## **Psychological Services**



This documents the development of a reliable assessment instrument for a valuable new service area for the campus community

### **Dept SS - (SD) Psychological Services**

# Student Services Learning Outcomes (SSLOs)

**Treatment Outcome** - Improved mental health as a result of receiving psychological counseling provided by the Psychological Services Department.

SSLO Status: Active

Year(s) to be Assessed: 2014-2015 Outcome Creation Date: 10/01/2014 Outcome Inactive Date: 08/31/2015

#### Assessment Methods

The OQ-45.2: A self-administered, self-report questionnaire assessing current mental health status and functioing over a wide range of domains. The questionnaire will be given twice: once during the first meeting with a therapist in the Psychological Services Department, and again part way through the treatment.

**Target for Success:** A decrease in score total, which signifies a decrease in mental health distress and symptomology.

#### **Related Documents:**

Outcome Questionnaire (OQ-45.2)

#### Assessment Data Summaries

**Program Review Reporting Year:** 2014-2015

Target: Target Not Met

As determined by the OQ-45.2 scoring guide, a score of 14 or more points in either direction shows a reliable change. For our current SLO, an average decrease of 13 points in the total score was found among students. This means that we are approaching a reliable and significant change (increase in overall mental health) related to our services. Note: A larger sample size would be best to further validate the significance of data collected. (07/28/2015)

**Reflection (CLICK ON? FOR INSTRUCTIONS):** The sample size utilzied for means of this SLO is small. Upon discussion, the Psychological Services Department has hypothesized that not having a separate building space dedicated to our department impacted the collection of data related to the SLO scores. A designated space would allow for a quiet, stable environment for students accessing our services. An office manager could also be hired to assist in collecting data and paperwork from students. Currently, our students are given the OQ-45.2 by their individual therapist. This interaction has been found in some cases to affect the therapy and relationship with the therapist. Having a separate space with an office manager would help to alleviate this possible negative outcome in the treatment, for the students would fill out paperwork in a main waiting area only. Further, the office manager would keep track of all paperwork so that each student would more regularly

**Enhancements** 

**SSLO\_PSYCSVS\_3** - The Psychological Services Department will create two forms, signed separately by students, that specify the terms under which services are provided to students.

**SSLO Status:** Active

Year(s) to be Assessed: 2015-2016,

2016-2017, 2017-2018

Outcome Creation Date: 03/04/2015

First Assessment Cycle Completed in June, 2016. Assessment Completed via audit of files at completion of academic year 2015-2016

**Target for Success:** 90% of forms will have signatures indicating knowledge of terms of treatment and HIPAA policies.