Learning &amp; Behavior cont.</td>
<td></td>
<td>4/26-28</td>
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<tr>
<td></td>
<td>Memory</td>
<td>4</td>
<td>4/29</td>
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<td>5</td>
<td>Memory cont.</td>
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<td>5/3-5/5</td>
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<td><strong>Activity #2</strong></td>
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<td><strong>5/3</strong></td>
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<td></td>
<td><strong>Exam #1 (Ch. 1-4)</strong></td>
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<td>5/6</td>
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<td>6</td>
<td>Biology of Behavior</td>
<td>5</td>
<td>5/10-13</td>
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<td>7</td>
<td>The Nature &amp; Causes of Psych Disorders</td>
<td>6</td>
<td>5/17-20</td>
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<td>8</td>
<td>Treatment of Psych Disorders /Personality</td>
<td>7&amp;8</td>
<td>5/24-27</td>
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<td><strong>Activity #3</strong></td>
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<td><strong>5/27</strong></td>
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<td>9</td>
<td>NO CLASS</td>
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<td><strong>5/31</strong></td>
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<td></td>
<td>Treatment of Psych Disorders/Personality cont.</td>
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<td>6/1-2</td>
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<td><strong>Exam #2 (Ch. 5-8)</strong></td>
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<td><strong>6/3</strong></td>
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<tr>
<td>10</td>
<td>Motivation, Emotions, &amp; Health</td>
<td>9</td>
<td>6/7-10</td>
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<td>11</td>
<td>Consciousness</td>
<td>10</td>
<td>6/14-17</td>
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<td><strong>Activity #4</strong></td>
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<td><strong>6/16</strong></td>
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<td>12</td>
<td>Consciousness cont.</td>
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<td>6/21</td>
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<td><strong>Final Exam (Ch. 9-10)</strong></td>
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<td><strong>6/22</strong></td>
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<td><strong>9:15-11:15 am</strong></td>
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*Note: The above schedule is tentative and is subject to change if necessary.*