Counseling

Course Number	Course Title	Order Number	Student Learning Outcome
CLP 70	Self-Assessment	1	Develop, and evaluate college major and career options by analyzing a multitude of factors involved in career development such as: personality, values, skills, interests, attitudes, and family and culture.
CLP 70	Self-Assessment	2	2 Research and appraise college major and career options by utilizing various resources such as: the online resources and informational interviews. Demonstrates decision-making skills that include the multitude of factors shown in SLO Number One.
CLP 75	College Major and Career Options	1	L Choose a college major and career option by analyzing a multitude of factors involved in career development such as: personality, values, skills, interests, attitudes, and family and culture.
COUN 50	Introduction to College	1	L Students will be able to identify potential majors, certificates, transfer institutions, Comprehensive Ed Plan and understand eligibility requirements for AA/AS Degree, Associate Degree for Transfer (ADT) and general education as it applies to their academic goal.
HUMA 10	Human Sexuality	1	L Critically examine and synthesize the social, cultural and physiological implications in the field of human sexuality; and demonstrate the ability to analyze and respond to complex issues related to human sexuality in all assignments.

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HUMA 20 Life Skills for Higher Education

HUMA 50 Understanding and Managing Stress

HUMA 50 Understanding and Managing Stress

- Synthesize and construct a plan with identified strategies to increase success in college and life.
 Plan includes topics such as: goal setting, time & money management, learning style, major/career selection and communication.
- 1 Distinguish and list the physiological symptoms when under stress and critique its impact on the body.
- 2 Develop and apply stress management strategies that can be used to reduce the physiological symptoms of stress.