



SLO Assessment Cycle for PEA 4

Adapted Cardiovascular Training SLO Modified: [10/06/2010]

Tom Beggs's Team Members:

1. [Jim Haynes](#) (x8954) PEA

Additional Team members not on list/notes about team:

Mary Bennett, Tracy Baker, Nathan Perkins, Ruth Haynes, Larry Bloom

Additional Notes:

Outcomes:

Outcome 1: Statement Modified: [05/17/2011]

Within the context of a student's disability, he/she will be able to demonstrate that his/her physical well being has been positively affected through the Adapted Cardiovascular Training course.

Assessment Cycle Records:

Outcome 1: Assessment Planning Modified: [04/18/2011]

Assessment Strategy Used:

Quarter: Fall 2010

Assessors: Tom Beggs, Jim Haynes Mary Bennett

Assessment Tools: Performances/Demonstrations • Interviews • Performances (Simulated) • Logs

Sections being assessed: 01

Outcome 1: Reflect & Enhance Modified: [04/18/2011]

Number of people involved in Phase III: 20

Changes:

Students were given a set of questions regarding physical improvement parameters for this class.

Methods:

The questionnaire was tabulated and analyzed during a staff quarterly meeting.

Summary:

Students found the class to be excellent. However, the questions were found to be somewhat biased and incomplete. More depth will be used next time.

Enhancement (Part I):

Students gave specific ideas and requests for better training techniques as well as equipment which might enhance the program.

Enhancement (Part II):

No further enhancements regarding equipment purchase is needed at this date due to recent acquisitions. Some students stated that more training would be beneficial in terms of knowing how to use the electronic push pads etc.

Outcome 2: Statement Modified: [05/17/2011]

Within the context of a student's disability, he/she will be able to demonstrate that his/her psychosocial well being has been positively affected through the Adapted Cardiovascular Training course.

Outcome 2: Assessment Planning Modified: [04/18/2011]

Assessment Strategy Used:

Quarter: Fall 2010

Assessors: Tom Beggs, Jim Haynes Mary Bennett

Assessment Tools: Logs • Performances/Demonstrations • Performances (Simulated) • Interviews • Written Reports

Sections being assessed: 01

Outcome 2: Reflect & Enhance Modified: [04/18/2011]

Number of people involved in Phase III: 20

Changes:

No major changes have occurred in this course other than more specificity in the questionnaire regarding psychosocial development.

Methods:

We used a survey document that was short and concise consisting primarily of yes/no responses.

Summary:

Students responded in a very positive way as expected. It was felt that in the future we needed to ask questions that would invoke more individual reflection.

Enhancement (Part I):

In the next survey we will seek to have students respond in deeper responses which might change the outcomes in either way.

Enhancement (Part II):

In order to maintain or even to enhance each student's psychosocial it is felt we need to maintain a pool of student assistants that can provide for an individual experience.

[Number of Outcomes for PEA 4: 2]