



## **Academic Skills Center Adjunct Study Skills 232 Course-Related Activity (C.R.A.)**

For one lab credit, students can attend a public seminar, forum, speaking-engagement, or other related event to learn more about the content course subject.

If you are an enrolled **Adjunct Skills student** (Skills 232), please submit the following documentation in Catalyst <https://catalyst.deanza.edu>. You must submit four labs by 12:30 pm Friday of Week 8, to pass SKIL 232. (See [Syllabus](#) for exact dates.)

### **Steps:**

1. Attend a public seminar or forum, etc.
2. Listen to the information presented and understand how the findings or experiences are relevant to the reality of what you are learning in class.
3. In Catalyst, submit one page of Notes (guidelines below) and a 200-250 word Journal describing your experiences from your visit.
4. Please review lab requirements and student samples on the Skills Center's website: <http://www.deanza.edu/studentsuccess/academicskills/skillslabs.html>

### **What to include:**

In the Catalyst text box, at the top, please label your lab with the following information:

- **Type:** Course-Related Activity
- **Topic:** Name of the Seminar & Date Attended

Below that, in the text box, please paste:

### **Notes (one page):**

*Please answer the following questions:*

1. What is the name of the public seminar, forum, or event that you attended and describe the location, date, and time of the activity?
2. Who spoke at the event and what is their area(s) of expertise?
3. How does the content relate to your course or the course's current focus?
4. What did you learn from their presentation(s), speech/event?
5. How did the content affect you, or did it change your outlook on the topic?
6. Describe any role or volunteer experience that you may have played during the visit and if you participated in any planning or preparation phases.

### **Journal (200-250 words minimum):**

Please summarize your experience and how you think you benefitted from the information. Please write about what you learned and how you may apply it to the course content subject material.