

GREEN SHEET DE ANZA COLLEGE DANCE/ THEATRE DEPARTMENT Spring 2018

Instructor: Janet Shaw **Office hrs. PE11U MW 3:30pm-4pm in G1, & by appointment**

Ballet I; CRN 42607 DANC-022K-01. **Meets:** MW 11:30am-12:45pm

CONTACT Instructor email address: shawjanet@fhds.edu

Course Description: Introduction to the discipline and creative art of classical ballet, focusing on the development of elementary movement theory and techniques, including ballet barre and elementary center floor exercises.

Student Learning Outcome Statements (SLO)

- **Student Learning Outcome:** Analyze and employ basic elements of classical ballet technique.
- **Student Learning Outcome:** Perform elementary center floor exercises with proper body placement and coordination.

DROP POLICY: Instructor will not automatically drop students. Must be conducted by the student.

READING: Required (*Do not purchase, yet*): **Fahey's Fit & Well** (PE Dept. Standard)

Recommended: **The Ballet Companion** by Eliza Gaynor Minden

FINAL EXAM Monday June 25th 11:30am-1:30pm.

REQUIRED CONCERT TO ATTEND: (if missed, counts as 1 absence): Attendance at Dance Concert from list below. Turn in ticket stub with your name on it . . . that's all!

DANCE DEMONSTRATION: Participation in **Dance Demonstration**, as a class, is required and will equal one make-up, if needed (no typing). If missed = one absence. Date **Th. June 21st 7:00pm** in VPAC.

IN CLASS PARTICIPATION: Participation at class is a major portion of your grade. The second absence will lower your grade an entire unit, as will each additional absence thereafter, unless made up (i.e. a B to a C).

Five lates = one absence.

MAKE-UPS: Classes can be made up by attending any other dance related event (preapproved by instructor) that you would not normally attend. This event must then be TYPED (NO EXCEPTIONS), your thoughts about what you saw, 1 page- TYPED, and is due the last day of instruction.

Acceptable Make-ups:

Preapproved performances (or Instructor can provide list of preapproved videos for make-ups).

Upcoming Approved Performances:

Sat. April 14th **Pusaka Sunda (W. Java; Indonesian Dance & Music) 5:00pm pre-concert lecture.**
6:00pm Perf. Foothill Presbyterian Church 5301 McKee Rd., San Jose \$15, includes reception afterwards

Sat. May 5, 1pm **Western Ballet's: Beauty & the Beast** (ballet) **MVCPA.COM**
Sun. May 6, 1pm Mountain View Center for Perf. Arts, 500 Castro St., MV. **Tickets \$25-27 (650) 903-6000**

Mon. May 21st 8pm **Tamburitzans in Concert, (European Ethnic Dance).**
Sat. 8pm, Sun. 1:30pm Mountain View Center for Perf. Arts, 500 Castro St., MV. **Tickets \$36-46 (650) 903-6000**

May 24-26 8pm **Smuin Ballet, Dance Series 2 (contemporary ballet).**
May 26 & 27 2pm Mountain View Center for Perf. Arts, 500 Castro St., MV. **Tickets \$25-72 (650) 903-6000**

Websites for Dance Performances: www.baydance.com, and
<https://www.sanjose.org/events?category=Dance>

GRADING POLICY: Factors used in determining your grade:

1. How you work in class (concentration, effort, ability to incorporate corrections, etc.).
2. Improvement on dance technique (pointed feet, good alignment, expressive hands & face, etc.).
3. Whether or not you are working to your full potential & able to retain information learned in class.
4. Participation. (only one absence allowed, others can be made up).

If you participate in the above, and you work hard... you will receive at least a B in this course.

Excellent progress on items #1-#3 will merit an A grade. (see back of sheet for details).

FACTORS I USE IN DETERMINING IF STUDENT RECEIVES AN A OR B GRADE:

(. . . assuming that student has made-up all absences beyond one absence, attended required concert & participated in dance demonstration.)

PRIMARY

1. Keeping legs straight during tendus.
2. Pointing feet whenever they leave the floor.
3. Keeping pelvis vertical, allowing for full outward rotation of hip sockets.
4. Stretching energy through arms, especially when held out in 2nd position.
5. Using energy throughout the entire body.
6. Motivation to work well in class.
7. Ability to maintain concentration in class.

SECONDARY

8. Letting the face dance with the body.
9. Keeping head upright (not slouched forward).
10. Developing consistent use of the "turn-out" muscles.
11. Keeping shoulders down when lifting arms overhead.
12. Increasing ability to pick up movements, without following other students.

OTHER FACTORS

13. Gives up too easily in class.
14. Performance on the class final (did student need more rehearsal?)
15. Participation in class. Was student often late?
16. Did student achieve major personal challenge?
17. Ability to incorporate corrections in class work.