Abnormal Psychology
Homework #1
Research Methods
10 points possible

Name:______________________________

Instructions: Please answer the questions on this handout. It does not need to be typed.

1. Design an experiment to test the hypothesis that aerobic exercise increases positive mood. Briefly (in about 3 or 4 sentences) describe how you would set this up. Be sure to identify the control group, experimental group, independent variable, dependent variable, and one way to reduce subject and experimenter bias. (7 points)

2. Describe a specific example for each of the following: naturalistic observation, analog observation and self-monitoring. You will be describing a different example for each of the three clinical observations. (3 points)