



PSYCHOLOGICAL SERVICES – Student Information Form

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_  
(street number) (city) (zip code)

Phone: \_\_\_\_\_ OK to leave a message on this phone? [ ] Yes [ ] No

Email: \_\_\_\_\_ OK to send a message to this email? [ ] Yes [ ] No

Birth date: \_\_\_\_\_ Age: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_  
(Name/Relationship/Phone)

Gender:  
[ ] Male [ ] Female [ ] Transgender MTF / FTM [ ] Genderqueer [ ] Prefer not to answer  
Preferred pronoun: \_\_\_\_\_

Sexual Orientation: [ ] Heterosexual [ ] LGBTQQAIP please specify \_\_\_\_\_

Ethnicity:  
[ ] African American  
[ ] Asian/Pacific Islander (Specify) \_\_\_\_\_  
[ ] Caucasian  
[ ] Hispanic (Please Specify) \_\_\_\_\_  
[ ] Native American  
[ ] Other (Please Specify) \_\_\_\_\_

Background Information:  
[ ] International Student  
[ ] Veteran  
[ ] Homeless  
[ ] First Generation Student  
[ ] Student athlete  
[ ] Work – Part-Time? Full-time?  
Where? \_\_\_\_\_ Hours/week? \_\_\_\_

Are you affiliated with these learning communities on campus? [ ] EOPS [ ] DSPS [ ] SSRS

Major: \_\_\_\_\_ Expected graduation/transfer: \_\_\_\_\_

Medical conditions/Allergies: \_\_\_\_\_ Medications: \_\_\_\_\_

Reasons for seeking counseling: \_\_\_\_\_

- |                                     |                                   |                            |
|-------------------------------------|-----------------------------------|----------------------------|
| [ ] Anxiety/Nervousness/Worry       | [ ] Problems with family          | [ ] Grief/Significant loss |
| [ ] Depression/Sadness              | [ ] Problems with friends         | [ ] Eating concerns        |
| [ ] Anger/Irritability/Mood swings  | [ ] Problems with partner         | [ ] Sleep concerns         |
| [ ] Loneliness/Isolation/Withdrawal | [ ] School/work problems          | [ ] Sexual Assault/Rape    |
| [ ] Self-esteem/Body image issues   | [ ] Physical/Emotional abuse      | [ ] Housing problems       |
| [ ] Concentration/Memory            | [ ] Cultural/Religious conflict   | [ ] Sexuality/Coming out   |
| [ ] Stress, trouble coping          | [ ] Harassment/Stalking/Threats   | [ ] Alcohol/Drug use       |
| [ ] Medical problems/concerns       | [ ] Internet/video game addiction | [ ] Suicidal thoughts      |

Do you have health insurance? [ ] Yes [ ] No Health insurance plan: \_\_\_\_\_

Are you currently seeing a therapist outside of De Anza College? [ ] Yes [ ] No  
How long? \_\_\_\_\_

Previous therapy or personal counseling experience: [ ] Yes [ ] No  
When? \_\_\_\_\_ How long? \_\_\_\_\_