

## Q4

### CENTRAL LINE SALINE LOCK FLUSH

Hello, my name is \_\_\_\_\_. This is the **Central Line Saline Lock Flush** Testing Station. This is the client. Here are the supplies you might need. You have already washed your hands, checked the MD's orders and explained what you are going to do to the client. You have 5 minutes to complete this station. What time does your watch say?

START TIME \_\_\_\_\_ Please tell me when you have completed all the critical elements for this station.

END TIME \_\_\_\_\_

1. **Identifies** client (**comparing** nameband to written name and number). \_\_\_\_\_
2. Selects appropriate syringe. \_\_\_\_\_
3. Positions client supine in bed. \_\_\_\_\_
4. Dons clean gloves. \_\_\_\_\_
5. Checks that central line slide clamp is clamped. \_\_\_\_\_
6. Cleans access port with alcohol. \_\_\_\_\_
7. Inserts hub of syringe into tubing. \_\_\_\_\_
8. Unclamps slide clamp. \_\_\_\_\_
9. Flushes lock slowly. \_\_\_\_\_
10. Removes syringe. \_\_\_\_\_
11. Clamps slide clamp. \_\_\_\_\_
12. Positions client for comfort. \_\_\_\_\_
13. Maintains aseptic technique throughout procedure. \_\_\_\_\_
14. "Have you completed all the critical elements for this station?" \_\_\_\_\_  
(?asked) \_\_\_\_\_
15. Met time limit. \_\_\_\_\_

## Q4

### Central Venous Catheter dressing Change

Hello, my name is \_\_\_\_\_. This is the **Central Venous Catheter Dressing Change** station. This is your client who has a central line. Here are the MD's orders and the supplies you might need. You have already washed your hands and explained to the patient what you are going to do.

You have **10** minutes to complete this station. What time does your watch say?

Start time \_\_\_\_\_ Please tell me when you have completed all the critical elements for this station.

End time \_\_\_\_\_

1. Identifies patient using name and ID number. \_\_\_\_\_
2. Positions patient in supine position with head turned away from site. \_\_\_\_\_
3. Dons clean gloves and simulates donning mask. \_\_\_\_\_
4. Carefully removes old dressing. \_\_\_\_\_
5. States would assess drainage and site for symptoms of infection presence of sutures and length of catheter present. \_\_\_\_\_
6. Removes gloves and disposes of dressing and gloves. \_\_\_\_\_
7. Dons sterile gloves. \_\_\_\_\_
8. Cleanses site with alcohol, in concentric circles, stating would repeat twice. \_\_\_\_\_
9. States would allow alcohol to air dry. \_\_\_\_\_
10. Cleanses site with Chloraprep. \_\_\_\_\_
11. States that prep must be in contact with skin for two minutes and is not wiped off. \_\_\_\_\_
12. Apply transparent dressing to cover site. \_\_\_\_\_
13. States would label new dressing with date, time and initials. \_\_\_\_\_
14. Removes gloves and disposes of soiled equipment. \_\_\_\_\_
15. Maintains aseptic technique throughout procedure. \_\_\_\_\_
16. "Have you completed all the critical elements for this station?" (? asked) \_\_\_\_\_
17. Met time limit. \_\_\_\_\_

## Q4

### Central Venous Catheter Removal

Hello, my name is \_\_\_\_\_. This is the **Central Venous Catheter Removal** station. This is your client who has a central line. Here are the MD's orders and the supplies you might need. You have already washed your hands and explained to the patient what you are going to do.

You have **5** minutes to complete this station. What time does your watch say?

Start time \_\_\_\_\_ Please tell me when you have completed all the critical elements for this station.

End time \_\_\_\_\_

1. Identifies patient using name and ID number. \_\_\_\_\_
2. Positions patient in supine position with head turned away from site and removes pillow. \_\_\_\_\_
3. Dons clean gloves. \_\_\_\_\_
4. Carefully removes old dressing. \_\_\_\_\_
5. States would assess drainage and site for symptoms of infection. \_\_\_\_\_
6. Removes gloves and disposes of dressing and gloves. \_\_\_\_\_
7. Dons cleans gloves. \_\_\_\_\_
8. Simulates clipping sutures. \_\_\_\_\_
9. Places 2 x 2 gauze over site and instructs patient to perform Valsalva. \_\_\_\_\_
10. Smoothly removes catheter. \_\_\_\_\_
11. Tells patient s/he can breathe normally. \_\_\_\_\_
12. States would hold pressure on site for 2 minutes. \_\_\_\_\_
13. Applies opaque occlusive dressing over gauze. \_\_\_\_\_
14. States would inspect catheter for integrity, measure length, and Compare to length inserted. \_\_\_\_\_
15. Removes gloves and disposes of soiled equipment. \_\_\_\_\_
16. Maintains aseptic technique throughout procedure. \_\_\_\_\_
17. "Have you completed all the critical elements for this station?" (? asked) \_\_\_\_\_
18. Met time limit. \_\_\_\_\_

## Q4

### FOLEY CATHETER IRRIGATION (OPEN SYSTEM)

Hello, my name is \_\_\_\_\_. This is **the Foley Catheter Irrigation (Open System)** Station. This is the client who is distended and complaining of spasms. Here are the supplies. This is the I/O sheet. You have already checked the physician's order, washed your hands, positioned the client, exposed the catheter and provided for privacy. You have 10 minutes to complete this station. What time does your watch say?

START TIME \_\_\_\_\_ Please tell me when you have completed all the critical elements for this station.

END TIME \_\_\_\_\_

1. Identifies client (comparing nameband to written name and number). \_\_\_\_\_
2. SIMULATES pouring irrigant into solution container. \_\_\_\_\_
3. SIMULATES drawing up 30-50cc of irrigant, keeping tip sterile (draws up air) \_\_\_\_\_
4. Maintains sterility of outside barrel and plunger of syringe. \_\_\_\_\_
5. Dons clean gloves and simulates donning mask. \_\_\_\_\_
13. Disconnects catheter from drainage tubing and places protective cap over the end of drainage tubing, without contaminating. \_\_\_\_\_
7. States would instill 30-50cc irrigant into catheter (instills air.) \_\_\_\_\_
8. States would observe and later documents: color, clarity, and presence of clots. \_\_\_\_\_
10. Reconnects catheter to drainage bag, without contaminating. \_\_\_\_\_
11. Removes gloves and covers client. \_\_\_\_\_
12. Documents "true" amount of urine returned (subtracts irrigant) on I/O sheet). \_\_\_\_\_
13. "Have you completed all the critical elements for this station?" (? Asked) \_\_\_\_\_
14. Met time limit. \_\_\_\_\_

## Q4

### IV Push Medication (running IV)

Hello, my name is \_\_\_\_\_. This is the IV Push Medication (running IV) Testing Station. This is the client. Here are the supplies you might need. You have already washed your hands, checked the MD's orders, looked up the drug dosage, dilution, administration rate, actions, and side effects in your drug reference, and explained what you are going to do and why to the client. Your drug reference states to give the prescribed dosage of the drug over \_\_\_\_\_ (timeframe). You have 5 minutes to complete this station. What time does your watch say?

START TIME \_\_\_\_\_ Please tell me when you have completed all the critical elements for this station.

END TIME \_\_\_\_\_

1. **Identifies** client **comparing** nameband to written name and number. \_\_\_\_\_
2. States has verified compatibility of med and IV solution in drug reference. \_\_\_\_\_
3. States has determined no allergy to medication. \_\_\_\_\_
4. Assesses IV site for infiltration and/or phlebitis, stating if either is present, would not administer IV push med and DC IV. \_\_\_\_\_
5. Selects injection port closest to IV insertion site. \_\_\_\_\_
6. Cleans injection port with alcohol and inserts medication syringe. \_\_\_\_\_
7. Pinches tubing above the injection port and checks for blood return by pulling back on plunger of the syringe (states has blood return). \_\_\_\_\_
8. Administers med while continuing to pinch tubing and slowly injects med over prescribed time period. \_\_\_\_\_
9. Assesses IV site during entire injection. \_\_\_\_\_
10. Releases pinched tubing and states would resume IV solution at prescribed rate. \_\_\_\_\_
11. Removes syringe. \_\_\_\_\_
12. States would observe patient closely for reaction. \_\_\_\_\_
13. Maintains aseptic technique throughout procedure. \_\_\_\_\_
14. "Have you completed all the critical elements for this station?" (asked) \_\_\_\_\_
15. Met time limit \_\_\_\_\_

## Q4

### IV Push Medication (Lock)

Hello, my name is \_\_\_\_\_. This is the IV Push Medication (Lock) Testing Station. This is the client. Here are the supplies you might need. You have already washed your hands, checked the MD's orders, looked up the drug dosage, dilution procedure, administration rate, actions, and side effects in your drug reference, and explained what you are going to do and why to the client. Your drug reference states to give the prescribed dosage of the drug over \_\_\_\_\_ (timeframe). You have 5 minutes to complete this station. What time does your watch say?

START TIME \_\_\_\_\_ Please tell me when you have completed all the critical elements for this station.

END TIME \_\_\_\_\_

1. **Identifies** client **comparing** nameband to written name and number. \_\_\_\_\_
2. States has determined no allergy to medication. \_\_\_\_\_
3. Dons clean gloves. \_\_\_\_\_
4. Assesses IV site for infiltration and/or phlebitis, stating if either is present, would not administer IV push med and DC IV. \_\_\_\_\_
5. Selects injection port closest to IV insertion site. \_\_\_\_\_
6. Cleans injection port with alcohol and inserts syringe filled with saline. \_\_\_\_\_
7. Checks for blood return by pulling back on plunger of the syringe (states has blood return). \_\_\_\_\_
8. Flushes lock with saline and removes syringe. \_\_\_\_\_
9. Cleans injection port with alcohol and inserts syringe filled with medication. \_\_\_\_\_
10. Slowly injects med over prescribed time period. \_\_\_\_\_
11. Assesses IV site during entire injection. \_\_\_\_\_
12. Removes syringe. \_\_\_\_\_
13. Cleans injection port with alcohol and inserts sterile syringe filled with saline. \_\_\_\_\_
14. Flushes lock slowly with saline and removes syringe. \_\_\_\_\_
15. States if heparin lock, would flush lock with heparinized saline per protocol. \_\_\_\_\_
16. States would observe patient closely for reaction. \_\_\_\_\_
17. Removes gloves \_\_\_\_\_
18. Maintains aseptic technique throughout procedure. \_\_\_\_\_
19. "Have you completed all the critical elements for this station?" (? asked) \_\_\_\_\_
20. Met time limit. \_\_\_\_\_

## Q4

### Soft Restraints

Hello my name is \_\_\_\_\_. This is the **Soft Restraint** application station. Your confused patient is attempting to pull out her tubes. The MD order is for a soft wrist restraint for prevention of pulling out her NG and IV line. Your patient is here. You are to place one restraint on the patient. The supplies you might need are here. You have already washed your hands, checked the MD orders, and explained what you are going to do to the patient. You have 5 minutes to complete this station. What time does your watch say?

START TIME \_\_\_\_\_ Please tell me when you have completed all the critical elements for this station.

END TIME \_\_\_\_\_

1. Identifies client comparing name and ID number  
\_\_\_\_\_
2. Selects soft wrist restraint \_\_\_\_\_
4. Applies wrist restraint securely, allowing space for 2 fingers to slip between restraint and patient's wrist \_\_\_\_\_
4. Ties restraint in a bow or slip knot \_\_\_\_\_
5. States would tie restraint to an area which does not move or allow client to reach to untie it \_\_\_\_\_
6. States the following:
  - Would place call light within reach \_\_\_\_\_
  - Would observe client q15minutes while in restraints \_\_\_\_\_
  - Would document regarding restraint, safety, circulation, ongoing need for restraint, and tolerance every 2 hours while in restraints. \_\_\_\_\_
  - Would reposition, check skin, and offer patient food, fluids, toileting a minimum of every 2 hours while in restraint. \_\_\_\_\_
- 7 "Have you completed all the critical elements for this procedure?" \_\_\_\_\_
8. Met time limit \_\_\_\_\_

9/04, 1/06, 3/08

		Name: <b>Al Zimer</b>
		MR#: <b>9275259</b>
		MD: <b>I. Feelgood</b>
Date	MD Orders	
Feb. 11, 2007	Insert NG tube	
	Irrigate NG tube c 20 ml NS or SW q 4 hours	
	Check NG placement q 4 hours	
	Irrigate foley catheter c NS or SW q 4 hours and prn	
	Peripheral neurovascular assessment q 4 hours	
	Apply soft wrist restraints prn pulling at tubes	
	Flush peripheral saline lock with 3 ml NS q 8 hours	
	Flush central line lock with 10 ml NS q 8 hours	
	Change central line dressing every 3 days or prn non-occlusive	
	Discontinue central line before discharge	
	Methylprednisolone 125 mg IV push q 8 hours	
Feb. 11, 2007	(end of orders)	Sig: I. Feelgood, MD