


Slide 1




Cultural Diversity

Chapter Twenty-Two

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Slide 2



Topics for today:

- *Culture terminology
- *Melting Pot vs Salad Bowl
- *Developing cultural awareness
- *Assessing culture
- *Transcultural communication
- *Cultural conflict/ synergy

Slide 3



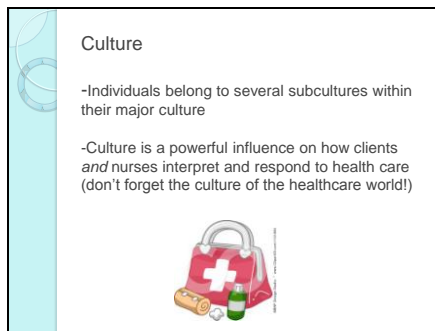
Culture

- Def'n: a group's acceptance of a set of attitudes, ideologies, values, beliefs and behaviors that influence the way that the members of the group express themselves
- Cultural orientation- result of a learning process that starts at birth and continues through the lifespan (from one generation to the next)
- Expression of culture- language, spirituality, works of art, groups customs and traditions, food preferences, response to illness, bereavement, decision-making and world philosophy. Primarily unconscious

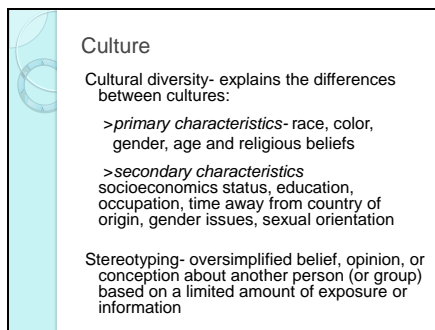
Slide 4



Slide 5




Slide 6



Slide 7

Melting Pot vs Salad Bowl

Melting pot- acculturating ('fitting in')
Salad bowl- multiculturalism



The illustration shows two bowls. On the left, a 'melting pot' where a person is stirring a mixture of different colored ingredients into a single pot. On the right, a 'salad bowl' where different colored ingredients are kept separate in a bowl, with labels for 'Chinese', 'Italian', 'Mexican', and 'African' pointing to specific items. A fork and spoon are also shown next to the salad bowl.

Slide 8

Culture

US population trends:
-in year 2000, 30% of the US pop. was composed of minority groups, but only 10% of nurses in the US are composed of minority groups


How would this help/hinder nursing care?

Slide 9

Cultural awareness:


- understanding the client's perspective of what is happening in the healthcare setting
- as nurses develop this awareness, they are better able to recognize and value *all* aspects of a client's culture
- begins with an understanding of one's own cultural healthcare beliefs and cultural values (ID similarities and differences from those of the client, and appreciate both)

Slide 10




Assessing Culture

-most important is to establish a warm and trusting relationship (to compensate for asking questions that might be considered revealing and personal!)



Slide 11




Cultural Competence:

-provision of care for others based on nursing knowledge and understanding of values, customs, beliefs & practices of the culture, requiring comm. skills, understanding and sensitivity

Transcultural Communication:

-both verbal and nonverbal communication, tone, acceptable greetings, etc

Slide 12




Culture

Careful of the differences:

- *don't interpret nodding as agreement
- *diff. cultures hold the role of women or healthcare personnel in varying esteem
- *communication between upper & lower classes may be affected (castes)
- *certain groups less willing to disclose
- *touching varies between cultures
- *personal space differences
- *eye contact


Slide 13



Cultural Conflicts

- noncompliance on the part of the client can be caused by:
 - *nurse's incomplete understanding of culture or unrealistic expectations
 - *lack of external symptoms of disease
 - * inconvenient or painful treatments
 - * lack of external support from family members

Slide 14





Culture Facts

Passive Obedience


- what is it?

Patient Compliance

- what would affect this?




Slide 15



Cultural Synergy

Healthcare workers need to learn about other cultures and also, to immerse themselves in those cultures. This helps the nurse selectively include values, customs and beliefs of other cultures into their own

Slide 16



See you next class.....

Please do your readings & bring thoughtful questions!

