# AFTER-WORDS

FODARA Foothill-De Anza Retirees Association

A NEWSLETTER FOR THE RETIREES OF THE FOOTHILL-DE ANZA COMMUNITY COLLEGE DISTRICT

**VOLUME XLII, ISSUE 5** 

WWW.DEANZA.EDU/FODARA

**MAY 2021** 



# Upcoming Zoom Tech Q&A with ETS May 20 10:30am-12:00pm

- ✓ Is one or more of your tech devices slow to work or difficult to use?
- ✓ Are you unclear how to use some features on your computer or iPhone?
- ✓ If it's time to upgrade or buy a new device, would like help figuring out how much memory, storage, and features you need?

If "yes" to any of these questions, sign up for this event! A flyer with details on how to register was emailed to FODARA members May 6 via the listserv and is also available on the FODARA website: <a href="http://www.deanza.edu/fodara/documents/411%20Tech%20Tip%20Flyer-2.pdf">http://www.deanza.edu/fodara/documents/411%20Tech%20Tip%20Flyer-2.pdf</a>. When you RSVP, please include at least one topic or question you'd like ETS to address.

#### Recap of Spring Social/Earth Day Zoom Party

After a successful Zoom Holiday Party in December, it was great to have eighteen retirees join us for another fun event on April 22. We held two breakout sessions. The first included two De Anza groups and a Foothill/Central Service group at which attendees introduced themselves by sharing former FHDA position(s), years of District service, and date of retirement. We discovered that the retirees in this event contributed a total of 555 years of service! The two people with the longest years working for the District are Sharon Stoeckle, who worked at the De Anza Bookstore for forty-five years, and Tom Moore, who began teaching math at Foothill in 1966. Tom, who also taught and was a dean at De Anza, has been retired the longest at twenty-three years.



At the second breakout session, attendees divided into three groups based on interest: Gardening, facilitated by Janice Carr; Travel, facilitated by Linda Conroy; and Miscellaneous, facilitated by La Donna Yumori Kaku (photo at left). The Gardening group talked about flowers, plants, fruits, and vegetables they grow. Mary Kay Englen, a De Anza retiree, enthusiastically summed up her experience: "The FODARA Earth Day Celebration was a great opportunity to find out more about colleagues I

worked with for so many years. Three of us love to garden and compared notes about our plantings so far. Margaret Obenour and I are going to stay in touch to share how our spring gardens are progressing! It was a great way to connect for avid gardeners."

In the Travel group, we learned about Bob Klang's VW camping trips throughout Europe, Cheryl Hylton's overseas travels, Marlene Larsen's and Susanne Chan's cruising adventures, Joanne Araki's RV travels, and Linda Conroy's travels across the States with the San Jose State Spartan

(continued on p.3)

		OF DIRECTORS	$\alpha \alpha $
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FODARA	FVFNT	CALEND	AR 3	2020-	21
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May 20	Thurs	Tech Q& A with ETS	10:30am-2:00pm	via Zoom*	Open to All
June	/	Summer Picnic —cance	lled	1	/
Aug	1	BBQ & Baseball —canc	elled	1	1
Sept 08	Wed	Board Meeting	TBA	TBA	Open to All
Sept TBA tentative	TBA	"BYO" Lunch: Picnic at C	uesta Park, Mt. View	TBA	Open to All
Oct 28 tentative	Thurs	Pizza "Thing"	ТВА	TBA	Open to All
Dec 17 tentative	Fri	Holiday Party	ТВА	TBA	Open to All

#### FODARA COMMITTEES 2020-21

District Benefits Tom Strand, strandtom@fhda.edu

Faith Milonas, milonasfaith@fhda.edu

After-Words Email Cindy Castillo, <a href="mailto:cindycastillo@comcast.net">cindycastillo@comcast.net</a>

After-Words Paper Mailing Janice Carr, janicecarr@pacbell.net

Scholarships Mike Brandy, brandymike@gmail.com

Zoom Social Events Linda Conroy, <a href="mailto:lsiqcon@aol.com">lsiqcon@aol.com</a>

La Donna Yumori-Kaku, Yumorikakuladonna@fhda.edu

#### Spring Social/Earth Day Zoom Event—continued from p.1

Football Team. La Donna shared that in her Miscellaneous group Bill Lewis volunteers with the Oakland Interfaith Community Chorus, Rich Hansen restores old homes in Oakland, and Dee Robinson is volunteering and helping with her grandson.

Recycling tips included setting up a separate container next to the kitchen garbage can for only recyclable items, using a trash compactor, putting solar panels on homes, and using dishwashing water to water roses, daisies, shrubs.

A BIG thanks to FODARA Zoom Guru Tom Roza for doing a *great* job conducting virtual Board meetings and social events!



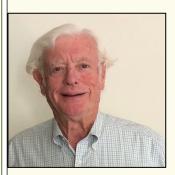
#### HEALTH CARE BENEFITS

No update is available at this time. If the Joint Labor Management Benefits Committee (JLMBC) meets later this spring/summer, any information relevant to retirees will be emailed to FODARA members via the listserv.

### Eligible Pre-97 Retirees- 3 Reminders

- If you haven't already submitted to the District (mybenefits@fhda.edu) the Retiree Information Change Plan with your Medicare Part B proof of payment, you can submit it before or by June 30, 2021 (available to download on the HR Retiree webpage: <a href="https://hr.fhda.edu/benefits/">https://hr.fhda.edu/benefits/</a> retirees.html). For forms received by June 30, reimbursement for January-June—Quarters 1 & 2—will be issued July 15, 2021. Forms submitted after June 30 will not be accepted.
- ❖ In late August and early September, eligible Pre-97 retirees should regularly check their email in-box—and junk folder—for emails from MyBenefits.com and the FODARA listserv (from CastilloCindy@fhda.edu) concerning Open Enrollment for 2022. Information, forms, and deadlines will also be posted on HR's Retiree webpage.
- Notify the District if your email address or other contact information changes. Even after the campuses and District offices reopen, important and time sensitive District information—such as details on fall **Open Enrollment** and the winter Medicare Part B documentation (formerly the Retiree Survey)—will continue to be sent out via email. To update your contact information, simply email the changes to <a href="MyBenefits@fhda.edu">MyBenefits@fhda.edu</a> and request a confirmation of receipt for your files.

#### FODARA BOARD MEMBER UPDATE



From Your Treasurer: I have been the FODARA treasurer for almost fifteen years, and it has been a good ride. Many of you, when you sent me your checks, enclosed notes of support and appreciation. For those, I thank you. I am glad to report that the books seem to be in order, and that no money has mysteriously disappeared. At the last Board meeting, Barbara Illowsky was unanimously approved to be FODARA's new treasurer. Since her degree is in math, I am sure she is overqualified for the job.

Thank you, Ed Burling

A Big Thanks and Farewell/Happy Trails to Ed!



Barbara Illowsky has replaced Ed Burling as FODARA Treasurer. Barbara held several positions at FHDA before she retired in 2019, including math instructor at De Anza, Interim Chief Academic Affairs Officer for the California Virtual Campus-Online Educational Initiative (District/CVC-OEI), Dean of Basic Skills & Open Educational Resources (District/CVC-OEI), and she was "on loan" for two years to the California Community College Chancellor's Office. Barbara continued her educational work the very next day after she retired by taking a one-year part-time position with a nonprofit foundation in which she advocated for textbook affordability for students in California. Since

that job ended in June 2020, she is *just* about totally retired. Her favorite activities include hiking and back-packing, traveling (currently on hold); and visiting and taking care of her grandchildren. She is proud of all her children but especially her son, USAF Major Matthew Illowsky, currently an Air Force Test Pilot. Barbara shares why she decided to join the FODARA Board: "*I appreciate all that FODARA does on behalf of the retirees; I especially appreciate Ed Burling serving 15 years as Treasurer. With him stepping down, taking his position is a way I can contribute.*"

#### A Big Thanks and Welcome to Barbara!



It's almost the end of the academic year so time's running out to renew your FODARA 2020-21 membership! Your \$10 per year voluntary dues go directly to student scholarships, and these days students definitely appreciate financial assistance. You can submit your dues (for one or multiple years) by sending a check, made out to FODARA, to Barbara Illowsky, 21363 Dexter Dr., Cupertino, Ca., 95014. Or you can donate to the FODARA scholarship fund online via the FHDA Foundation: <a href="https://secure.donationpay.org/fhda/">https://secure.donationpay.org/fhda/</a>; under Designate Your Gift, please type in "FODARA scholarship fund."

#### DISTRICT NEWS - 2 ITEMS



The FHDA Foundation is sponsoring a *Legacy Challenge* from now until **September 30, 2021**. Participating in this *Challenge* gives you the opportunity to invest in the future of Foothill and De Anza Colleges <u>and</u> as a special "thank-you" your gift will be increased by \$1,000 from Chancellor Judy Miner's Circle fund!

Through the *Legacy Challenge*, you can make a lasting impact on the lives of thousands of students now and in the future. The COVID-19 pandemic has created serious challenges, with many students and their families losing jobs and struggling to stay in school. Thanks to our donors, the Foundation has responded quickly to these challenges with emergency grants and other support. These funds are critical in allowing our most vulnerable students to complete their college education. The Foundation has been able to respond quickly to these challenging times in large part because of our Legacy Circle members—generous donors who had the vision and commitment to make gifts for the future.

Below are a few ways to include Foothill and De Anza in your estate plans and join our **Legacy Challenge**:

- Make a bequest in your will. It's an easy way to support Foothill and De Anza and costs you nothing now. You can give a specific sum or a percentage of your estate.
- Make the Foothill-De Anza Foundation a beneficiary of your IRA or other retirement plan. You can specify a percentage or donate the entire value of your plan.
- Create a charitable gift annuity with the Foothill-De Anza Foundation and receive a guaranteed fixed income for life.
- Donate a life insurance policy. You can name the Foothill-De Anza Foundation as the owner or beneficiary of a new or existing policy.







For more information go to <a href="https://foundation.fhda.edu/how-to-give/planned\_giving.html">https://foundation.fhda.edu/how-to-give/planned\_giving.html</a> or contact Leigh Howell at 650.949.6232, howellleigh@fhda.edu.

231 GRANT
EDUCATOR WORKFORCE HOUSING

The District has joined the 231 Grant partnership, along with Santa Clara County, Facebook, and several local school districts; the project will provide affordable housing in Palo Alto for local school employees—a mix of 110 studios and one

and two bedroom apartments; FHDA staff will be allocated at least 12 of these units. Mercy Housing and Abode Communities, the non-profit developers, held a Zoom design workshop on March 25, at which they presented the plans and solicited ideas about amenities to include inside and outside the units. Session 2 will be a community input follow-up meeting on Wednesday, May 26, 5:00-7:30pm; to RSVP or for more information, visit the website (www.231grant.org).







According to the online FHDA District Board minutes, 11 people will retire at the end of Spring Quarter 2021; apologies if anyone was inadvertently included or excluded.

- Sherri Cozzens, DA Biology/Health/Environmental Studies
- Stephen Howland, DA Language Arts
- Catherine Hrycyk, DA Biology/Health/Environmental Studies
- Judith Hubbard, DA Language Arts
- Elizabeth Hunter, FH Kinesiology/Athletics
- Clara Lam, DA Language Arts
- Ly Luu, Central Services
- David Newton, DA Physical Sciences/Mathematics/Engineering
- Elaine Piparo, FH Counseling
- Maryrose Sullivan, DA Student Services

We wish all retirees a happy, healthy post-employment life! New and "old" retirees are invited to join and support FODARA by signing up for the listserv (email cindycastillo@comcast.net) and by volunteering to serve on the Board or committee-meetings currently held via Zoom (email pacciorettimike@sbcglobal.net). Keep in touch by attending Zoom events/parties! For more information about FODARA and the many great services it provides to retirees, visit http://www.deanza.edu/fodara/index.html.

#### FODARA INVITES YOU TO BE FEATURED IN AFTER-WORDS!

To submit an article on what you are doing these days or respond to the Where Are They Now Q&A format, email After-Words editor Linda Lane (LaneLinda@fhda.edu). Or send in a book review, artwork, photos, or details on current volunteer work/projects.













#### FODARA WANTS TO KNOW!

To keep retirees connected during these virtual times, the FODARA board is asking members to share the "little" things in life they enjoy. First on the list are your favorite places to visit and favorite restaurants (take-out food, too!) wherever you live—any area, any state. Email your recommendations to AW Editor Linda Lane (lanelinda@fhda.edu) to be featured in a future issue of After-Words.



La Donna Yumori-Kaku, At-Large FODARA Board Member, shares her favorite restaurants in the South Bay/San Jose area. She recommends healthy eating and all of the places listed below offer nutritious, hearty, creative salads, soups, sandwiches, and more—so she suggests you try one (or all) of them!



**Sticks n' Greens** (<a href="www.sticksngreens.com">www.sticksngreens.com</a>) serves fresh, healthy, custom made specialty salads; their specialty menu includes keto diet, vegan, and vegetarian options.

387 South 1<sup>st</sup> Street, San Jose 408.216.0807



The goal of **Aqui Cal-Mex** (<u>www.aquicalmex.com</u>) is to create fine dining and affordable, healthy food using the flavors of the southwest, Asia, California, and Latin America; the five restaurants are filled with colorful, local artwork.

- 10630 S. De Anza Blvd, Cupertino 408.996.1443
- 1145 Lincoln Ave, San Jose (downtown/Willow Glen) 408.995.0381
- 201 E. Campbell Ave, Campbell (downtown) 408.374.2784
- 5679 Snell Ave., San Jose (Blossom Valley) 408.362.3456
- 503 W. Capitol Expy., San Jose (Waterford Plaza) 669.246.7350



**Country Gourmet** (<u>www.country-gourmet.com</u>) offers healthy American food—breakfast, salads, soups, sandwiches.

•1314 S. Mary Ave., Sunnyvale 408.733.9446



**Dishndash** (www.dishdash.com) serves excellent Middle Eastern fare made fresh daily along with great customer service. The Dishdash Restaurant Group has several locations in the south Bay Area, providing customers options from fine-dining and conveniently casual to quick-serve and to-go menus.

- 736 N. Matilda Ave., Sunnyvale 408.530.9200
- 190 S. Murphy Ave., Sunnyvale 408.774.1889
- 181 Ranch Dr., Milpitas 408.262.6949
- 2551 N 1<sup>st</sup> St, San Jose 408.577.1995
- 43514 Christy St., Fremont 510.249.9220
- 20750 Steven's Creek Blvd., Cupertino 408.899.2565



**GoGo Pho** offers a variety of delicious Vietnamese foods, including salads, Pho, rice dishes, and sandwiches.

• 5025 Steven's Creek Blvd., Santa Clara, CA 408.345.4646

#### RETIREE UPDATES

Robert Griffin, De Anza retiree, shares how he spends his time.



My official title at FHDA was Vice President of Educational Programs and Services, but I was generally called the Vice President of Student Services. I started working at De Anza College in 1994 and retired in 2008.

What I enjoyed most and miss the most are the people: a college can have a wonderful reputation, but it is the people who work and teach at the college that give that reputation validity. The staff and faculty at De Anza were dedicated, focused, and caring people, and their appreciation of and commitment to students was honest and real. The work environment was collaborative as demonstrated in partnerships between student services and instruction, aimed at coordinated outreach, retention, and success.

After I retired, I worked as a PPL Consultant at De Anza for one year. I am currently a partner/owner of PPL, an executive search firm assisting college districts in the search and hiring of chancellors, vice chancellors, superintendents, presidents, and vice presidents. My work with California Community Colleges provides me with the opportunity to hear and learn how colleges are responding to mandates and issues related to student success, equity, and inclusion. As a result, my appreciation for the people I worked with at De Anza has grown. Recently I worked with a college president, who without knowing my background, told me about this wonderful program she borrowed from De Anza after she chaired an accreditation visit there. I was proud to tell her I had worked at De Anza and how dedicated the faculty and staff were to student access and success.

We live in Sunnyvale, five minutes away from De Anza, with no intention of moving. We are very fortunate to have our children and grandchildren living in easy driving distance to us. There is so much to do and to see within 45-90 minutes of where we live. We can easily make day trips to Monterey, Santa Cruz, Half Moon Bay, San Francisco, and the Napa Valley. When people ask about places to visit, I always ask what they like or want to see, knowing it is within reach. One of my favorite places to visit is Monterey. I worked at Monterey Peninsula College for eighteen years and got to know the places the tourists rarely see. Jacks Peak Park gives you a panoramic view of the Monterey Bay and Santa Cruz. Garland Ranch in Carmel Valley is an amazing experience; it has equestrian, hiking, and biking trails and is mesmerizing when the wildflowers are in bloom. When I lived in Monterey, I was elected to the Monterey Peninsula Park District Board of Directors for eleven years and worked closely with the State of California in acquiring land for conservation, habitat protection and recreation from the Monterey Peninsula to Big Sur.

When I retired, I spent three days a week learning how to play golf; many of my friends would say I should have *doubled* the time I spent trying to learn the game. After my first grandchild was born, I put away my golf clubs and started taking care of her three days a week when she was three months old; it was the highlight of my life. She is now nine years old and still the joy of my life—but don't tell my two grandsons. A wonderful experience was volunteering in my grandchildren's classrooms (all three of them). I was able to be with them in their classroom environment. My experience in their classrooms gave me exposure to underrepresented and underprepared elementary age students. It would have been easy to label some of these students as willfully disruptive when what they were experiencing was learning difficulties and an inability to express

what they were going through. I found myself attracted to those students and did all I could to get them to apply their intelligence. The kids all called me "Grandpa G", a title I will remember and cherish.

I believe we all have the obligation to support our communities, in time, work, or money. As educators, for which we all are, regardless of positions we held at FHDA or elsewhere, we have something of value to offer our communities. The primary aim of my volunteer work has been focused on food, shelter, and clothing for low-income families. I was fortunate to serve on several community boards in Monterey and in Santa Clara County.

An agency I want to promote and ask that you consider learning more about is called Hunger at Home (www.hungerathome.org). I had the pleasure of facilitating a Board retreat to update their strategic plan. Hunger at Home partners with local convention centers, hotels, and sports stadiums throughout Silicon Valley to collect excess food and goods. These commodities are then distributed to hungry and homeless individuals through a robust nonprofit network. To date, Hunger at Home has donated 3.5 million meals locally and helped distribute other much needed



goods, such as towels, blankets, kitchen items, and hygiene kits. This effort results in tens of thousands of pounds of excess food diverted from our landfills and ensures that one in four people facing food insecurity in our community do not go hungry.



Jazz and cooking are my personal pleasures. I can easily spend two days on a good recipe; once that is done, I look for another. My most recent challenge was making Spherified Olives (https://www.youtube.com/watch?v=gKWgmx0kc1A). I enjoy listening to jazz musicians like Miles Davis, John Coltrane, Cannonball Adderley, Herbie Hancock, and Horace Silver on my morning walk; it is a great way to start my day. My wife and I enjoy live jazz and jazz festivals whenever possible.

My advice to anyone, recently retired or not, is find what makes you happy and helps others and put your heart into it. The return on your investment will energize you and make our community a better place for everyone.



#### Chuck Dougherty, De Anza retiree, shares his AMH adventures.



Having been appointed to the De Anza faculty in 1975 for, among other qualifications and experiences, a strong background in camping and backpacking, an AMH cruise is ideal for me. I have taken these trips many times before and after I retired in 2008.

The Alaska Marine Highway (AMH) is a state owned and operated ferryboat service providing Alaska residents one of only two forms of transportation between islands and cities, towns, and villages (<a href="https://www.dot.alaska.gov/amh/">www.dot.alaska.gov/amh/</a>). The other choice is by sea plane. There are eleven ships in the fleet, the largest being the M/V Columbia.

The State of Alaska operates the AMH fleet of ships under the direct authorization and supervision of the United States Coast Guard. All crew, from Captain to cook, are tested, licensed,

documented, and reviewed by the USCG at regular intervals. Inspections of the ship by the USCG are not announced and made at the USCG's discretion. Bellingham police, with their K-9 helpers, inspect all passengers and their belongings in the Bellingham terminal prior to boarding. Even though marijuana is legal in Washington and Alaska, it is still a federal offense aboard ship—so all you "hippie" retirees take note! Another reminder: no weapons—guns or rifles—are allowed in Canada. You can safely leave them with the Sheriff's office in Skagway and pick them up on your way back. Before 9/11, it was possible to get a tour of the bridge and meet the Captain, but after, access to the ship's bridge (aka the pilot house) has been off limits to all passengers and most crew. However, as a USMM officer, and part-time Maritime Academy faculty doing "research," I am granted permission for extended stays on the bridge.

The AMH sails to smaller towns that luxury liners can't reach, stopping sometimes in the middle of the night, all determined by the tides. Stops can be as short as twenty minutes or as long as two or three hours. If you get off and don't return on time, you're stuck there until the next ship arrives a week later unless you charter a private sea plane to fly you to the next port of call (but there goes the "cheap" vacation).





The AMH has affectionately been called "the poor man's cruise" because of the lower costs relative to the fancy Princess and Carnival cruise ships. But there is a trade-off: AMH ferries have no Wi-Fi, cell phone service, TV, room service, computer terminals, newspapers, or fancy dress for

dining. There are, however, a few electrical outlets available for passengers to use. While the ships are provided primarily for state residents, travelers from all over the world are often aboard. Ships are less crowded before Memorial Day and after Labor Day. When full, though, they still have plenty of space—no congestion or crowding even in the dining room.

Outdoors-type passengers and backpackers are allowed to camp out in tents for free on the open aft deck or sleep on lounge chairs. Overhead "space heaters" keep the open deck warm, and free showers and a laundry room are available for these passengers. For a reasonable fee, a limited number of spartan cabins are available—with two, three, or four bunk beds—and include linens,



private bathroom, and shower. During the school year, student athletes are frequently aboard, traveling to or from a sports event. Passengers with cars, campers, or trailers are allowed to disembark at any port, as often as desired, and stay as long as they want; they can



then board the next ship to continue their journey. There are no extra charges as long as you continue in the same direction, either north or south; only one-way fares are available, so buying a return ticket is necessary. For out-of-state passengers, the trip usually starts in

Bellingham, Washington, with the current ship being the Matanuska. It stops at five or six ports before reaching its northern most destination in Skagway, Alaska. There are no stops in Canada. From Skagway, passengers can transfer to other ships and eventually reach Dutch Harbor, Alaska, the fishing port made famous by the TV series "Deadliest Catch."

An alternative is disembarking with a vehicle or renting a car in Skagway and driving to Whitehorse, Yukon Territory, Canada, about a two-hour drive. Whitehorse has natural hot springs spas, a great museum, and lots of historical points of interest. There's also a train from Skagway to Bennett Lake and on to Whitehorse, where there are lots of options for driving to other parts of Alaska and Canada.

My personal plans for the September 2020 trip were cancelled due to Covid-19. The AMH now requires proof of a negative test result for Covid taken within 72 hours prior to boarding or an official CDC document verifying completion of immunity inoculation. If passengers leave the ship for any reason, the Covid policy applies to re-boarding; for the crew, policies are even stricter.

I hope that a trip this coming September will be possible. Being in lock down for over a year has been challenging. If you decide to go, arrive a day or two early to explore Bellingham. You could also get a Covid test done there. A great historic hotel a few blocks from the AMH terminal is the Fairhaven Village Inn (photo at right), located in a trendy section of Bellingham and a short walk to numerous eateries. It is a little pricey but worth the view, luxury,



and convenience—there's an elevator and easy parking behind the Inn next to the elevator. Another way to get to Bellingham, besides flying if you have the time, is by rail from San Jose to Seattle to Bellingham. The train depot is also next door to the AMH terminal.

If you're looking for a great "de-stressing" and relaxing vacation, the AMH "poor man's ferry" is it! But, if you're easily bored and need constant stimulation from an electronic gadget or have a short attention span, this trip definitely *ain't* for you.



### In Memoriam

Konnílyn Feig Helen Hamasaki Marílyn McDonald





**Dr. Konnilyn G. Feig**, 84, died, March 21, 2021. She leaves behind thousands of books of every genre, copious research files and notes, heartbroken friends, family, colleagues, and dogs, a lifetime of students she fired with endless intellectual ambition and community service, and an extraordinary legacy.

Konnilyn grew up in a small ranching community in Montana surrounded by raw beauty but without many advantages so began to work at an early age. A thirst for education characterized her life. Every morning she awoke with the question "what can I learn today?" At the University of Montana, Dr. Feig earned a B.S. in Business and Finance, a B.A. and M.A. in History, and later a Ph.D. in History and International Relations from the University of Washington.

Her career in higher education included the roles of professor, dean, and director at several universities in several states. Konnilyn moved to California to take the position of Vice President of San Francisco State University as well as professor of history and business. In 1989 she became Dean of the Division of Business and Social Sciences at Foothill College. After revitalizing the curriculum and helping move the Division into the technology world, Dr. Feig decided to devote the rest of her career to her first love—teaching—as a full-time professor of history. She retired in 2015. At Foothill, she founded the prestigious Honors Program and was instrumental in developing many educational innovations.

Dr. Feig also fought against human abuse and for social justice. She was one of the first people in the United States to interview Holocaust survivors for oral histories and subsequently authored *The Many Faces of Judaism: Portraits of the Portland Jewish Community*. She regularly traveled to countries in Western and Eastern Europe to visit Nazi concentration camps, recording her impressions and reactions. In the 1960's, Dr. Feig became one of the first in the U.S. to teach Holocaust courses in a public university and later at a community college, a practice she continued every quarter until she retired. In 1981, she published her influential book on the concentration camps, *Hitler's Death Camps: The Sanity of Madness.* Konnilyn received many honors by organizations and countries for her international work for and with Holocaust victims and survivors, and later, for cancer and other projects in Eastern European countries, the Caucasus, and Central Asia. Konnilyn Feig was also deeply involved in the women's liberation movement, regularly providing speeches and assistance.

Dr. Feig was truly one-of-a-kind, a person of uncanny intellect and empathy, a voracious reader, and with the utmost integrity; she loved her friends, family, and dogs, garden, sailing, and mountains, and she never stopped doing what she loved to do: teach, think, and act. An endowed scholarship is being established in Konnilyn's name to benefit Foothill College Honors students. Gifts can be made in her honor by sending a check to the FHDA Foundation, with her name in the memo, or by donating online: <a href="https://secure.donationpay.org/fhda/">https://secure.donationpay.org/fhda/</a>. The Foothill College Business and Social Sciences Division will be holding a remote gathering of her friends and colleagues to share stories and celebrate her life on a date TBD.



Helen Setsuko Hamasaki, 92, died March 1, 2021. Born in San Francisco, California, Helen, along with her family, was interned during World War II initially at Tanforan Race Track and then at Heart Mountain, Wyoming. After the war, she returned to San Francisco and graduated from Lowell High School. Helen attended Heald Business College and later worked at a salvage company. She married Milton Tetsuya Hamasaki in 1960. After they moved to Sunnyvale, Helen stayed home to raise her family. Once the children were older, she returned to work as an administrative assistant at De Anza Community College and remained with the school district for seventeen years, retiring in 1995. Helen was an active member of the

Mountain View Buddhist Temple YABA/ABA, where she enjoyed ballroom dancing with her husband and their friends. Helen enjoyed traveling, especially around the West Coast with her family in their 16 foot travel trailer, as well as flying to Hawaii and the East Coast.



Marilyn Miller McDonald, 85, died January 20, 2021. Born in Scranton, Pennsylvania, she grew up in San Francisco and South Pasadena, settling in Palo Alto after meeting her husband, Bob, at Stanford University. In the words of those who knew her, Marilyn was "a dynamo," "a doer," and "a FORCE!"

As soon as her four children were in school, Marilyn launched her career with gusto, ultimately adding a teaching certificate and a Master of Library Science from San Jose State and an MBA from Golden Gate University to her B.A. and M.A. degrees in economics from Stanford. Over the course of her career, she was an office manager at the Stanford Alumni Association, a research librarian at SRI, and co-head librarian at Gunn High School. At Foothill College, she started as college librarian before being promoted to dean of learning resources. In this role, Marilyn took the

library from a card catalogue to a fully digitized system. In preparation for her next role as the Foothill-De Anza Community College District archivist, she trained with the Western Archives Institute and became an active member of the Society of California Archivists. After her retirement, she dedicated her time to organizations, such as the Woman's Club of Palo Alto and Channing House.

Naturally athletic, Marilyn skied, danced, and played a variety of racket sports. She coached her daughters' AYSO soccer teams with zeal for several years. She and Bob were avid sports fans, rooting on favorite tennis players and, of course, their beloved Giants and 49ers. Marilyn was also an expert "maker and improver" all her life: she steamed persimmon puddings, caned wooden chairs, crafted delicate ornaments, whipped up formal prom dresses, sketched Fallen Leaf Lake landscapes, and hand stitched fine quilts. The secret to Marilyn's mastery of many skills was this: she did her research, fearlessly asked questions, and could call on, when necessary, her ready assistant, Bob. Perhaps most of all, though, she loved spending time at Fallen Leaf Lake with Bob and her dogs—boating, hiking, fishing, and relaxing.

If you know of an FHDA retiree who passed away but is not listed on FODARA's In Memoriam webpage (<a href="http://www.deanza.edu/fodara/memoriam.html">http://www.deanza.edu/fodara/memoriam.html</a>), please email Cindy Castillo (<a href="mailto:cindycastillo@comcast.net">cindycastillo@comcast.net</a>). Tributes submitted to Cindy by family, friends, or former colleagues will be published in After-Words, and, if available online, short tributes for others who passed will also be included.

#### RESOURCES FOR RETIREES

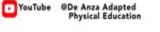


De Anza College APE offers summer Zoom workouts!

Live Zoom classes Mon-Thurs or workout on your own schedule
Just \$67.25 for the first 8-week class and \$15.50 for each
additional class

ape@fhda.edu | www.deanza.edu/dsps/ape | 408.864.8978



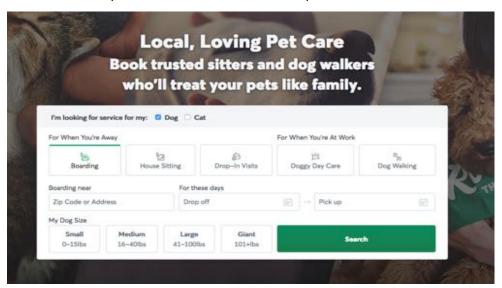






Looking for a pet sitter or dog walker? Check out <a href="www.Rover.com">www.Rover.com</a>, a company that matches pet owners with pet carers. It was started in 2011 by Philip Kimmey, a graduate student looking for a project, and is structured similar to Airbnb—there's a fee for booking the services online. The company has been so successful it recently expanded options to include house sitting and pet boarding. All pet carers/house sitters

are vetted by Rover.com, but, as independent contractors (not employees), they set their own rates. After filling out the online form, you will get a list of available people in your area with photos, a personal statement, services provided, rates, references, map/location, and more.



# Have a technology question?

Sign up for FODARA's May 20 Tech Q&A with ETS (details on the FODARA website) or call the National Senior Planet Hotline: 920.666.1959

If you have a resource to recommend to FODARA members, please email details to *After-Words* Editor, Linda Lane (lanelinda@fhda.edu).



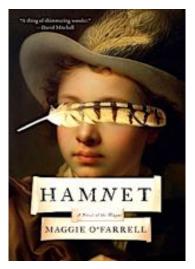
## Got Books?

Because most of us have plenty of extra time these days and reading is a pleasant and thoughtful pastime, please share your favorite books. Email title/author and a brief description of the book to Cindy Castillo (cindycastillo@comcast.net) or Linda Lane (lanelinda@fhda.edu). The details will be posted on the FODARA website under the "Good Books" link and the books will be featured in an upcoming issue of *After-Words*.

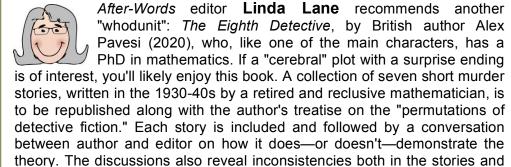


**Denny Berthiaume** recommends *Hamnet* by Maggie O'Farrell (2020): Absolutely the best book I've read in the last twelve months, it's a dramatized piece not only about the death of William and Anne Shakespeare's son Hamnet—a different but acceptable alternate spelling of "Hamlet"—but also a wonderful piece about England in the 1580s-90s and the entire Shakespeare-Hathaway clan.

NPR's Book Review (July 2020): With her eighth novel, O'Farrell brilliantly turns to historical fiction to confront a parent's worst nightmare: the death of a child. *Hamnet* imagines the emotional, domestic, and artistic repercussions after the world's most famous (though never named) playwright and his wife lose their only son, eleven year old Hamnet, to the bubonic plague in 1596. Four years later, the boy's father transposes his grief into his masterpiece—titled with a common variant of his son's name—in which the father dies and the son lives to avenge him. *Hamnet* toggles between two timelines, one beginning on the day the plague first afflicts Hamnet's twin sister Judith, the other circling back to the beginning of their parents' relationship some fifteen years earlier. In this tour de force, there's a remarkable ten-page passage in which O'Farrell traces how the plague reached the children. It's a sequence that holds particular resonance in light of the current global Covid-19 pandemic.



—Denny, who has been playing piano for 75 years, is working on what might be his final solo CD; it features twelve of his favorite opera arias using jazz harmonies/voicings with a swing feel. Details will be available on his website (https://dennyberthiaume.com/) later this year, just in time for the holidays.



the characters that are clues to past and present mysteries.

