



## Student Learning Outcomes for P E 42WX

*Intercollegiate Women's Volleyball*

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### Team Members:

**Team Leader:**

Dawnis Catherine Guevara (8555) in P E

**Additional team members/notes about team:****Additional Notes:**

Other members:

1. Kulwant Singh (x8745) P E
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### Outcomes:

**Outcome 1 Phase I: Statement**

Apply knowledge of basic fitness concepts as they apply to health and wellness.

**Outcome 1 Phase II: Assessment Strategy Used:**

Assessment Quarter: Fall 2010

Assessors: Dawnis Catherine Guevara

Assessment Tools: •

**Outcome 1 Phase III: Reflect & Enhance**

**Number of people involved in Phase III:** 11 us

**Changes:**

**Methods:**

I used an exam as well as individual interviews.

**Findings and Conclusions:**

Results were extremely positive. 98% of my students scored a B or higher on the exam, which covered basic fitness concepts as they apply to health and fitness. Students far

exceeded my expectations.

**Enhancement (Planned Actions)****Part I:**

With these assessment results I will continue to explore different teaching methods.

**Part II:**

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**Outcome 2 Phase I: Statement**

Perform the techniques, strategies, mental and physical skills of women's volleyball with an increasing degree of proficiency.

**Outcome 2 Phase II: Assessment Strategy Used:**

Assessment Quarter: Fall 2010

Assessors: Dawnis Catherine Guevara

Assessment Tools: •

Sections being assessed: 01

**Outcome 2 Phase III: Reflect & Enhance**

**Number of people involved in Phase III:** 1

**Changes:****Methods:**

I am constantly evaluating the performances of individual players as well as the team throughout the entire quarter. I also conduct multiple interviews with each student-athlete throughout the entire quarter.

**Findings and Conclusions:**

The results were positive. The players, as well as the team, improved tremendously from the beginning of the quarter (season) to the end of the quarter (season). This was very evident when looking at the statistics of each player as well as the team's wins and losses. My student-athletes exceeded my expectations for the season.

**Enhancement (Planned Actions)****Part I:**

I will continue to better my knowledge and expertise in the area of volleyball and coaching by attending clinics and practices of other highly qualified coaches.

**Part II:**

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