Psychology 5
Study Guide #1
Hassett

**Note: When using these study guides for preparation for exams, keep in mind you will not only need to understand the definition of the concepts, but you will also need to apply them to real-life examples. Also the short-answer questions will often require you to synthesize information from different material on the study guide.

Ch.2
Understand the different sources of personality data & know the strengths & weaknesses of each
Know the most common self-report data
Understand what structured & unstructured questionnaires are & know examples of each
Understand what naturalistic & artificial observation are & the strengths & weaknesses of both
Understand how physiological data can be used to study personality & know the strengths & weaknesses
Know what projective techniques are & know the examples as discussed in class
Know the research on using multiple source data in personality research
Know what triangulation is
Know what reliability & validity & the different types
Know what generalizability is
Understand the three research methods that are used in personality research & their strengths & weaknesses as discussed in class

Ch.3
Understand the two basic formulations of a trait: traits as internal causal properties & traits as purely descriptive summaries
Understand the different approaches to identifying the most important traits
Know what factor analysis is as discussed in class
Understand Eysenck’s model of personality (what are the three traits his theory is based on?)
Know Cattell’s theory as discussed in class
Know Wiggins’ theory as discussed in class
Understand the Five Factor theory

Ch.4
Know what trait psychologists are most interested in studying personality
Understand what traits tend to be consistent over time & how consistency can be manifested in different ways
Understand the relationship between consistency & rank order
Understand Mischel’s theory on personality
Understand the person-situation interaction
Understand what situational specificity, situational selection, evocation, manipulation and aggregation are in terms of personality
Understand how aggregation is important in measuring personality
Understand the key issues in measuring traits & how they are dealt with (i.e., detection)
Know the three main reasons employers use personality tests on potential employees
Know the two concerns employers must satisfy to use personality tests for employee selection

Ch.5
Understand the three key forms of stability
Understand the two defining features of personality change
Understand the three levels of analysis
Know the stability of personality throughout life
Know what aspects of temperament are most stable
Know which traits to increase & decrease with age
Understand what self-esteem variability is
Know what self-esteem is related to
Know what sensation seeking is, what is composed of & its development (i.e., when it peaks)
Know the research on personality traits & women as it relates to aging
Know which traits are associated with marital satisfaction
Know the research on men’s trait of impulsivity