

Student Learning Outcomes for P E 32H

Offensive Football Techniques

Team Members:

Team Leader:

Dan Atencio (8886) in P E

Other members:

1. Kulwant Singh (x8745) P E

Additional team members/notes about team:

Kulwant Singh,

Additional Notes:

Outcomes:

Outcome 1 Phase I: Statement

Perform the offensive strategies technical and mental physical skills of football with an increasing degree of proficiency.

Outcome 1 Phase II: Assessment Strategy Used:

Assessment Quarter: Spring 2011

Assessors: Dan Atencio

Assessment Tools: •• PLAYBOOK

Sections being assessed: 01

Outcome 1 Phase III: Reflect & Enhance

Number of people involved in Phase III: 1

Changes:

Methods:

Knowledge of offensive strategies, techniques, mental and physical skills of football through demonstrations and competition.

Findings and Conclusions:

The students ability to perform offensive strategies, techniques, showing mental skills and physical skills of football was performed at a high level of competence and success. Their knowledge and ability was due to the lecture/demonstration approach to the subject matter. Video/film work which demonstrates the athletes performance would be helpful for immediate feedback.

Enhancement (Planned Actions)**Part I:**

Individual techniques, and performance will be enhanced leading to a more proficient athlete through being able to use video feedback, lecture/demonstration and other methods of instruction.

Part II:

The football program needs an assistant head coach, video equipment, blocking pads and a blocking sled to teach fundamental skills.

Outcome 2 Phase I: Statement

Apply knowledge of basic fitness concepts as they apply to health and wellness.

Outcome 2 Phase II: Assessment Strategy Used:

Assessment Quarter: Fall 2010

Assessors: Dan Atencio

Assessment Tools: ••• Offensive Play book

Sections being assessed: 01

Outcome 2 Phase III: Reflect & Enhance

Number of people involved in Phase III: 1

Changes:

Methods:

The class performed in the range of 85% to 95% in regards to knowledge of the subject matter which includes basic fitness concepts and offensive strategies in the sport of football.

Findings and Conclusions:

The student/athletes knowledge of basic fitness concepts including cardio respiratory endurance, muscular strength and endurance, flexibility and body composition was outstanding. The expectation for student success was met.

Enhancement (Planned Actions)**Part I:**

The lecture method used, and the assignments fit the student learning outcomes with a high success rate. At this time methods will be changed as the student population changes and basic skills for reading and writing are needed for understanding of the subject matter.

Part II:

It is apparent that through written essays many students lack English grammar skills. Basic skills are needed by approximately 25% of the students enrolled in the course. As techniques change the skills for offensive football will also change and course materials will then be altered to fit the new profile of an offensive player.

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