Skills Workshop Descriptions

This description will help you register for the workshops that best meet your needs.

ANTI-PROCRASTINATION: Open to all students. Students evaluate their behaviors and learn about the consequences of procrastination as it relates to their overall health and well-being.

BUSINESS WRITING: Open to all students. Students learn how to plan, organize, format and edit formal business correspondence.

BRAINGAME CONCENTRATION: Open to all students. Students learn to improve concentration by identifying personal distractions. Students explore the concentration cycle and practice concentration as a group.

CRITICAL THINKING: Open to all students. Students learn the characteristics of a critical thinker and apply critical-thinking strategies to reading and everyday decision-making.

EDITING SKILLS: Open to all students. This workshop focuses on the writing process and strategies for editing written work.

BRAINGAME ENGAGING ETHICS: Open to all students. Using a game, students will address and discuss a variety of academic, corporate, or life dilemmas to determine the best outcome for all involved parties.

BRAINGAME: GET A CLUE! Open to all students. Using games, students will explore the diverse and sometimes perverse array of instructions and directions assigned to students in an academic setting.

BRAINGAME MAKING DECISIONS: Open to all students. This game helps students analyze goals and develop important strategies for breaking down options and choices to make effective decisions.

BRAINGAME STUDY GROUPS: Open to all students. This game helps students develop and practice effective speaking, listening, and leadership skills in study group situations.

GOAL-SETTING & MOTIVATION: Open to all students. Students use the GPA (goal/plan/action) technique to individually evaluate and discuss personal short term and long-term goals.

HOT TOPICS, COOL SUMMARIES: For students who have not yet completed EWRT or ESL 5. Students will debate topics in teams, identify main ideas, condense and present them in a group.

MEMORY STRATEGIES: Open to all students. This workshop defines “memory” as it relates to successful learning and provides useful strategies to help students learn, retain, and recall material.

NO-FREAKIN' SPEAKIN' SPEECHES: Open to all students. This workshop provides quick tips on overcoming the fear of speaking in front of groups. Students may give fun impromptu speeches for practice.

NOTE-TAKING STRATEGIES: Open to all students. Students learn how to take effective notes. Students learn a variety of strategies for taking notes from texts and lectures.

PREWRITING TIPS: For students who have not yet completed EWRT 1A or ESL 5. Students learn and practice the techniques that promote strong thesis development and organization when writing college essays.

STUDY SKILLS FOR MATH & SCIENCE: Open to all students. Students discuss key factors and study strategies that lead to mastery in these two subjects.

TEST TAKING TIPS: Open to all students. Students learn strategic methods that will enable them to study and prepare for a wide variety of college exams.

TESTS WITH LESS STRESS: Open to all students. This workshop focuses on strategies that can help students relax and focus in testing situations. Students learn the 4T9R approach to managing stress.

TEXTBOOK READING: Open to all students. Students learn and practice the PARTRR method of reading a textbook. This reading strategy helps students break down, comprehend complex college textbook content.

TIME MANAGEMENT: Open to all students. Students evaluate their current use of time and learn techniques that influence completion of tasks. Students discuss and learn effective management strategies.

VOCABULARY IN CONTEXT: For students who have not yet completed EWRT 1A or ESL 5. Students will learn and practice context clues to aid in reading and understanding.

WRITING/GRAMMAR WEB RESOURCES: Open to all students. Students will learn about and explore the latest online tools for writing, grammar, reading and spelling improvement.

WRITING EFFECTIVE BUSINESS LETTERS: Open to all students. Students will learn simple strategies for business letter writing, edit and redraft a letter for practice.

WRITING THESIS STATEMENTS: For students who have not yet completed EWRT 1A or ESL 5. Students will learn how to structure develop and write clear and concise thesis statements for college essays.

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