

Dress Code for Preceptorship

You don't need to purchase anything new for Quarter 6...but you can! The dress code is still the same from the waist down (white, white, white!), but you can add some color from the waist up and wear scrub tops. You can go shopping and get some cute fashion scrubs (they sure make them cuter than they used to!) but I'd keep the colors tame -- not too crazy (I personally don't like black). I think we still want a relatively calm and healing environment for our sick patients.

It's OK to also buy a warm-up jacket (jacket that matches the scrubs -- not the kind of jacket you'd wear anywhere outside the hospital). You can wear the scrub top and matching jacket, just as long as the sleeves can be pushed up to the elbow when you're at the bedside and for hand washing; this option gives you more pockets. (Most students don't get a warm up jacket, but those on nights sometimes do, as do those skinny students who are always cold ;)).

You can get matching bottoms for your scrubs...but you can't wear them during preceptorship. Save them for later :)

Also -- if money is tight you can always stay with your burgundy uniform top, and sometimes the men choose this option since scrub options for guys are not as wonderful. There's safety in the burgundy, too, as you're less likely to be asked to do things outside your scope of practice.

If your facility (e.g., surgery center, L&D nursing unit, etc.) provides scrubs they would like for you to wear -- that is fine -- but please follow the following recommendations:

- Wear your own scrubs to the facility, then change into their scrubs -- that way if they run out you won't be without a uniform (and it answers any questions about what attire would be appropriate to show up to preceptorship wearing).
- Your own scrubs can either be (a) white pants with scrub top or (b) the De Anza nursing student uniform from quarters past.
- You still need to wear white shoes, per policy.
- All other aspects of the dress code also must be adhered to such as jewelry etc.