# **Medical Office Sterile Technique**

**HTEC 90H-01** 

De Anza College, Classroom S-74 Instructor: Maureen Miramontes 1.5 Units

### SKILLS LAB: STUDENTS MUST BE ENROLLED IN HTEC 101E

**COURSE OUTLINE** Review of Concepts of Asepsis

Infection Control

Assisting with Minor Surgery Medical Office Instruments Sterilization and Disinfection Application of Sterile Gloves

Bandaging

**Advanced Medical Assisting Procedures** 

# PRE or COREQUISITES

HTEC 60A (Basic Medical Terminology) or instructor approval.

#### DAYS/TIMES

Wednesdays @ 11:30PM-2:20PM (concurrent enrollment in HTEC 101E)

#### INSTRUCTOR INFORMATION: MAUREEN MIRAMONTES RN

**Maureen Miramontes** is your course instructor. She is the Program Coordinator for the Health Technologies Department at De Anza College. Maureen became a Certified and Registered Medical Assistant right out of high school and has now been a Registered Nurse for 6 years. She supervised Medical Assistants, Lab Assistants, Receptionists, and File Clerks at Samaritan Medical Care Center for 18 years. She is now a per diem employee helping them with their Laboratory Accreditation Regulations. Maureen also is currently teaching the evening adult Medical Assisting program at Silicon Valley Technical Career Center for 11 years.

**Office Hours Held:** From January 6, to March. 28, 2014 **except** on holidays. (Prearranged Office

hours) or

**Days/Hours:** Phone Message Only (24 hrs./day)

**Phone/Voicemail** #: (408) 864-8789 **FAX Telephone:** (408) 864-5444

**Office Location**: S-77a

**E-mail Address:** miramontesmaureen@fhda.edu

#### REQUIREMENTS

Be prepared to spend 5-7 hours per week using and studying course materials.

- 1. Attend the First Class Meeting on Wednesday, Jan. 8 at 11:30AM-2:20PM in S-74
- 2. Attend ALL two-and 50 minutes of class.
- 3. Complete all reading assignments.

- 4. SUCCESSFULLY COMPLETE, PRACTICAL ASSIGNMENTS, FINAL PRACTICAL AND WRITTEN EXAMS AND ASSIGNMENT FROM WORKBOOK.
- 5. Required to access and read the students handbook. An on-line copy is available on My Portal under Current Student's tab.

COURSE OUTLINE Review of Concepts of Asepsis

**Infection Control** 

Assisting with Minor Surgery Medical Office Instruments Sterilization and Disinfection Application of Sterile Gloves

Bandaging

**Advanced Medical Assisting Procedures** 

#### MALPRACTICE INSURANCE

This will be paid for by De Anza College

#### **COURSE MATERIALS**

**Purchase at the De Anza College Bookstore:** 

*Clinical Procedures for the Medical Assistant*, Bonewit-West, W.B.Saunders(8<sup>th</sup> edition) *Study Guide for Clinical Procedures for Medical Assistants*, Bonewit-West, Saunders(8<sup>th</sup>)

#### **GENERAL PLAN**

It is important that you come to class prepared to discuss and practice the content noted. Except for the first day of class, you will have assignments due each class period. All homework assignments can be found in the student review manuals. **No late assignments will be accepted with the exception of a documented emergency**. If you are unable to attend class, make arrangements for a classmate to submit your assignments.

#### STUDY EACH WEEK'S ASSIGNMENTS

The primary course content comes from the readings. The classes are intended to emphasize and illustrate the reading material. **You will be tested on information from both the readings.** 

#### Work on the lessons in the following order:

- a. Attend the classes.
- b. Read the texts' assignment.
- c. Complete the assigned review manual assignments and turn them in <u>at the beginning of class</u>.
- d. Practice the skills learned in class (instruments will be kept in the Life Sciences Lab in the new Science Building for the duration of the quarter starting the forth week of classes.).

#### **Test Folders**

Your graded tests will be kept in individual folders; I will bring them to each class period for you to review (please do not take them out of the classroom). Please make sure that all tests stay in your folder as I do not record your grades until the end of the quarter. You will not receive your tests back at the end of the quarter.

#### **HOMEWORK**

Completed homework is **due on the assigned date**. If you are absent full credit will be given upon your return **if homework is complete**, otherwise no credit is issued.

#### **ATTENDANCE**

Students will be dropped from this class after the 1st absence, and receive a failing grade. You will not be allowed to stay in class at this point. Being more than 5 minutes late for class twice during the quarter will count as one absence. Please notify the instructor prior to each absence. No absences allowed for practical exams.

#### **UNIFORMS**

Each student <u>must</u> be in uniform for this course by the <u>second class</u> meeting and <u>every</u> class thereafter. 5 points will be awarded towards your overall grade for each class meeting you are in full uniform = 50points.

Professional dress or top/pants

White professional shoes (no open toe or heel shoes)

Name tag

Hair worn pulled back

Minimum jewelry to one ring, no bracelets, small earrings

#### FINAL GRADES

Your grade will based on the total points accumulated during quarter. The student will earn points for Review Manual Assignments, Class Participation, Uniforms, Instrument Exam, Final Practical Exam, and Final Written Exam. **Note**: Incompletes can be given to students who have documented problems such as illness that prevents sitting for the final exam only.

The final grade is determined by the percentage of your accumulated points (from your assignments, practical and written quizzes and exams) for the course.

90 - 100%	Α
80 - 89%	В
70 - 70%	$\mathbf{C}$
69 - 60%	D
59% and below	$\mathbf{F}$

## **Policy on Copying and Cheating:**

Students who submit the work of others as their own or cheat on exams or other assignments receive a failing grade in the course and are reported to college authorities.

You may access your final grades through My Portal.

# **Schedule**

Medical Office Sterile Techniques		Winter 2014	
Class Schedule:	<u>Topic</u>	* H.W. Chapter Due	
January 08	Introduction	(see below)	
January 15	Ch. 2/Medical Asepsis and OSHA Standard Introduction of Instrument Trays A,B,C Teach Gloving and Hand washing <i>(Uniforms required)</i>		
January 22	Ch. 3/Sterilization and Disinfection Ch. 10/Minor Office Surgery Teach instrument wrapping/autoclaving	Ch. 2	
January 29	Ch. 10 Bandaging Introduction of Instruments Trays D,E,F	Ch. 3,10	
February 5	Ch. 7/Physical Agents to Promote Tissue Healing Learn how to use crutches, <b>PRACTICE FOR NEXT W</b>	ÆEK!!	
February 12	Practical Exam for Gloving and Instrument Wrappin	ng Ch. 7	
February 19	Ch. 13/Colon Procedures& Male Reproductive Practice Setting Up Minor Surgery Trays Practice Instruments Trays		
February 26	Ch. 14/Radiology and Diagnostic Imaging Practical & Written Exam for Bandaging	Ch. 13	
March 5	Ch. 21/Emergency Medical Procedures Mock Instrument Final Exam Lab Practice	Ch. 14	
March 12	Instrument Lab Practical Examination  No absences allowed (no exceptions)	Ch. 21	
March 19	<u>Practical Examination</u> Sterile Tray Set-up <u>No absences allowed</u>		
March 26	<b>Final Examination</b> (Written- based on Ch. 2,3,10 in Bo	newit-West-8 <sup>th</sup> edition)	

<sup>\*</sup>Complete Pre-Test, Post-Test, Key Term Assessment, Evaluation of Learning, and Critical Thinking in the study guide. No need to do any exercises that require you to do Internet searches or to work with a partner on an assignment.

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