<u>Instructor:</u> Shireen Luna Woo <u>Due:</u> June 23<sup>rd</sup> by 2:00pm

# <u>4 part – CLP 70 FINAL (Worth 35 points)</u> \*\*\*NOTE: NO LATE OR E-MAILED PAPERS WILL BE ACCEPTED\*\*\*

-Your paper MUST be: typed, double spaced, in 12 point font, meet the page length for each section, <u>total</u> no more than 4 pages in length, & with minimal errors, or points will be deducted.

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## Part I: Interests, Skills & Attitudes - 9 points (1 page)

Choose an occupation you are interested in, and write a detailed, <u>essay style</u> report. (Use a <u>minimum</u> of 2 different "<u>cited</u>" information sources, APA, or MLA style), One must be a published source: periodical, newspaper, magazine, etc.., and the other, an online source. Be sure to include the following information in this section:

- Introduction provide a brief description of the occupation, setting & work performed,
- Typical career path entry level to the highest position,
- Salary range for those employed in California,
- Skills or Abilities used by individuals in this occupation,
- Work conditions physical environment, stress level, type of supervision, hours, work travel, and customer/client contact,
- Education & Training majors or fields of study related to preparation for working in the occupation,
- Outlook current & projected job openings,
- *Conclusion* based on your research, summarize how you feel about this occupation, discussing both the negative and positive aspects.

## Part II: Personality & Interest Assessments - 9 points (1 page)

Compare the results from your Strong, Myers-Briggs, and True Colors career assessments. Write a brief review of all three assessments, and include the following:

- Which career inventory was the most helpful?
- What patterns do you find emerging among the various results?
- How do the results vary from one another?
  - -How are they *consistent* with the ways you view yourself?
  - -How are they *inconsistent* with the ways you view yourself?
- Do they provide confirmation for any occupations you previously had in mind? If so, which one's?
- Overall, how has the self-assessment portion of this course been helpful to you and how have these results expanded your self-awareness and occupational possibilities?

## Part III: Common Myths, Barriers, & Other Influences - 9 points (1 page)

Graph the potential positive and negative factors that are/were impacting your major and/or career selection process. At the top of the page list the career or major, then below on the left type positive, and on the right type negative. Next, list at least eight influences, (under either the positive or negative column), two from each of the following 4 areas: common career myths, barriers (internal & external), family and cultural influences. Briefly state how you will effectively deal with these potential influences and obstacles?

## Part IV: Values & Decision Making - 8 points (1/2 to 1 page)

List the top 3 values from your "Values Ranking Form." How do these values correlate with your intended occupation (listed in Part I)? When choosing your desired career, which was most valuable to you, your work-related values or core life values? How important do you believe values should be the career decision making process? How did you finally make your decision (or narrow down your options)?, and what did you learn about yourself?