Basic Information:

For the Dream Analysis homework, I will be e-mailing out additional reading. For this assignment you will analyze one of your dreams from the Intrapsychic Domain (specifically, the Freudian perspective).

Data Collection:

In preparation for this assignment you need to gather the necessary data. Over the course of the next week, record your dreams every night so that you will have at least one to examine in which you recall enough detail.

- A good method to accomplish this is to keep a pad of paper and a pencil next to your bed and write down everything you remember as soon as you wake up in the morning. REM sleep (dream sleep) increases throughout the night; much of your sleep time will be spent dreaming right before you wake each morning. This is the best time to record a dream as it is fresh in your mind. Another option to record your dreams, is to keep a recorder by your bed and talk into it when you wake up.
- Keep a record of all people, objects, situations, actions, and emotions experienced during each dream.
- Of course, you have good reason to be concerned about the confidentiality and implications of using such “personal” information for a class assignment. If are concerned about divulging “personal information” then an option would be to find another person (friend, classmate, family member) who does not mind having their dream analyzed.

In your typed paper, be sure to address the following:

a) Briefly describe the manifest content of your dream

b) Then explain the latent content in terms of the following:

i) What does this say about the personality of the dreamer according to the Intrapsychic Domain? Does the latent content of the dream indicate fixation at one of Freud's stages of psychosexual development?

ii) Discuss how this dream serves as "wish fulfillment" & unconscious release of tension

iii) What else might the dream mean? Discuss another interpretation within the "Intrapsychic Domain" perspective or from another perspective outside of the Intrapsychic Domain (for instance, the information-processing or the biological view).

This assignment is worth 15 points. It needs to be typed and should be about 1 page long. It is due Tuesday, June 12th.