

7. FOOD LABEL FOR:

FOOD NAME: Beef Jerkey.

SERVING SIZE: 1 ounce.

SERVINGS PER CONTAINER: 2.5.

NUTRITION FACTS	AMT PER SERVING	% DAILY VALUE *
Calories	80	4%
Total fat (g)	1	1%
Saturated fat (g)	0	0%
Cholesterol (mg)	25	9%
Sodium (mg)	590	25%
Total Carbohydrate (g)	3	1%
Dietary Fiber (g)	0	0%
Sugars (g)	3	NA
Protein (g)	14	28%
Vitamin A	XXXXXXXXXXXXXXXXXX	0%
Vitamin C	XXXXXXXXXXXXXXXXXX	0%
Calcium	XXXXXXXXXXXXXXXXXX	2%
Iron	XXXXXXXXXXXXXXXXXX	20%

*based on a 2000 calorie diet

INGREDIENTS: Solid Top Round Beef, Worcestershire Sauce, Soy Sauce, Liquid
Smoke, Honey, Vinegar, Black pepper, Garlic Powder, Spices.
