



SLO Assessment Cycle for P E 54

Introduction to Massage SLO Modified: [05/23/2011]

Jeff Forman's Team Members:

Outcomes:

Outcome 1: Statement Modified: [05/23/2011]

Apply knowledge of the different bodily systems and a variety of massage strokes to design and perform a one-hour relaxation massage using proper techniques.

Assessment Cycle Records:

Outcome 1: Assessment Planning Modified: [05/23/2011]

Assessment Strategy Used:

Quarter: Fall 2010

Assessors:

Assessment Tools: Exams • Performances/Demonstrations

Sections being assessed: 01, 02

Outcome 1: Reflect & Enhance Modified: [05/24/2011]

Number of people involved in Phase III: 2

Changes:

We have

Methods:

Written examinations are used to determine if students understand the body systems and the effects that various massage strokes have on them. After a client interview and medical history intake the student must design a personalized treatment for their client based upon their needs wants and physical limitations. The one hour massage practical examination evaluates the students proficiency at designing an effective, safe treatment for their client.

Summary:

Every student who took the one hour practical massage exam passed. In both sections there were only three C grades, six B grades and the rest received A's. However students did not fare so well on the written final exam which tested their knowledge of the bodily systems and critical thinking skills regarding which strokes are used for various physical problems. Nine students received a D or an F on their final comprehensive written examination, where as forty four students passed.

Enhancement (Part I):

Instead of having lecture and lab split equally two days a week we decided to have one day a week lecture and one day a week lab. We have redesigned our labs so that we are reinforcing the principles covered in lecture. We review the major principles covered in the previous lecture and answer questions at the start of each ensuing lecture class. We are encouraging study groups and are offering free tutoring and advanced student mentoring to help reduce this achievement gap.

Enhancement (Part II):

Outcome 2: Statement Modified: []

Performing a safe one-hour massage with proper draping and communication.

Outcome 2: Assessment Planning Modified: [05/23/2011]

Assessment Strategy Used:

Quarter: Fall 2010

Assessors:

Assessment Tools: Performances/Demonstrations

Sections being assessed: 01, 02

Outcome 2: Reflect & Enhance Modified: [05/23/2011]

Number of people involved in Phase III: 2

Changes:

Methods:

The practical final examination utilizes an objective criteria for a subjective evaluation of the students ability to perform a one hour relaxation massage with proper draping.

Summary:

Every student that completed the final examination passed. In fact in both classes there were only 3 C's and 6 B's the rest were A's.

Enhancement (Part I):

Feedback given by students indicated that lab time was too rushed. In response to this feedback we decided to change the format of the class. Instead of having lecture and lab split equally two days a week we decided to have one day a week lecture and one day a week lab. This changed format decreases the time spent setting up and breaking down the classroom/ massage tables. The time we are saving allows the students more time to practice, absorb, retain and master techniques being instructed.

Enhancement (Part II):

[Number of Outcomes for P E 54: 2]