

Assessment: Course/Service Four Column

Massage Therapy: 50A & 50B



Dept - (PE) Massage Therapy

MASG 50A:Introduction to Massage

<i>Student Learning Outcomes (SLOs)</i>	<i>Assessment Methods</i>	<i>Assessment Data Summaries</i>	<i>Enhancements</i>
<p>MASG50A_SLO_1 - Apply knowledge of the different bodily systems and a variety of massage strokes to design and perform a one-hour relaxation massage using proper techniques.</p> <p>SLO Status: Active</p> <p>Planned Assessment Quarters: 2012-13 3-Winter</p> <p>Outcome Creation Date: 03/29/2013</p>	<p>Exam - Course Test/Quiz - Written examinations to ascertain if students have achieved knowledge of the bodily system and the effect of a variety of strokes. The student will help to design and perform a 1 hour relaxation massage.</p> <p>Target for Success: C Grade or above</p> <p>Related Documents:</p> <p>PE54-1 hour massage Practical Final</p> <p>PE54 Final Exam</p> <p>Demonstration - Perform a one hour massage while demonstrating proper draping, centering, grounding, breathing, ergonomics and swedish massage techniques.</p> <p>Target for Success: 90-100% able to demonstrate all techniques properly. 70-89% able to demonstrate all techniques properly. 0-69% able to demonstrate all techniques properly.</p>	<p>Program Review Reporting Year: 2016-2017</p> <p>Target : Target Met</p> <p>90-100% : 38/61 students; 70-89% students: 15/61 students; 0-70%: 8/61 students (06/20/2017)</p> <p>Reflection (CLICK ON ? FOR INSTRUCTIONS): 53/61 students were able to demonstrate all or most techniques properly.</p>	<p>Enhancement: Encourage retention and attendance. Provide more practice time and communication about due dates and class expectations. (06/20/2017)</p>
<p>MASG50A_SLO_2 - Performing a safe one-hour massage with proper</p>	<p>Exam - Standardized - Perform a one hour relaxation massage while being</p>		

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draping and communication.

SLO Status: Archived SLO Statement

evaluated with a 100 point section grading rubric.

Target for Success: A score of 80% or above

Related Documents:

[PE54-1 hour massage Practical Final](#)

MASG 50B:Intermediate Massage

<i>Student Learning Outcomes (SLOs)</i>	<i>Assessment Methods</i>	<i>Assessment Data Summaries</i>	<i>Enhancements</i>
<p>PE54A_SLO_1 - Utilize assessment and palpation skills to analyze myofascial restrictions and then use the data to formulate a treatment program to reduce pain and dysfunction.</p> <p>SLO Status: Active</p>	<p>Laboratory Project - Students conduct a thorough physical assessment of a client with myofascial pain. They will then administer ten treatments utilizing the techniques instructed in class. After ten treatments student will administer the same battery of assessments as the pretest. Students will then discuss the results answering: What worked? What did not work? and What they would do differently if they did the project again?</p> <p>Target for Success: A grade of 70 or above</p> <p>Related Documents: PE54A Midterm Case Study</p>	<p>Program Review Reporting Year: 2013-2014</p> <p>Target : Target Met</p> <p>The average score from the SLO 2014 survey is around 8.6. (03/27/2014)</p> <p>Reflection (CLICK ON ? FOR INSTRUCTIONS): xxxx</p>	
	<p>Laboratory Project - Complete 10 therapeutic massage sessions which include: a pre and post assessment; 10 SOAP charts; implementation of assessment techniques and derivation of treatment plans on each SOAP chart.</p> <p>Target for Success: 90-100%: Able to demonstrate all techniques and protocols properly; 70-89% Able to demonstrate most techniques and</p>	<p>Program Review Reporting Year: 2016-2017</p> <p>Target : Target Met</p> <p>90-100%: 27/33 students; 70-89% : 0/33 students; 6/33 students (06/20/2017)</p> <p>Reflection (CLICK ON ? FOR INSTRUCTIONS): 27/33 students were successful. A number of absences may have lent to the lack of success 6 students.</p>	<p>Enhancement: Better communication and transparency with the project and protocols and expectations. Encourage students to do the project. (06/20/2017)</p>

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protocols properly; 0-69%: Unable to demonstrate most or none of the techniques and protocols properly.

MASG 50C:Sports Massage

<i>Student Learning Outcomes (SLOs)</i>	<i>Assessment Methods</i>	<i>Assessment Data Summaries</i>	<i>Enhancements</i>
<p>PE54B_SLO_1 - Understand the different stages of sports massage and the techniques most appropriate for them. Categorize the beneficial effects and limitations of sports massage.</p> <p>SLO Status: Archived SLO Statement Outcome Creation Date: 05/27/2014 Outcome Inactive Date: 08/26/2016</p>	<p>Exam - Course Test/Quiz - Two written exams. Passing grade 70% or better.</p> <p>Target for Success: Passing grade 70% or better.</p>		
<p>PE54B_SLO_2 - Formulate and demonstrate 10-minute pre-event and post-event sequences and 20-minute maintenance sequence, all with proper techniques according to the needs of the athlete. Demonstrate safe and effective stretching techniques.</p> <p>SLO Status: Active Outcome Creation Date: 05/27/2014</p>	<p>Laboratory Project - Practical exams using standardized evaluation form. Passing grade is 70% for each of four exams including event and maintenance practicals and three specific stretches, plus 80% for a fourth stretch.</p> <p>Target for Success: Passing grade is 70%</p>	<p>Program Review Reporting Year: 2016-2017 Target : Target Met 26/27 students took the practical examinations. 23/27 pass the practical exams with 75% or more. (10/02/2017) Reflection (CLICK ON ? FOR INSTRUCTIONS): The format of the practical exams for 27 students was difficult to organize. The students felt that the grading rubric was unclear and therefore the expectations were unclear.</p>	<p>Enhancement: Instructor will discuss the format of the grading rubric for the practical exams and help to clarify the expectations for each students' performance. (10/02/2017)</p>
<p>MASG50C_SLO_3 - Appraise common athletic injuries and the factors that contribute to them.</p> <p>SLO Status: Active Outcome Creation Date: 08/26/2016</p>	<p>Focus Group - Interview students from the Fall 2016.</p> <p>Target for Success: 60% will be able to assess athletic injuries and that factors that contribute to them.</p>	<p>Program Review Reporting Year: 2016-2017 Target : Target Not Met 6 student graduates from the Sports Massage were interviewed. (10/02/2017) Reflection (CLICK ON ? FOR INSTRUCTIONS): 5/6 Students felt that the myofacial techniques that were taught was a "step up" from that which had been taught in previous quarters. However, 3/6 felt that the class expected a greater amount of information regarding the etiology of athletic injuries and the assessment of athletic injuries.</p> <p>The course was being taught by a new instructor who focused on the massage technique for particular sections of the body based on common injuries in sports. It actually is not in the scope of a massage therapist to assess injuries.</p>	<p>Enhancement: The instructor will explain to the students the scope of their work as an massage therapist. The factors that contribute to common athletic injuries and a myofacial technique that will assist in mediating the pain and decreased ROM associated with these syndromes will be emphasized. Students will be told that assessment and factors that contribute to them will be taught in the Introduction to Athletics Injury class. (10/02/2017)</p>

MASG 50D:Advanced Massage Skills

<i>Student Learning Outcomes (SLOs)</i>	<i>Assessment Methods</i>	<i>Assessment Data Summaries</i>	<i>Enhancements</i>
<p>PE54C_SLO_1 - Differentiate between tender points and trigger points and then demonstrate with proper form appropriate techniques to treat them.</p> <p>SLO Status: Archived SLO Statement</p>	<p>Exam - Course Test/Quiz - Quizzes and Lab Exams</p> <p>Target for Success: Grade of C or Better</p>		
<p>SLO 2 - •The student will demonstrate the following advanced massage therapy skills: interpersonal communication, assessment, adaptability, self care, and manual skills</p> <p>SLO Status: Active</p> <p>Planned Assessment Quarters: 2016-17 4-Spring</p> <p>Outcome Creation Date: 03/30/2017</p>	<p>Exam - Standardized - 30-minute practical exam where students are given one of four standardized scenarios which represent common conditions they will encounter in actual clinical practice. Students must demonstrate proficiency at interpersonal communication (completing the client intake interview, setting appropriate goals for the session, and listening), assessment (asking client to rate their pain, conducting range of motion and other tests, evaluating the client's response to the intervention), adaptability (adapting the session to address the client's pressure, positioning, and site restrictions and addressing client comfort), self care (providing client with education/self care recommendations to improve their health/condition), and manual skills (skillfully applying the techniques learned in class).</p> <p>Target for Success: 90% of students will earn at least 85% of the 200 points possible on the exam.</p>	<p>Program Review Reporting Year: 2016-2017</p> <p>Target : Target Met</p> <p>All but one student met the target for success. (10/03/2017)</p> <p>Reflection (CLICK ON ? FOR INSTRUCTIONS): Student anxiety regarding taking a practical exam seemed to have a negative impact on their performance. Inviting students to attend office hours and practice skills, inviting more confident/highly skilled students to take their exams early and in front of the class, and providing the exam criteria beforehand seemed to improve performance.</p>	<p>Enhancement: Encourage students to meet with the tutor and to pair up with more experienced/highly skilled students outside of class. Seek program graduates to serve as "allied health" professionals/TEA/tutors to assist students in practicing their skills. (10/03/2017)</p>

MASG 51: Clinical Practicum in Massage Therapy

<i>Student Learning Outcomes (SLOs)</i>	<i>Assessment Methods</i>	<i>Assessment Data Summaries</i>	<i>Enhancements</i>
<p>PE54D_SLO_1 - Demonstrate the ability to run all aspects of a massage business while maintaining ethical relationships with the clientele.</p> <p>SLO Status: Active</p>	<p>Project - Complete Clinic Notebook and Philosophy paper</p> <p>Target for Success: Receive a C or better on Clinic Notebook and Philosophy paper</p> <p>Related Documents:</p> <p>Survey questions PE54D</p> <p>PE54D Business Notebook</p> <p>PE54D Philosophy Paper</p>		
<p>PE54D_SLO_2 - Analyze a client's medical intake form and then design and perform an effective treatment, which is then documented using proper soap note charting procedures.</p> <p>SLO Status: Active</p>	<p>Survey - Students fill out a anonymous questionnaire at the end of the class.</p> <p>Target for Success: 100% of students rate question 8 or better on a scale of 1-10.</p>		

MASG 52:Table Shiatsu

<i>Student Learning Outcomes (SLOs)</i>	<i>Assessment Methods</i>	<i>Assessment Data Summaries</i>	<i>Enhancements</i>
<p>PE54E_SLO_1 - • Have an understanding of Traditional Chinese Medicine(TCM) Principals, Qi, and Physiology</p> <p>SLO Status: Archived SLO Statement</p> <p>Outcome Creation Date: 05/22/2014</p> <p>Outcome Inactive Date: 08/26/2016</p>	<p>Exam - Course Test/Quiz -</p> <p>•Determined by Written Midterm, Final, and Class Assignments</p> <p>Target for Success: C or Better</p>		
<p>PE54E_SLO_2 - •Memorize and demonstrate a structured one-hour relaxation Shiatsu routine</p> <p>SLO Status: Archived SLO Statement</p> <p>Outcome Creation Date: 05/27/2014</p> <p>Outcome Inactive Date: 08/26/2016</p>	<p>Laboratory Project - •Determined by Subjective and Objective Analysis of Practical Midterm and Final</p> <p>Target for Success: C or Better</p>		
<p>MASG52_SLO_3 - Utilize oriental medicine protocols to design and demonstrate with proper form a one-hour table shiatsu massage treatment session.</p> <p>SLO Status: Active</p> <p>Outcome Creation Date: 08/26/2016</p>			

MASG 53:Introduction to Chair Massage

Student Learning Outcomes (SLOs)	Assessment Methods	Assessment Data Summaries	Enhancements
MASG53_SLO_4 - Design and demonstrate with proper form twenty minute chair massage sessions utilizing appropriate techniques. SLO Status: Active Outcome Creation Date: 08/26/2016			
PE54F_SLO_1 - Have a rudimentary understanding of Traditional Chinese Medicine (TCM) Principals, Qi, and Physiology.	Project - Determined by written Midterm and Classroom assignments Target for Success: C or better		
SLO Status: Archived SLO Statement Outcome Creation Date: 06/17/2014 Outcome Inactive Date: 08/26/2016			
PE54F_SLO_2 - Memorize and perform a structured 20 minute Chair massage sequence to ensure comprehension of basic techniques. SLO Status: Archived SLO Statement Outcome Creation Date: 06/17/2014 Outcome Inactive Date: 08/26/2016	Exam - Course Test/Quiz - Determined by Objective and Subjective Analysis of Practical Midterm and Final. Target for Success: C or better		
PE54F_SLO_3 - Design and demonstrate a unique 15-20 minute chair massage sequence to prove real world applicability. SLO Status: Archived SLO Statement Outcome Creation Date: 06/17/2014 Outcome Inactive Date: 08/26/2016	Exam - Course Test/Quiz - Design determined by written final project and demonstration of Practical Final. Target for Success: C or better		

MASG 54A, 54B, 54C: Massage Therapy Internship in Adapted Physical Education Laboratory

<i>Student Learning Outcomes (SLOs)</i>	<i>Assessment Methods</i>	<i>Assessment Data Summaries</i>	<i>Enhancements</i>
<p>MASG54ABC_SLO_1 - The student will develop/feel confident in performing a therapeutic massage on a student with a physician's verified physical limitation.</p> <p>SLO Status: Active</p> <p>Planned Assessment Quarters: 2016-17 4-Spring</p> <p>Outcome Creation Date: 03/07/2017</p> <p>Outcome Inactive Date: 03/07/2017</p>	<p>Survey - Students complete a survey.</p> <p>Target for Success: 85% of the students will express that they have become confident working in the APE environment as a Massage Therapist.</p> <p>Portfolio Review - A review of all of the internship packets for Spring, 2017 will be conducted. The students will create a packet consisting of their SOAP notes and a summary essay relating what significant lessons, experiences or insights that have had. A log of their hours will also be submitted.</p> <p>Target for Success: 75% of the students who participate in the internship will relate their experiences.</p>	<p>Program Review Reporting Year: 2016-2017</p> <p>Target : Target Met</p> <p>11/11 students completed the internship. Their SOAP notes were greatly improved since the department adopted a new standard of reporting. 11/11 students felt that this was a significant life changing experience for them. They all reported feeling uncomfortable at first. They learned about the resiliency of the students in APE. And how to communicate with students who could not speak. etc (10/02/2017)</p> <p>Reflection (CLICK ON ? FOR INSTRUCTIONS): Students do not state syndrome the students in APE. I think this is a consistent error that appears on the SOAP notes.</p> <p>The essays are an added requirement to the SOAPnote packet. I believe it is helping the students reflect upon what they have learned.</p>	<p>Enhancement: I have interviewed the APE staff. They have articulated the most common syndromes their students exhibit. We have provided a pathology reference text in the APE lab and library for the students to use when they have free time in the lab. The instructor of the beginning and intermediate class is providing time in his class for a tour of the APE lab, to help our students feel more comfortable choosing to work in the APE lab. We hope to increase the number of students who participate as interns in the APE lab. (10/02/2017)</p>
<p>PE54HJK_SLO_2 - Demonstrate an ability to record massage therapy treatments using a SOAP note format.</p> <p>SLO Status: Active</p> <p>Outcome Creation Date: 03/06/2017</p>	<p>Laboratory Project - Completion of SOAP notes for each treatment at least 36 hours, turned in at completion of quarter.</p> <p>Target for Success: Grade of C or Better</p>	<p>Program Review Reporting Year: 2016-2017</p> <p>Target : Target Met</p> <p>Review of SOAP notes for APE internship for at least 36 hours. (10/02/2017)</p> <p>Reflection (CLICK ON ? FOR INSTRUCTIONS): New SOAP note format has helped the students organize their thoughts. The notes are more organized and relate more significant information than I saw for the past two years.</p>	<p>Enhancement: Will continue to monitor the SOAP note packets to look for patterns of reporting that may need further emphasis in the intermediate massage class. Review and purchase reference texts for students to use. (10/02/2017)</p>

MASG 55A, 55B, 55C:Massage Therapy Teacher's Assistant Internship

<i>Student Learning Outcomes (SLOs)</i>	<i>Assessment Methods</i>	<i>Assessment Data Summaries</i>	<i>Enhancements</i>
<p>MASG55ABC_SLO_1 - Ability to successfully perform the massage skills being instructed in the class. SLO Status: Archived SLO Statement Outcome Creation Date: 09/12/2013 Outcome Inactive Date: 03/20/2017</p>			
<p>PE54LMN_SLO_2 - Understand and apply the theoretical concepts that are being instructed in the class. SLO Status: Archived SLO Statement Outcome Creation Date: 09/12/2013 Outcome Inactive Date: 08/26/2016</p>			
<p>Project - Complete Case Study Project, including 4 sessions with a client. Target for Success: Grade of C or better.</p>			
<p>SLO 3 - Ability to demonstrate skills taught in the class. SLO Status: Archived SLO Statement Planned Assessment Quarters: 2016-17 4-Spring Outcome Creation Date: 03/20/2017</p>			
<p>SLO 4 - Apply the theoretical concepts that are being instructed and assist students in learning the concepts. SLO Status: Active Planned Assessment Quarters: 2016-17 4-Spring Outcome Creation Date: 03/20/2017</p>			
<p>Project - Each student will perform a case study. The study will consist of working with a client -- not a family member --. They will perform a full assessment and determine a minimum of 4 massage treatments based on their initial observations and interview with the client. Each session will be documented on a SOAP note and submitted at the end of the quarter. They will provide an essay that summarizes their observations and reasons for their course of action as well as a short statement of what they found most relevant to their current educational goals. Target for Success: 90% of the</p>			
<p>Program Review Reporting Year: 2016-2017 Target : Target Met All students were able to develop a therapeutic plan using the new SOAP note format. They had strong rationale for their course of action. (10/03/2017) Reflection (CLICK ON ? FOR INSTRUCTIONS): In comparison to the past 4 years of case studies that I have reviewed the students express themselves more clearly. This is a result of the department deciding to use the same set of SOAP notes for the entire program.</p>			
<p>Enhancement: Continue department meetings and discussions on how to support student learning and the focus of the curriculum based on CAMTC guidelines, best practices and new techniques in the industry. Bringing an entirely new set of faculty on-board has resulted in a short-lived drop in students interested in the program. The faculty will continue to work together to develop an increased number of ways to improve their teaching and provide a variety of experiences for each student. (10/03/2017)</p>			

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students will successfully develop complete SOAP notes and a relevant course of therapy. They will provide a written description that supports their SOAP notes in greater detail.

MASG 56A, 56B, 56C:Sports Massage Internship

<i>Student Learning Outcomes (SLOs)</i>	<i>Assessment Methods</i>	<i>Assessment Data Summaries</i>	<i>Enhancements</i>
<p>MASG56ABC_SLO_1 - Conduct an effective sports massage based upon the results of physical assessment and competition status.</p> <p>SLO Status: Active</p> <p>Outcome Creation Date: 09/12/2013</p>	<p>Completion of SOAP notes for each treatment at least 36 hours, turned in at completion of quarter.</p> <p>Target for Success: Grade of C or Better</p>	<p>Program Review Reporting Year: 2016-2017</p> <p>Target : Target Not Met</p> <p>Review of SOAP notes has proven to be a bit of a challenge as the student interns attended sporting events and worked at the track during practices. There was not time to do full SOAP notes. The focus was mainly on pre and post-event massage. (10/03/2017)</p> <p>Reflection (CLICK ON ? FOR INSTRUCTIONS): The student interns and the program coordinator met several times during the quarter to iron out how to modify SOAPnotes/record keeping, how and when to refer athletes to the athletic training staff. There were various situations, track meets, track practice, work in the athletic training room that had to be discussed. The athletic trainers were consulted. New forms were created that met the needs for each situation. The students also felt that they would have liked more instructional support at the events that they attended.</p>	<p>Enhancement: Based on the student feedback, a TEA/allied health specialist will be hired to support the Fall Sports Massage class during an out of class assignment where they will be required to work with athletes performing pre and post-event massage sessions. I hope that they will feel more confident in a internship after working in a supervised situation. (10/03/2017)</p>
<p>PE54PQR_SLO_2 - Document all treatments using proper soap note format.</p> <p>SLO Status: Archived SLO Statement</p> <p>Outcome Creation Date: 09/12/2013</p> <p>Outcome Inactive Date: 08/26/2016</p>	<p>Project - Completion of SOAP notes for each treatment at least 36 hours, turned in at completion of quarter.</p> <p>Target for Success: Grade of C or better.</p>		