

CENTRAL LINE SALINE LOCK FLUSH

Hello, my name is _____. This is the **Central Line Saline Lock Flush** Testing Station. This is the client. Here are the supplies you might need. You have already washed your hands, checked the MD's order and explained what you are going to do to the client. You have 5 minutes to complete this station. What time does your watch say?

START TIME _____ Please tell me when you have completed all the critical elements for this station.

END TIME _____

1. Identifies client, (comparing name band to written name and number).
2. Selects appropriate syringe.
3. Positions client supine in bed.
4. Dons clean gloves.
5. Cleans access port with alcohol.
6. Inserts hub of syringe into tubing.
7. Opens clamp & flushes lock slowly.
8. Closes clamp and removes syringe.
9. Positions client for comfort.
10. Maintains aseptic technique throughout procedure.
11. "Have you completed all the critical elements for this station?"
12. Met time limit.

Q4

Central Venous Catheter Dressing Change

Hello, my name is _____. This is the **Central Venous Catheter Dressing Change station**. This is your client who has a central line. Here are the MD's order and the supplies you might need. You have already washed your hands and explained to the patient what you are going to do. You have 10 minutes to complete this station. What time does your watch say?

Start time _____ Please tell me when you have completed all the critical elements for this station.

End time _____

1. Identifies client, (comparing name band to written name and number).
2. Positions patient in supine position with head turned away from site.
3. Dons clean gloves and simulates donning mask.
4. Carefully removes old dressing.
5. Verbalizes would assess drainage and site for symptoms of infection, presence of sutures, and length of any external catheter present.
6. Removes gloves and disposes of dressing and gloves.
7. Dons sterile gloves.
8. Cleanses site with alcohol, in concentric circles, stating would repeat twice.
9. Verbalizes would allow alcohol to air dry.
10. Cleanses site with Chloraprep, rubbing back and forth with vigor.
11. Verbalizes that prep must be in contact with skin for two minutes and is not wiped off.
12. Verbalizes site is dry and applies transparent dressing to cover site.
13. Verbalizes would label new dressing with date, time and initials.
14. Removes gloves and disposes of soiled equipment.
15. Maintains aseptic technique throughout procedure.
16. "Have you completed all the critical elements for this station?"
17. Met time limit.

Q4

Central Venous Catheter Removal

Hello, my name is _____. This is the **Central Venous Catheter Removal station**. This is your client who has a central line. Here are the MD's order and the supplies you might need. You have already washed your hands, checked the doctor's order, and explained what you are going to do and why. You have 10 minutes to complete this station. What time does your watch say?

Start time _____ Please tell me when you have completed all the critical elements for this station.

End time _____

1. Identifies client, (comparing name band to written name and number).
2. Positions patient in supine position with head turned away from site and removes pillow.
3. Dons clean gloves.
4. Carefully removes old dressing.
5. Verbalizes would assess drainage and site for symptoms of infection.
6. Removes gloves and disposes of dressing and gloves.
7. Dons cleans gloves.
8. Simulates clipping sutures.
9. Places 2 x 2 gauze over site and instructs patient to perform Valsalva.
10. Smoothly removes catheter.
11. Tells patient s/he can breathe normally.
12. Verbalizes would hold pressure on site for 2 minutes.
13. Applies opaque occlusive dressing over gauze.
14. Verbalizes would inspect catheter for integrity, measure length, and compare to length inserted.
15. Removes gloves and disposes of soiled equipment.
16. Maintains aseptic technique throughout procedure.
17. "Have you completed all the critical elements for this station?"
18. Met time limit.

Q4

FOLEY CATHETER IRRIGATION (OPEN SYSTEM)

Hello, my name is _____. This is **the Foley Catheter Irrigation (Open System)** Station. This is the client who is distended and complaining of spasms. Here are the supplies. This is the I/O sheet. You have already checked the physician's order, washed your hands, positioned the client, exposed the catheter and provided for privacy. You have 10 minutes to complete this station. What time does your watch say?

START TIME _____ Please tell me when you have completed all the critical elements for this station.

END TIME _____

1. Identifies client (comparing name band to written name and number).
2. SIMULATES pouring irrigant into solution container.
3. SIMULATES drawing up 30-50ml of irrigant, keeping tip sterile (draws up air)
4. Maintains sterility of outside barrel and plunger of syringe.
5. Dons clean gloves and simulates donning mask.
6. Disconnects catheter from drainage tubing and places protective cap over the end of drainage tubing, without contaminating.
7. Verbalizes would instill 30-50cc irrigant into catheter (instills air).
8. Verbalizes would observe and later document: color, clarity, and presence of clots.
9. Reconnects catheter to drainage bag, without contaminating.
10. Removes gloves and covers client.
11. Documents the "true" amount of urine returned (subtracts irrigant) on I/O sheet.
12. "Have you completed all the critical elements for this station?"
13. Met time limit.

IV Push Medication (Lock)

Hello, my name is _____. This is the IV Push Medication in a Saline Lock Testing Station. This is the client. This is the IV med. Here are the supplies you might need. You have already washed your hands, checked the MD's order, looked up the drug dosage, administration rate, actions, and side effects in your drug reference, and explained what you are going to do and why to the client. You have already done 3 checks of the 5 rights. Your drug reference states to give the prescribed dosage of the drug over _____ minutes/seconds. You have 10 minutes to complete this station. What time does your watch say?

START TIME _____ Please tell me when you have completed all the critical elements for this station.

END TIME _____

1. Identifies client, (comparing name band to written name and number).
2. Verbalizes has determined no allergy to medication.
3. Assesses IV site for infiltration and/or phlebitis, stating if either is present, would not administer IV push med and discontinue IV.
4. Dons clean gloves.
5. If more than one port, selects injection port closest to IV insertion site.
6. Cleans injection port with alcohol and inserts syringe filled with saline.
7. Opens clamp on tubing.
8. Checks for blood return by pulling back on plunger of the syringe (states has blood return).
9. Flushes lock with saline, clamps tubing and removes syringe.
10. Cleans injection port with alcohol and inserts syringe filled with medication.
11. Opens clamp and slowly injects med over prescribed time period.
12. Assesses IV site during entire injection.
13. Clamps tubing and removes syringe.
14. Cleans injection port with alcohol and inserts sterile syringe filled with saline.
15. Opens clamp, flushes lock with saline and removes syringe.
16. Closes clamp on tubing.
17. Verbalizes if heparin lock, would flush lock with heparinized saline per protocol
18. Verbalizes would observe patient closely for reaction.
19. Maintains aseptic technique throughout procedure.
20. "Have you completed all the critical elements for this station?"
21. Met time limit.

IV Push Medication (Running IV)

Hello, my name is _____. This is the IV Push Medication in a Running IV Testing Station. This is the client. This is the IV med. Here are the supplies you might need. You have already washed your hands, checked the MD's order, looked up the drug dosage, administration rate, actions, and side effects in your drug reference, and explained what you are going to do and why to the client. You have already done 3 checks of the 5 rights. Your drug reference states to give the prescribed dosage of the drug over _____ minutes/seconds. You have 10 minutes to complete this station. What time does your watch say?

START TIME _____ Please tell me when you have completed all the critical elements for this station.

END TIME _____

1. Identifies client, (comparing name band to written name and number).
2. Verbalizes has verified compatibility of med and IV solution in drug reference.
3. Verbalizes has determined no allergy to medication.
4. Assesses IV site for infiltration and/or phlebitis, stating if either is present, would not administer IV push med and would discontinue IV.
5. Selects injection port on tubing closest to IV insertion site.
6. Cleans injection port with alcohol and inserts medication syringe.
7. Pinches tubing above the injection port and checks for blood return by pulling back on plunger of the syringe (states has blood return).
8. Slowly injects med over prescribed time period, keeping IV tubing pinched.
9. Assesses IV site during entire injection.
10. Releases pinched tubing and states would resume IV solution at prescribed rate.
11. Removes syringe.
12. Verbalizes would observe patient closely for reaction.
13. Maintains aseptic technique throughout procedure.
14. "Have you completed all the critical elements for this station?"
15. Met time limit.

Q4

Soft Restraints

Hello my name is _____. This is the **Soft Restraint** application station. Your confused patient is attempting to pull out her tubes. The physician's order is for a soft wrist restraint for prevention of pulling out her NG and IV line. Your patient is here. You are to place one restraint on the patient. The supplies you might need are here. You have already washed your hands, checked the MD's order, and explained what you are going to do to the patient. You have 5 minutes to complete this station. What time does your watch say?

START TIME _____ Please tell me when you have completed all the critical elements for this station.

END TIME _____

1. Identifies client (comparing name band to written name and number).
2. Verbalizes that all other alternatives have been unsuccessful (reorientation, placing close to nurses' station, bed alarm, chair alarm, covering IV sites, attendant, etc.).
3. Selects soft wrist restraint.
4. Applies wrist restraint securely, allowing space for 2 fingers to slip between restraint and patient's wrist.
5. Ties restraint in a bow or slip knot.
6. Verbalizes will tie in an area of bed or chair that the patient cannot reach to untie and that will maintain the original distance between the knot and the patient if the bed or chair is adjusted up, down, or moved in any way.
7. Verbalizes the following:
 - Would place call light within reach
 - Would observe client q15minutes while in restraints
 - Would document regarding restraint, safety, circulation, ongoing need for restraint, and tolerance every 2 hours while in restraints.
 - Would reposition, check skin, and offer patient food, fluids, toileting a minimum of every 2 hours while in restraint.
8. "Have you completed all the critical elements for this procedure?"
9. Met time limit.