



PSYCHOLOGICAL SERVICES – Student Information Form

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_  
(street number) (city) (zip code)

Phone: \_\_\_\_\_ OK to leave a message on this phone? [ ] Yes [ ] No

Email: \_\_\_\_\_ OK to send a message to this email? [ ] Yes [ ] No

Birth date: \_\_\_\_\_ Age: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_  
(Name/Relationship/Phone)

Gender:  
[ ] Male [ ] Female [ ] Transgender MTF / FTM [ ] Genderqueer [ ] Prefer not to answer  
Preferred pronoun: \_\_\_\_\_

Sexual Orientation: [ ] Heterosexual [ ] LGBTQQAIP please specify \_\_\_\_\_

Ethnicity:  
[ ] African American  
[ ] Asian/Pacific Islander (Specify) \_\_\_\_\_  
[ ] Caucasian  
[ ] Hispanic (Please Specify) \_\_\_\_\_  
[ ] Native American  
[ ] Other (Please Specify) \_\_\_\_\_

Background Information:  
[ ] International Student  
[ ] Veteran  
[ ] Homeless  
[ ] First Generation Student  
[ ] Work – Part-Time? Full-time?  
Where? \_\_\_\_\_ Hours/week? \_\_\_\_

Are you affiliated with these learning communities on campus? [ ] EOPS [ ] DSPS [ ] SSRS

Major: \_\_\_\_\_ Expected graduation/transfer: \_\_\_\_\_

Medical conditions: \_\_\_\_\_ Medications: \_\_\_\_\_

Reasons for seeking counseling: \_\_\_\_\_

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Anxiety/Nervousness/Worry       | <input type="checkbox"/> Problems with family          | <input type="checkbox"/> Grief/Significant loss |
| <input type="checkbox"/> Depression/Sadness              | <input type="checkbox"/> Problems with friends         | <input type="checkbox"/> Eating concerns        |
| <input type="checkbox"/> Anger/Irritability/Mood swings  | <input type="checkbox"/> Problems with partner         | <input type="checkbox"/> Sleep concerns         |
| <input type="checkbox"/> Loneliness/Isolation/Withdrawal | <input type="checkbox"/> Sexual Assault/Rape           | <input type="checkbox"/> Financial problems     |
| <input type="checkbox"/> Self-esteem/Body image issues   | <input type="checkbox"/> Physical abuse                | <input type="checkbox"/> Housing problems       |
| <input type="checkbox"/> Concentration/Memory            | <input type="checkbox"/> Emotional abuse               | <input type="checkbox"/> Legal problems         |
| <input type="checkbox"/> Stress, trouble coping          | <input type="checkbox"/> Harassment/Stalking/Threats   | <input type="checkbox"/> Alcohol/Drug use       |
| <input type="checkbox"/> School/work problems            | <input type="checkbox"/> Internet/video game addiction | <input type="checkbox"/> Sexuality/Coming out   |
| <input type="checkbox"/> Medical problems/concerns       | <input type="checkbox"/> Cultural/Religious conflict   | <input type="checkbox"/> Suicidal thoughts      |

Are you currently seeing a therapist outside of De Anza College? [ ] Yes [ ] No  
How long? \_\_\_\_\_

Previous therapy or personal counseling experience: [ ] Yes [ ] No  
When? \_\_\_\_\_ How long? \_\_\_\_\_