**HUMA 10**

**Human Sexuality**

**Fall 2013**

**Tuesday, 6:30 pm -10:20 pm**

**Room L-64**

Instructor: Herminio Hernando

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**Course Description:**

The comprehensive study of the biological, psychological and socio-cultural aspects of human sexuality. An exploration into values and attitudes and their relationship to behaviors and behavioral changes. Includes an assessment of various cultural mores and current safe sex practices.

**Student Learning Outcome (SLO):**

Critically examine and synthesize the social, cultural and physiological implications in the field of human sexuality; and demonstrate the ability to analyze and respond to complex issues related to human sexuality in all assignments.

HUMA 10 is a lecture and interactive discussion course that can be used to fulfill a General Education requirement for an AA/AS Degree as well as for transfer to both the UC and CSU systems.

**Note:**

Be aware that the content of the course, including lectures, films, readings, etc. are sexually explicit, and present a wide variety of human sexual behavior, values, beliefs, etc. The content of this class may provoke strong emotional responses. Some people might find some material offensive.

Much of the class time will be spent in small and large group discussions.

Be prepared to make connections between the course material, yourself, your family and and the world around you.

**Required Text:**

*Think: Human Sexuality with additional readings; Revised Custom Edition for De Anza College* By Kelly Welch

**Classroom Behavior:**

1. Complete respect is to be given to each other. Students are expected to treat each other, the instructor, and any in-class presenters with respect and consideration. A mature attitude towards the subject is expected of all students at all times.
2. Absolutely no teasing, making fun, or mocking of other students’ comments. A safe and respectful learning environment will be maintained for everyone at all times.
3. No speaking or side conversations during lecture or presentations. Repeated offenses of chitchatting are considered disruptive to the class and therefore, you will be asked to leave. (This will count as one absence and repeated violations will result in your dismissal from the class)
4. All students are required to adhere to the De Anza College Mutual Respect Policy on page 29 of the 2012 – 2013 De Anza College Catalog.
5. Cellular phone and computer usage (unless using to take notes) during class are prohibited.

**Attendance Policy:**

Given the course content, attendance is important for success in the class. Students are expected to be present for each class meeting. Students who miss more than two class meetings will be dropped from the class. Tardies are calculated at ½ an absence. Students are expected to stay for the entire class meeting. Leaving early without prior instructor approval will count as an absence. If you do have to miss a class meeting it is your responsibility to get the material you missed from another student or the instructor.

**Grading:**

1. Two mid-terms, 100 pts. each.
2. Final exam, 200 pts.
3. Group project/presentation, 100 pts.
4. Sexual Autobiography, 30 pts.
5. Reaction Paper, 20 pts.
6. Classroom Participation, 50 pts.

Final grades for the class will be assigned using the following scale:

540 – 600 pts. 90 – 100% A

480 – 539 pts. 80 – 89% B

420 – 479 pts. 70 – 79% C

360 – 421 pts. 60 – 69% D

359 pts. or fewer, 59% and below, F

**Note:**

Due dates for tests, papers, and assignments are published well in advance. Therefore, there is no excuse for material to be turned in late. Do not wait until the last minute to begin your work! Viruses can invade both humans and computers and you need to prepare for such situations by having your work done in advance.

**Mid-Term Exams**

Two mid-term exams, 100 multiple-choice questions each. Mid-term 1 will cover topics found in chapters: 1,2,3,4,5,6,16 and all related in-class discussion material. Mid-term 2 will cover topics found in chapters: 7,8,9,10,11,12,13 and all related in-class discussion material. Students are required to supply their own scantron sheets.

**Final Exam**

A final exam will be given during finals week. The final exam will consist of 200 multiple-choice questions. The final exam is cumulative but emphasis will be placed on topics found in chapters 14, 15,17, and 18. Scantron sheets will be required. (Note: Final exam will take place on Tuesday, 12/10, 6:15 pm – 8:15 pm)

**Group Project/Presentation**

The group project includes the completion of a four to six page, typed, double spaced, research paper and group presentation. (3-4 members per group) The topic must be approved by the instructor. (Group project topic deadline is Tuesday, October 8th). Projects are due at the start of class (Tuesday, 12/3). No late submissions will be allowed.

Group Presentation: 20 minute oral presentation of the project. The purpose is to inform and educate the class about your topic. Visual aids such as handouts, PowerPoint, etc. may be used to enhance the presentation.

Groups may also present their topic in debate format if they are able to find an opposing group to debate. Pro-Con debates work best. Again, instructor approval is required prior to pursuing this option.

Possible topics for group project:

1. Prostitution
2. Gays in the military
3. Abortion
4. Sex tourism industry
5. Pornography
6. Aphrodisiacs
7. Religion and sexuality
8. Child Brides
9. Sex trafficking
10. Arranged marriages
11. Female genital mutilation
12. Sexting
13. Sex abuse

16) Should male babies in the U.S. be circumcised? What are the arguments for and against male circumcision? Do social pressures or research evidence exert greater influence on a parent’s decision to circumcise their child?

17) Should public libraries provide sexuality materials? Should it be provided via all media (i.e. books, video, internet, etc.)? Should there be open access to all information to all library patrons? Why or why not?

19) Should parents be able to choose gender or other characteristics of their child? By certain mechanisms but not by others? Why or why not? What are some consequences of this technology?

20) Should high schools distribute condoms? At what age? Under what conditions? What are the benefits and the risks?

21) Can sexual orientation be changed? How? What is the evidence to support this position? What are reasons that sexual orientation should or should not be changed?

22) Should same sex marriage be banned or should it be legalized? What about “civil unions”? What are the consequences for society or for individuals?

23) Is pornography harmful to women? What do you mean by “harmful”? Are certain types of pornography acceptable but not others? Why or why not? Who decides what is appropriate?

These are suggested possible topics. Groups can choose other topics with instructor approval.

**Sexual Autobiography**

For this assignment, think critically about your own sexual development. Examine how your own experiences, culture, religion, etc.. have contributed to how you are today as a sexual being. I want you to feel comfortable in sharing your experiences. Please be assured your privacy will be respected and that your paper will only be read by me and the contents will not be shared with anyone at anytime. Use the questions listed below to guide you. Feel free to also use your own questions if you prefer. Please do not respond in question and answer format, but in narrative, reflective paragraphs. The questions are provided simply to provide a framework to help you put your thoughts together for your autobiography.

1. How have your friends, family, culture, and religion influenced your sexuality?
2. What experiences have contributed to your feelings about sexuality today? Explain in detail.
3. What did you learn about nudity and body differences (male and female) when growing up? What language was used to refer to male and female genitalia?
4. When did you have “The Talk” (about sex and physical changes occurring at puberty) with your parents-if ever- and what did you learn?
5. What or who were the sources of sexual information when you were growing up? Was it parents, friends, TV, movies, etc..?
6. What are your definitions of “abstinence” and “virginity”? If a girl has had only oral or anal sex would she still be considered a virgin?
7. How do you feel about variations in sexual behavior? At what point do you think you draw the line for yourself? For other people? Why?
8. What do you think are the most important concepts for college students to know and think about in regards to sexuality? Why? Explain.
9. What helps to create a positive relationship with a partner?
10. How important is physical intimacy in a relationship? Explain.

The autobiography will be typed, double spaced and two to three pages in length. It will be due on Tuesday, 10/1 at the start of class. Place a cover sheet on your paper with your name and course section.

**Reaction Paper**

Find a newspaper, magazine, professional journal, or on-line article about anything related to the course content. Write a one page reaction paper about the article. Write about your personal feelings, pro or con, about the story. Attach a copy of the article along with a description of the source. (Reaction paper due 10/29).

**Class Participation**

To benefit fully from the course, involvement in both discussion and lectures is important. Small group discussion sessions will take place each class meeting. Class participation points will be based on effective engagement in classroom discussions and group work, as well as your leadership, initiative, contribution, and collaboration in the formal group project.

**Policy on Cheating:**

Cheating, plagiarism, or other violations of the student code of conduct will not be tolerated. Such violations may result in a failing grade on the assignment, in the course, or dismissal from the class or from the College, depending on the severity of the incident.

**Extra Credit**

There will be several opportunities to earn extra credit points throughout the quarter. These opportunities will consist of written responses to questions posed in class. It will give you an opportunity to reflect and expand on the material being discussed in class. For maximum credit, each response is expected to be at least half a page in length and reflect thoughtful and critical analysis of the topic/question.

(5 pts. max each)

**Tentative Fall 2013 Schedule**

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| --- | --- | --- | --- | --- |
| **Week** | **Date** | **Chapter** | **Activity** | **Topic** |
| 1 | 9/24 | 1,2 |  | Course introduction, Exploring human sexuality, past and present. Understanding Sexual Life Through Research and Theory. |
| 2 | 10/1 | 3,4,5 | Sexual Autobiography due | Gender, Male and Female Reproductive Anatomy and Physiology |
| 3 | 10/8 | 6,16 | Group project topic due | Sexual Development, Sexuality and Aging |
| 4 | 10/15 | 7 | Mid-Term 1, | Sexual Orientation Development |
| 5 | 10/22 | 8,9 |  | Path to Commitment, Communication |
| 6 | 10/29 | 10,11 | Reaction Paper due | Adult Relationships, Sexual Desire and Arousal |
| 7 | 11/5 | 12,13 |  | Choices and Challenges of Childbearing,  Preventing Pregnancy |
| 8 | 11/12 |  | Mid-Term 2 |  |
| 9 | 11/19 | 14,15 |  | Protecting Your Sexuality,  Variations in Sexual Expressions |
| 10 | 11/26 | 17,18 |  | Using Sex as a Weapon.  Selling Sex |
| 11 | 12/3 |  | Review for final,  Group Presentations |  |
| 12 | 12/10 |  | Final Exam 6:15 pm – 8:15 pm |  |

Note: Schedule subject to change.