

## UPCOMING 4-HOUR WORKSHOP

### Ortho-Bionomy® SHOULDER RELEASES with Jim Berns

DATE: Saturday, September 12, 2009

TIME: Check-in begins at 10:30 am

Business Meeting at 11:00 am

Workshop 11:30 am-4:00 pm

Pot-Luck Lunch from 1:30-2:00 pm

WHERE: Valley Presbyterian Church

945 Portola Road, Portola Valley, CA

COST: \$65 – AMTA members deduct \$10

add \$5 for food if you don't bring a dish

Ortho-Bionomy uses gentle osteopathic-based body positions and movements to stimulate self-correcting reflexes within the muscles and nerves. These responses can move the client out of pain and discomfort, and increase joint mobility within 10-30 seconds. This method is very specific and structure-oriented. The shoulder area is an integral part of releasing the upper torso, neck and back. **Come learn techniques that you can immediately use in your clinic, private practice, and spa.**

#### CLASS OBJECTIVES

You Will Learn Techniques that are

- New and Different Tools for releasing general and specific areas of the shoulders
- Painless for the Client AND Practitioner
- Easy and Fun to Learn and Use

***Ortho-Bionomy can be Excellent in Working with***

- Muscular Skeletal Structural Pain
- Clients Who Don't Want or Can't Handle Deep Work
- Emotional Armoring
- Accidents, Trauma, or Injuries

Clients are surprised by the gentleness AND effectiveness of Ortho-Bionomy.

#### **About the Instructor: Jim Berns, Registered Ortho-Bionomy Advanced Instructor**

- Co-author of Ortho-Bionomy A Practical Manual (North Atlantic Books, Berkeley, CA)
- Taught internationally for over 27 years.
- Approved by the NCBTMB as CE provider under Category A. Nurse CEUs available.
- Brings to his trainings detailed information, a compassionate heart and a "unique" sense of humor.

PRE-REGISTER AND SAVE \$5 if postmarked on or before August 31, 2009.

AMTA-CA SVU SEPT 12, 2009 4 HOUR WORKSHOP PRE-REGISTRATION JIM BERNs

Make check to AMTA-CA SVU and mail with form to 5655 Silver Creek Valley Road, #302, San Jose, CA 95138

\_\_\_\_ AMTA MEMBER DISCOUNT (less \$10) \_\_\_\_\_ EARLY BIRD DISCOUNT (less \$5)

Workshop fee \$65 + \$5 for potluck \_\_\_\_\_ less discounts \_\_\_\_\_ = TOTAL Enclosed \$ \_\_\_\_\_

Name \_\_\_\_\_ AMTA Member # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email address \_\_\_\_\_ CONTACT PHONE #: \_\_\_\_\_